



Course Outline



Manual compiled by Dr Emma Bisschoff

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Course Content

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Healing Intake Form

Assignment – should you wish to receive a certificate as a Cosmic DNA Healing Practitioner

Attunements to the value of **\$375 / R6 905** (attunements can be passed on and charged for once you have received them yourself, the full price listed in the manuals if you so wish)

The *Cosmic DNA Healing Practitioner Certification* is a transformative journey into the sacred energies that govern our universal essence. Within the depths of Cosmic DNA lies the blueprint of life - a pattern encoded with divine intention, universal truth and infinite healing potential. This course is designed to guide you in understanding, accessing and working with these energies to facilitate profound healing and transformation for yourself and others.

As a practitioner, you will develop a deep awareness of how Cosmic DNA serves as a bridge between the physical and spiritual dimensions, enabling healing that transcends limitations and aligns individuals with their highest potential. This work is both a calling and a practice of service, rooted in sacred responsibility and guided by the wisdom of the cosmos.

By embarking on this journey, you will:

Develop Deep Understanding: Explore foundational and advanced techniques to access, activate and work with Cosmic DNA energies, expanding your skills as a practitioner.

Facilitate Transformative Healing: Learn how to clear energetic blockages, awaken dormant potential and guide clients toward emotional, physical and spiritual alignment.

Empower Self-Healing: Support clients in connecting with their own cosmic potential, providing them with tools and guidance for long-term healing and transformation.

What Makes This Course Unique

The *Cosmic DNA Healing Practitioner Certification* stands apart through its integration of spiritual wisdom, practical tools and a client-centered approach. It offers a blend of personal and professional growth, allowing you to evolve alongside your clients. The tools and techniques you will learn are flexible, adaptable and applicable across various healing modalities, making this training a valuable addition to your spiritual practice.

This course equips you with both theoretical understanding and practical tools, allowing you to create deeply personalized healing sessions for your clients. Each module builds upon the last, creating a cohesive framework for your growth as a practitioner.

Module 1

Cosmic DNA Healing Practitioner

Introduction

Goals of the Course

Why Cosmic DNA Healing is Important

Clearing Generational Patterns

Activating Dormant Potential

Reconnecting to Universal Flow

Sacred Connection

Practical Application

Spiritual Empowerment

What Makes This Course Unique

The Value of DNA Healing Sessions

In-Person and Distance Sessions

Setting the Intention

What Lies Ahead

Opening Ritual: Anchoring Into Cosmic Alignment

Module 2

Foundations of Cosmic DNA Healing

What is Cosmic DNA?

The Dual Nature of DNA in Healing

Physical DNA

Cosmic DNA

The Role of Cosmic DNA in Healing

Clearing Blockages

Activating Potential

Creating Alignment

Practical Applications in Healing

Understanding Individuality and Connection

Bridging the Energetic and Physical

Guiding Clients Through Transformation

Reflection Questions

Meditation: Awakening the Cosmic Pathway

Exercise: Active Exploration of Your Cosmic DNA Connection

Actively Interact with the Cosmic Field

Bring the Connection into Action

Anchor the Energies Within

Module 3

Ethics and Responsibilities in Cosmic DNA Work

The Importance of Ethics in Cosmic DNA Healing

Honoring the Sacred Connection

Non-Interference

Confidentiality

Understanding Boundaries in Energy Work

Energetic Boundaries

Emotional Boundaries

Time and Space Boundaries

Setting Intentions for Healing Sessions

Clarity of Purpose

Alignment with Highest Good

Personal Preparation

Creating a Practitioner Code of Ethics

Practicing Energetic Hygiene

Client Communication

Reflection Questions

Exercise: Creating a Practitioner's Code for Cosmic DNA Healing

Meditation: Aligning with the Highest Intent in Healing

Module 4

Client Assessment and Preparation for Cosmic DNA Healing

Assessing Client Readiness

Energetic Alignment

Emotional State

Clarity of Intent

Understanding the Client's Background

Personal History

Physical and Energetic Health

Spiritual Practices

Preparing the Practitioner and Sacred Space

Practitioner Grounding

Creating the Space

Energetic Boundaries

Centering

Client Intake Process

Opening a Dialogue

Setting Collective Intentions

Reflection Questions

Ritual: Preparing a Sacred Healing Space

Exercise: Developing an Intake Assessment for Cosmic DNA Clients

Create a Client-Centered Structure

Personalize for Your Practice

Module 5

Activating Cosmic DNA in the Client's Energy Field

What is Cosmic DNA Activation?

Energetic Blueprint Awakening

Restoring Alignment

Facilitating Universal Connection

The Practitioner's Role

Clear Channel

Intuitive Guidance

Energetic Support

When to Initiate Activation

Techniques for Activating Cosmic DNA

Preparing the Client's Energy Field

Visualization Technique for DNA Activation
Energy Transmission Technique
Sound or Frequency Activation
Guided Breath Activation
Post-Activation Integration
Grounding the Energy
Reflection and Sharing
Self-Care Recommendations
Reflection Questions
Visualization: Channeling Cosmic Frequencies
Guided Practice: Energy Activation Protocol
Activate the Cosmic DNA in the Client's Energy Field
Visualization Technique
Energy Transmission
Sound Activation
Monitor and Adjust the Flow
Anchor the Activation
Practitioner Reflection

Module 6

Energy Protection for Practitioners
Safeguarding the Practitioner's Energy Field
Common Energetic Challenges
Energetic Residue
Boundary Blurring
Energetic Overwhelm
The Importance and Goals of Energy Protection
What Energy Protection Achieves
Preventing Energetic Drain
Maintaining Energetic Boundaries
Ensuring Clarity and Alignment
Creating a Sacred and Neutral Healing Space
Integrating Energy Protection Practices
Techniques for Energy Protection
Energetic Cleansing
When to Cleanse
How to Cleanse Your Energy Field

Visualization Techniques
Elemental Cleansing
Sound Cleansing
Smudging or Aromatherapy
Crystal Clearing
Cleansing Your Space
Daily Clearing
Deep Cleansing
Reflection Questions for Practitioners

Module 7

Enhancing Client Intuition and Cosmic Awareness
Understanding Intuition and Cosmic Awareness
What is Intuition?
Cosmic Awareness
The Role of Intuition in Healing
The Importance of Higher Intuitive Centers
Heart Center
Third Eye Center
Crown Center
Challenges Clients May Face in Developing Intuition
Energetic Blockages
Overthinking or Distrust
Lack of Awareness
Techniques for Supporting Clients in Enhancing Intuition and Cosmic Awareness
Establishing a Foundation for Intuition Development
Encourage Self-Trust
Grounding and Centering
Guiding Clients to Identify Intuitive Signals
Body Awareness
Recognizing Patterns
Journaling Insights
Activating and Strengthening Higher Intuitive Centers
Heart Center Activation
Third Eye Focus
Crown Connection

Encouraging Cosmic Awareness
Visualization of Cosmic Connection
Expanding Perception
Practical Applications for Intuition in Daily Life
Reflection Questions for Clients
Practical Applications for Practitioners
Personalizing Intuition Practices
Tracking Progress
Building Confidence
Meditation: Third Eye Activation
Practitioner Guide: Techniques for Fostering Intuition in Sessions
Practical Session Flow for Fostering Intuition
Reflection Questions for Practitioners

Module 8

Integrating Cosmic DNA for Emotional Healing
Understanding Emotional and Energetic Blockages
What Are Emotional Blockages?
Energetic Imprints
The Role of Emotions in Healing
Common Emotional Blockages Addressed Through Cosmic DNA
Techniques for Using Cosmic DNA to Release Emotional Blockages
Identifying the Emotional Blockage
Connecting with the Emotional Energy
Activating Cosmic DNA for Emotional Release
Visualization Technique
Energy Transmission Technique
Sound Activation
Facilitating the Release
Integrating Emotional Healing
Journaling Prompts for Emotional Reflection
Home Practice for Emotional Alignment
Follow-Up Support
Reflection Questions for Practitioners
Visualization: Channeling Cosmic Light into the Emotional Body
Exercise: Creating Personalized Emotional Healing Rituals for Clients
Teach the Client How to Perform the Ritual Independently

Practical Example of a Personalized Emotional Healing Ritual

Module 9

Manifesting Abundance and Empowerment in Clients

Understanding Abundance Through Cosmic DNA

What is Abundance?

Cosmic DNA as a Blueprint for Prosperity

Empowerment Through Alignment

Common Barriers to Abundance and Empowerment

Energetic Blockages

Fear of Change

Disconnection from Purpose

How Cosmic DNA Supports Manifestation

Activating Abundance Codes

Releasing Limiting Patterns

Strengthening Universal Connection

Techniques for Supporting Clients in Manifesting Abundance and Empowerment

Identifying Limiting Beliefs and Patterns

Activating Abundance Frequencies in Cosmic DNA

Visualization Technique

Energy Transmission Technique

Fostering a Mindset of Empowerment

Affirmations

Gratitude Practice

Setting Intentions for Abundance

Clearing Ancestral Blocks to Abundance

Connecting Clients to the Universal Flow

Journaling Prompts for Clients

Daily Practices to Cultivate Abundance

Follow-Up Support

Reflection Questions for Practitioners

Meditation: Prosperity Activation for Practitioners

Exercise: Guiding Clients in Abundance-Focused DNA Sessions

Materials Needed

Guiding Emotional and Mental Release

Anchoring and Expanding Abundance Energy

Module 10

Clearing Ancestral Patterns and Cellular Memory

Understanding Ancestral Patterns and Cellular Memory

Ancestral Patterns

Cellular Memory

Connection to Cosmic DNA

The Importance of Clearing Ancestral Patterns

Healing Generational Wounds

Releasing Limiting Beliefs

Restoring Harmony

Indicators of Ancestral or Cellular Imprints

Techniques for Clearing Ancestral Patterns and Cellular Memory

Energetic Assessment

Ancestral Connection Visualization

Clearing Through Intention

Energetic Clearing Techniques

Visualization

Sound Healing

Movement or Breathwork

Integration and Affirmation

Journaling Prompts for Clients

Creating a Personalized Clearing Ritual

Ongoing Support

Reflection Questions for Practitioners

Ritual: Ancestral Release Ceremony for Practitioners

Exercise: Guiding Clients in Ancestral Healing Through Cosmic DNA

Module 11

Healing the Physical and Subtle Bodies with Cosmic DNA

Understanding the Physical and Subtle Bodies

Physical Body

Subtle Bodies

Interconnection

The Role of Cosmic DNA in Healing

Energetic Blueprint

Healing Frequencies
Holistic Impact
Signs of Imbalance in the Physical and Subtle Bodies
Physical Symptoms
Emotional Patterns
Mental Blockages
Energetic Stagnation
Techniques to Integrate Cosmic DNA for Healing
Assessing the Client's Energy Field
Activating Cosmic DNA for Physical Healing
Visualization Technique
Energy Transmission Technique
Sound Activation
Harmonizing the Subtle Bodies
Emotional Body
Mental Body
Spiritual Body
Integrating Healing Across All Levels
Full-Body Visualization
Breathwork for Integration
Personalized Healing Plans
Journaling for Reflection
Follow-Up Support
Reflection Questions for Practitioners
Practitioner Exercise: Mapping Energy Channels for DNA Healing
Identify Points of Blockage or Stagnation
Correlate Channels to Cosmic DNA Activation
Refine and Enhance the Energy Flow
Anchor the Mapping in Reflection
Client Practice: Physical Body Healing Session
Harmonize the Entire Physical Body
Anchor the Healing Energy
Close the Session with Gratitude
Tips for Clients

Module 12

Advanced Energetic Practices for Practitioners
Strengthening the Practitioner's Energy Field
The Importance of Practitioner Energy Management
Common Challenges for Practitioners
Energetic Fatigue
Energetic Residue
Boundary Overlap
Techniques for Advanced Energy Work
Advanced Breathwork for Energy Renewal
Layered Energy Shielding
Grounding and Centering During Intense Sessions
Releasing Energetic Residue
Connection to Universal Energy Flow
Daily Energy Care Routine
Morning Practices
After Session Practices
Evening Practices
Emergency Reset Practices
Client Session Preparation and Closure
Before Sessions
After Sessions
Reflection Questions for Practitioners

Module 13

Performing and Understanding Distance Healing with Cosmic DNA
How Distance Healing Works
Energetic Connection
Timeless and Spaceless Nature of Energy
Intentional Focus
Benefits of Distance Healing
Accessibility
Flexibility
Energetic Focus
Key Elements of Effective Distance Healing
Clear Intent

Energetic Connection
Grounding and Protection
Steps for Distance Healing
Record-Keeping
Building Trust and Maintaining Ethics in Distance Healing
Client Consent and Informed Agreement
Privacy and Confidentiality
Establishing Connection and Reassurance
Transparency in Process
Follow-Up and Integration Support
Interactive Practice: Building Trust in Distance Healing
Role-Playing Scenarios
Energetic Connection Exercise
Crafting Consent Scripts
Reflection Questions for Practitioners
Quick-Start Guide: Cosmic DNA Distance Healing

Module 14

Working with Cosmic Guides and Higher Realms
Who Are Cosmic Guides and Beings of Light?
Cosmic Guides
Beings of Light
Role in Healing
The Importance of Practitioner Connection
Enhanced Guidance
Support and Protection
Amplified Healing Energy
Recognizing and Trusting the Presence of Guides
Techniques for Connecting with Cosmic Guides and Higher Realms
Recognizing Energetic Signatures
Receiving Guidance During Healing Sessions
Asking Questions
Listening to Intuition
Trusting Messages
Channeling Healing Energy with Guides
Visualization of Co-Creation
Directing Energy

Strengthening Your Connection Over Time

Daily Practice

Symbols and Rituals

Session Preparation with Guides

Integration of Messages

Reflection Questions for Practitioners

Ritual: Invocation of Higher Guidance in Client Sessions

Open to Receiving Guidance

Invite the Client's Energetic Alignment

Begin the Healing Work

Tips for Practitioners

Module 15

Creating a Professional Practice for Cosmic DNA Healing

Business and Marketing Tips for Cosmic DNA Practitioners

Building a Foundation for Your Practice

Clarity of Purpose

Professional Identity

Practical Structure

Attracting the Right Clients

Understanding Your Audience

Tailored Offerings

Authentic Messaging

Sustaining Growth and Alignment

Consistency

Alignment

Adaptability

Define Your Vision and Offerings

Design Offerings

Create a Professional Identity

Develop Branding

Create a Professional Online Presence

Set Up Business Essentials

Attract and Engage Clients

Content Marketing

Word of Mouth

Workshops and Events

Foster Long-Term Client Relationships
Grow and Evolve Your Practice
Practical Exercise: Drafting Your Business Plan
Create a Marketing Strategy
Tips for Success
Balance Passion and Practicality
Stay Authentic
Embrace Collaboration
Exercise: Developing a Practitioner's Cosmic DNA Healing Brand
Define Your Core Mission and Values
Identify Your Unique Offerings and Approach
Understand Your Ideal Client
Create Your Brand Personality
Design Visual Elements That Reflect Your Brand
Mission Statement
Core Services
Ideal Client
Brand Personality
Visual Elements
Reflection Questions for Practitioners
Design Tools for Logos and Visual Branding
Tools for Booklets, Brochures and Guides
Platforms for Scheduling and Client Communication
Additional Suggestions

Module 16

Teaching Clients Self-Healing Techniques with Cosmic DNA
The Value of Self-Healing Practices
Empowerment
Sustainability
Alignment
Principles of Self-Healing with Cosmic DNA
Intention
Awareness
Consistency
Key Areas of Self-Healing
Emotional Healing

Physical Alignment
Spiritual Connection
Techniques to Teach Clients
Daily Energy Clearing
Cosmic DNA Activation Visualization
Emotional Release with Breathwork
Affirmation Practice for Self-Healing
Journaling for Reflection and Integration
Supporting Clients in Adopting Self-Healing Practices
Education and Demonstration
Customizing Practices
Follow-Up and Encouragement
Example Self-Healing Plan for a Client
Meditation: Self-Healing Attunement for Cosmic DNA
Activate the Flow of Cosmic Energy
Attune to Self-Healing Frequencies
Focus on Specific Areas of Healing
Expand and Align with the Cosmic Flow
Anchor the Healing Energy
Return to the Present Moment
Exercise: Designing Self-Healing Plans for Clients
Understand the Client's Needs and Goals
Set a Clear Intention for the Plan
Select Key Techniques and Practices
Create a Daily or Weekly Structure
Incorporate Integration and Reflection
Provide Guidance and Encouragement
Deliver the Self-Healing Plan
Follow-Up and Adjust as Needed
Reflection for Practitioners

Module 17

Navigating Complex Cases in Cosmic DNA Healing
Overcoming Challenges in Advanced Healing Scenarios
Understanding Complex Cases
Deeply Rooted Trauma

Resistance to Healing
Recurring Energetic Imbalances
Practitioner Challenges
Remaining Grounded and Compassionate
Recognizing Practitioner Limits
Avoiding Over-Identification
Key Skills for Navigating Complex Cases
Empathy and Active Listening
Intuitive Assessment
Energetic Techniques
Steps for Navigating Complex Cases
Offer Gentle Energetic Interventions
Layered Clearing
DNA Activation for Releasing Patterns
Facilitate Integration and Self-Empowerment
Ground the Energy
Encourage Reflection
Empower with Tools
Know Your Limits and When to Refer
Interactive Practice: Role-Play Exercise
Scenario 1: Working with Resistance
Scenario 2: Releasing Recurring Patterns
Scenario 3: Navigating Emotional Overwhelm
Reflection Questions for Practitioners

Module 19

Long-Term Transformation
Supporting Clients' Journeys of Spiritual Growth and Ascension
Understanding Long-Term Transformation
Layers of Healing
Integration Over Time
Empowerment Through Connection
The Process of Spiritual Ascension
What Is Ascension?
Signs of Ascension
Challenges Along the Way

The Practitioner's Role in Long-Term Growth
Guidance
Grounding
Reflection
Strategies for Supporting Clients' Transformation and Ascension
Recognize and Celebrate Progress
Address Challenges and Ascension Symptoms
Guide Clients to Deeper Alignment
Daily Alignment Practices
Focus on Purpose
Visioning Exercises
Integrate the Energetic and Physical Realms
Teach Advanced Cosmic DNA Techniques
DNA Layer Exploration
Energetic Downloads
Light Language or Codes
Exercises for Long-Term Transformation
Ascension Visualization Practice
Soul Purpose Journaling Prompts
Daily Ascension Ritual
Tips for Practitioners
Be a Grounding Presence
Balance Structure with Flexibility
Model Long-Term Growth
Visualization: Higher Realm Integration and Ascension
Meet Your Higher Guides and Light Beings
Receive Energetic Downloads and Wisdom
Integrate Higher Realm Energy into Your Being

Module 20

Self-Care for Practitioners
Maintaining Personal Energetic and Emotional Well-Being
Why Practitioner Self-Care Matters
Sustainability
Energetic Clarity
Role Modeling

Common Challenges Practitioners Face

Energetic Depletion

Emotional Overload

Boundary Erosion

Maintain Energetic Alignment and Emotional Resilience

Why It Is Important

How to Maintain Alignment and Resilience

Daily Grounding Practices

Emotional Reflection

Energetic Cleansing

Cultivate Habits That Support Balance, Vitality and Joy

Why It Is Important

How to Cultivate These Habits

Mindful Movement

Creative Outlets

Daily Rituals

Prevent Burnout by Recognizing and Addressing Early Warning Signs

Why It Is Important

How to Prevent Burnout

Monitor Your Energy Levels

Set Clear Boundaries

Take Recovery Days

Check in With Yourself

Interactive Practice: Self-Care Role-Play

Scenario 1: Preventing Burnout

Scenario 2: Grounding After Emotional Sessions

Scenario 3: Building a Self-Care Routine

Reflection Questions for Practitioners

Module 21

Final Certification and Practitioner Empowerment

Ritual: Practitioner Commitment to the Cosmic Path

Meditation: Embodying Cosmic DNA as a Healer and Guide

Activate Your Senses

Touch

Sound

Smell

Sight (Inner Vision)
Taste (Optional)
Connect with Cosmic DNA

Attunements

Break Free Deep Clearing Reiki – Value \$25 / R461

Founder: Linda Colibert

The Break Free – Deep Clearing Reiki manual outlines a comprehensive energy healing system designed to help individuals release negative thought patterns, emotional attachments and unresolved energies from both their present and past lives. Developed by Linda C. Colibert in 2007, this system focuses on clearing energetic blockages that hinder personal growth, emotional balance and spiritual alignment.

Key aspects of the manual include:

Purpose and Benefits: The system assists in identifying and releasing unconscious conditioning and patterns formed during childhood or past life experiences. It aims to empower individuals to move forward on their life path with clarity and strength.

Symbols and Techniques: Two unique Reiki symbols are introduced—one for clearing present-life issues and another for addressing past-life imprints. Visualization methods and step-by-step exercises are provided to activate these symbols effectively.

Stages of Release: The manual explains the four stages of emotional release - Denial, Anger, Acceptance and Healing - guiding users through the process of deep emotional and spiritual transformation.

Practical Applications: Instructions are included for personal clearing practices, as well as methods for helping others both in-person and remotely.

Self-Reflection and Exercises: Meditative questions and journaling prompts help users identify and address their core emotional and energetic issues.

This manual is a tool for practitioners and individuals seeking deep energetic cleansing, self-empowerment and a greater sense of spiritual freedom. It emphasizes the importance of working through emotional and karmic lessons to achieve lasting transformation and balance.

DNA Shakti – Value \$25 / R461

Founder: Angela Gilbert

The DNA Shakti manual introduces a transformative energy healing system developed by Angela Gilbert with guidance from Archangel Michael. This powerful process is designed to repair DNA, including chromosomes, genes and helixes, by removing harmful programs such as those associated with diseases, negative habits, or limiting beliefs. DNA Shakti reconnects individuals to life energy and enhances DNA by creating new, positive potentials for healing, spiritual growth and personal empowerment.

Key features of DNA Shakti include:

Clearing Attunement: A three-step method for clearing negative energies, emotional attachments and harmful imprints, followed by infusing love and vitality into the energy field. This technique accelerates spiritual progress but must be used judiciously to avoid overloading.

Energy and Space Clearing: Practical tools for clearing the energetic imprints of spaces, food and objects, enabling practitioners to work in energetically clean environments and promote alignment in all areas of life.

Practical Applications: Through simple verbal commands, individuals can focus on releasing specific emotions, healing physical imbalances, or enhancing spiritual connections.

Inclusivity: DNA Shakti attunements can benefit children, pets and people of all backgrounds, ensuring accessibility to this healing modality.

The manual emphasizes self-healing, requiring no symbols or additional training and allows practitioners to experience profound shifts with minimal effort. DNA Shakti empowers individuals to align with their

highest potential and navigate their life journey with clarity and renewed vitality.

DNA Rainbow Healing Hologram – Value \$70 / R1 289

<https://sunshineuni-uk.com/product/dna-rainbow-hologram/>

Founder: Elaine DeCarlo

The DNA Rainbow Hologram Activations were channeled by Reiki Master Elaine DeCarlo and contain 7 levels to simply yet effectively attune you to the activations that will help you to clear away all forms of stagnant energy which over time will help you to change the blueprint of your DNA structure.

The creation of this method came into being after Elaine trained in the Theta Healing method where she was shown by her guides how she should share them with others. These spiritual connections are very simple to establish and should be used as often as you possibly can.

Some of the benefits that will be given through your connections with the DNA Rainbow Hologram Activations are:

- * Improved Feeling of overall wellbeing and improved health.
- * Full clearing of your Aura.
- * Repairs DNA Cells.
- * Opens 3rd Eye.
- * Improved Memory.
- * Removing Fear & Doubt from Your Energetic System.
- * Promoting Serenity.
- * An Increased Capacity to Experience and Share Love.
- * A Physical, Spiritual and Mental Detoxification.
- * An Increased Awareness of Your Path.
- * An Increased Acceptance of Your Path.
- * An Increased Awareness of Your Spirit Guides.
- * A Better Ability to Communicate & Connect with Your Guides.

* A Feeling of Oneness with all in The Universe.

DNA Healing – Free as per founder

Founder: Stephanie Brail

The DNA Healing Reiki manual serves as a comprehensive guide to understanding and applying the energy of the DNA Helix symbol to promote physical, emotional and spiritual healing. This system is designed to address spiritual DNA imbalances, which may manifest as chronic health conditions or energetic disturbances. The manual provides clear and practical instructions for practitioners to harness this energy for both personal and client-based healing work.

Benefits of DNA Healing Reiki

Healing Chronic Conditions: Targets energetic errors in spiritual DNA, offering support for chronic illnesses like Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis.

Energetic Realignment: Repairs and restores the energetic blueprint, aiding in the correction of inherited or accumulated energetic imbalances.

Psychic Protection: Provides a method to shield oneself from negative energies and psychic intrusion by creating a protective barrier around the aura.

Simplified Healing Practices: Utilizes a single, powerful symbol - the DNA Helix - which can be incorporated into hands-on, distance, or self-healing sessions.

Versatility in Use: The DNA Helix can be employed for healing, protection and enhancing vibrational alignment in both individuals and spaces.

Encourages Innovation: Supports practitioners in expanding the system with new symbols and techniques, fostering creativity and evolution within the Reiki community.

Accessible to All: Designed for both seasoned healers and beginners, ensuring easy integration into existing Reiki practices or as a standalone system.

Each chapter of the manual provides a step-by-step guide on how to use the DNA Helix symbol in healing sessions, distance work and daily personal practices. It emphasizes the importance of visualization, intention and consistent application to achieve optimal results. Additionally, the manual outlines the process for attuning students to DNA Healing Reiki energy, allowing them to become practitioners and pass the system on to others.

This manual is intentionally kept simple and flexible, allowing practitioners to tailor the practices to their unique style while remaining rooted in the core principles of DNA Healing Reiki. By addressing both physical and spiritual aspects, it provides a holistic approach to healing, empowering practitioners to support themselves and others in achieving balance, vitality and well-being.

From the Archangel Michael Divine Purple Flame – Value \$150 / R2 764

<https://sunshineuni-uk.com/product/from-the-archangel-michael-divine-purple-flame/>

Founder: Senay Yildirim

The manual serves as a comprehensive guide to understanding and utilizing the Divine Purple Flame energy, provided through the auspices of Archangel Michael. It delves into various chapters that discuss unlocking Divine energy, the benefits of the Divine Purple Flame, guided meditations and techniques for charging items and receiving attunements. Each chapter builds on the previous, detailing methods to harness this energy for spiritual transformation and healing.

Benefits of the Divine Purple Flame Energy

Spiritual Protection and Support: Offers protective energies against negative forces and spiritual guidance from Archangel Michael.

Cleansing of Negative Energies: Efficiently removes negative thoughts and energies, promoting a healthier mental and emotional state.

Healing and Transformation: Facilitates profound spiritual and physical healing, aiding in the transformation of the self and environment.

Enhanced Connection with Higher Self: Promotes deeper spiritual connections and personal introspection.

Empowerment in Overcoming Obstacles: Equips individuals with the strength to face and overcome life's challenges.

Boost in Positive Energy and Vitality: Increases one's vibrational energy level, contributing to overall vitality and positivity.

Trauma and Karma Resolution: Helps in resolving past traumas and karmic debts, clearing the way for a renewed personal journey.

Each element of the system is designed not only to heal but also to empower the user, helping them to navigate through their spiritual journey with Archangel Michael as a guide. The manual encourages active participation in one's own healing process through practical applications of the energy system, meditations and attunements, ensuring a holistic approach to spiritual wellness.

Genealogy Contract Healing – Value \$25 / R461

Founder: Manuela Fasoli

The Genealogy Contract Healing Reiki manual, channeled by Manuela Fasoli in 2016, provides a specialized Reiki system designed to address and dissolve energetic contracts formed with ancestors. These contracts, often unknown to us, can manifest as unresolved blockages, inherited patterns, or challenges that hinder personal growth and freedom. By working with this Reiki energy, practitioners can release these ancestral ties and restore harmony to their morphogenetic field.

Benefits of Genealogy Contract Healing Reiki

Resolves ancestral contracts and associated blockages.

Promotes emotional and energetic freedom.

Enhances spiritual growth and self-awareness.

Allows for easy activation and integration into daily life.

Provides tools for both personal healing and helping others.

This manual serves as a practical guide for anyone seeking to heal ancestral ties and unlock deeper levels of personal freedom. With simple activation methods and a powerful focus on morphogenetic field clearing, Genealogy Contract Healing Reiki is a versatile tool for spiritual and emotional empowerment.

Healing Yellow Energy – Value \$25 / R461

Founder: Maha Kamaleksana

The Healing Yellow Energy manual provides a comprehensive guide to working with a powerful energetic tool designed to cleanse, balance and heal. This system draws on the warm, vital energy of the sun to promote emotional well-being, clear negativity and enhance physical and spiritual health. The energy is associated with the solar plexus and sacral chakras, addressing blockages in these areas while bringing overall harmony and vitality.

Key Features of Healing Yellow Energy

Emotional Healing and Stress Relief: Healing Yellow Energy clears negative thoughts and emotional patterns, creating a sense of balance and positivity. It also alleviates stress, phobias and fears while supporting emotional resilience.

Physical Healing: This energy addresses blockages in the sacral chakra and promotes healing in the spleen, liver and other abdominal organs. It energizes the endocrine system and eases joint and ligament pain.

Psychic Protection: Healing Yellow Energy acts as a protective shield, safeguarding the user against negative influences, especially from psychic sources. It aligns the everyday self with the spiritual self, enhancing natural defenses.

Energy Activation and Manifestation: The system helps move energy through the body, encouraging vitality, manifestation of goals and a more optimistic outlook on life.

Applications of Healing Yellow Energy

Self-Healing: Users are guided to meditate with this energy, allowing it to flow through their body to remove blockages and promote well-being. The manual emphasizes grounding and gratitude after each session.

Healing Others: Healing Yellow Energy can be applied to clients through hands-on techniques or distance healing. Practitioners are provided with clear instructions for activating and directing this energy during sessions.

Energetic Protection: The manual offers practical methods to activate protective energy fields around the user or client, shielding them from negativity for extended periods.

Meditative Practices: Guided meditations with the yellow light allow users to connect deeply with their energy field, clear their mind and anchor themselves in positivity and balance.

Benefits of Healing Yellow Energy

Clears emotional blockages and enhances positivity.

Supports physical healing, especially in the abdominal region.

Acts as a strong psychic and energetic protection tool.

Promotes spiritual growth and alignment with higher energy.

Energizes the user, bringing a sense of vitality and empowerment.

This manual serves as a practical and spiritual tool for both personal growth and professional use. By incorporating Healing Yellow Energy into daily practice, users can unlock greater emotional, physical and spiritual balance, allowing for holistic transformation and well-being.

Karmic Council Reiki – Value \$25 / R461

Founder: Gabriela Yasmin Szafman

The Karmic Council Reiki manual introduces a profound energy healing system designed to address and transmute karmic imbalances across past, present and future lifetimes. This system works through the guidance of the Karmic Council, a group of ascended masters and beings

of light who oversee the karmic balance of humanity. By engaging with these energies, practitioners can assist in releasing karmic debts and promoting spiritual evolution.

Key Features of Karmic Council Reiki

Understanding Karma and Spiritual Evolution: The manual emphasizes the role of karma as lessons and experiences chosen by the soul to facilitate growth. It outlines how the Karmic Council assists in assessing and alleviating karmic burdens when the soul demonstrates progress.

Role of the Karmic Council: The Council, composed of eight ascended masters, evaluates and governs the karmic balance of each individual. Their decisions are based on divine will, opportunities for spiritual redemption and the individual's progress.

Healing Applications: Practitioners can use Karmic Council Reiki to:

Release karmic imprints and unresolved patterns.

Balance energy across lifetimes.

Heal relationships, emotional wounds and blockages caused by karmic ties.

Request karmic relief for themselves or clients, provided spiritual lessons have been integrated.

Symbols and Techniques: The system involves activating specific symbols and invoking the energy of the Karmic Council to facilitate deep karmic healing. Techniques include hands-on healing, distance sessions and energetic attunements.

Benefits of Karmic Council Reiki

Karmic Resolution: Alleviates the burden of unresolved karma, freeing individuals to progress spiritually.

Energetic Balance: Promotes harmony across the physical, emotional and spiritual levels.

Spiritual Alignment: Deepens connection with the higher self and universal flow.

Versatility in Practice: Can be used for self-healing, client work and distance healing.

The manual provides step-by-step instructions for activating and channeling the Karmic Council Reiki energy. It emphasizes the importance of free will, ethical practice and respect for the energy's transformative power. Additionally, it highlights the importance of gratitude and humility when working with the Karmic Council.

This manual is a valuable tool for practitioners seeking to integrate karmic healing into their spiritual work, offering both profound personal transformation and the opportunity to guide others toward balance and growth.