



# ZODIACAL SPIRIT BRACELET

**FREE SELF-ATTUNEMENT**

Channeled by **Cezary Wieczorek**

Reiki Master & Spiritual Teacher

Founder Of **Effexora Academy**

# COPYRIGHT NOTICE

**Zodiacal Spirit Bracelet is a free gift intended for the highest good of all.** Please do not ask for payment. This attunement comes from the Eternal Sacred Source and should be shared by sending this manual to others who are interested.

Feel free to share this manual with anyone who might benefit from it. Do not charge for this energy, and do not change or remove anything from the manual. You can only quote small parts of it for reviews or comments.

**Copyright © 2024 by Cezary Wieczorek**

[www.effexora.com](http://www.effexora.com)

[contact@effexora.com](mailto:contact@effexora.com)

# DEDICATION

I want to express my gratitude to my fiancée Anna, for her constant support during both good and challenging times. Anna has helped me achieve and redefine my goals and always inspires me with her intuitive wisdom. She helps me overcome obstacles and discover new ones. Her great sense of humor brightens my daily life, making it easier for me to face challenges and grow. Her compassionate heart and beautiful soul shine with authenticity, overflowing with joy and care for animals, nature, others, and herself. Looking back on our past, I realize that meeting her was crucial to my spiritual awakening, and ever since then, my spiritual journey has felt complete and perfect.

I am grateful to my teacher, Jay Burrell, for teaching me about spiritual dedication. He encouraged me to trust my feelings and make choices for my highest good. Jay introduced me to distant attunements, sharing valuable insights that enrich my spiritual journey. I always feel his support, which has greatly influenced my path.

I dedicate this system to my teacher, Amanda Hadley, for her dedication to spiritual work. Her free self-attunements are a blessing to the spiritual community. She inspired me and helped me create this first self-attunement.

# INTRODUCTION

Zodiacal Spirit Bracelet is a self-attunement channeled as an ethereal bracelet, designed to help you connect with the unique energies of your zodiac sign or the sign associated with the current astrological period of the year. Each bracelet consists of three specific crystals for mind, body and spirit, what gives a holistic spectrum of action. They are chosen to match the qualities and energies of each of the twelve zodiac signs.

By wearing the bracelet, you access the power of these crystals, allowing their ethereal essences to harmonize with your own energy field. You might feel a gentle warmth or a tingling sensation as the crystals begin to work, subtly shifting your energy. This creates a perfect alignment between your energy field and the planetary energies associated with the specific zodiac sign, helping you reach a state of optimal balance.

As the Earth's energy levels continue to rise, it can be challenging to keep up with these changes on a physical, mental, and spiritual level. We often feel the effects of these shifts in our daily lives, experiencing fluctuations in our energy levels, moods, they at times disrupt our old lifestyle.

Everything is always changing because the positions of stars and planets in the Universe keep shifting. These changes affect how we experience time and space in our bodies, personalities, environments, and life experiences. Energy is always moving, so we adjust our energy to match the changing vibrations of the Earth.

Each person has their own unique path, with special personality traits and life experiences, but we all have aspects of every zodiac sign within us, not just the one we were born under. We are all divine beings, each carrying a mix of energies that shape our personalities and experiences.

That's where the etheric bracelet comes in. It helps to match your energy with the energy of the divine source, like finding the perfect rhythm in the cosmic dance. It helps you stay aligned with your unique blueprint, based on the current positions of the stars and planets, so you can feel your best every day. Zodiacal Spirit Bracelet offers a way to navigate these energetic shifts with greater ease.

## Key benefits of the Zodiacal Spirit Bracelet:

**Unlock Your Inner Compass:** The bracelet helps you connect with your zodiac's energy, acting like an inner compass guiding you towards your true potential and purpose. This helps you feel more balanced and aligned with your true self.

**Find Your Inner Strength:** By aligning with your zodiac's energies, you can access a hidden reservoir of strength and vitality, allowing you to feel more confident and energized.

**Navigate Life's Ups and Downs:** The bracelet helps you navigate the ups and downs of life's emotional tides with grace and ease, like a dancer moving effortlessly through a complex dance. This helps you feel more grounded and stable, especially during times of stress or change.

**Listen to Your Inner Voice:** The bracelet opens a channel to your intuition and inner wisdom, allowing you to access your own guidance and make decisions that are right for you.

**Adapt to Change:** As the Earth's energy shifts, the bracelet helps you adapt to change with confidence and clarity, allowing you to navigate the ever-changing world with greater ease. This helps you feel more resilient and adaptable to life's challenges.



# HOW TO ACTIVATE THIS ENERGY

You can wear two bracelets at the same time: one for your own zodiac sign and one for the current astrological period. This allows you to connect with the energies that are most relevant to you right now.

To keep your Zodiacal Spirit Bracelet working at its best, it's important to reactivate it regularly. You can choose how long you want it to be active, whether it's just for the day or for a whole week.

Think of it like this: the bracelet has a limited amount of energy each time you activate it. If you keep it going non-stop, it can start to lose its power.

So, it's best to reactivate it regularly, like daily or weekly. This gives the energies a chance to recharge and stay strong in supporting you.

This attunement is open-ended, meaning the energies are versatile and not restricted in their use. You can explore and follow your intuition to find your own ways to benefit from them.

Here are simple intentions to activate your bracelets, along with how to set the timeframe:

**1) For your personal zodiac sign:**

*"Zodiacal Spirit Bracelet, [Your Zodiac Sign], activate! I choose to work with your energy for [duration, e.g., the next 24 hours, the next week]."*

**2) For the current astrological period:**

*"Zodiacal Spirit Bracelet, [Current Astrological Period], activate! I choose to work with your energy for [duration, e.g., the next 24 hours, the next week]."*

You don't need to worry about the energy knowing which bracelet is for what purpose. YOU know which one you're activating for your zodiac sign and which one you're activating for the current astrological period!

**Your intention is what matters most. It's more powerful than any words you use.** The universe doesn't communicate using human language the same way we do, so just focus on your intention and it would start the energies to flow through you.



You might notice a colorful, ethereal bracelet on one of your wrists or nearby on your energy field, with three glowing gems. If you don't see it, that's okay! Not everyone experiences energy visually. As long as your intention is clear, the energy is working.

On the next few pages, you'll find a guide to the astrological periods for each zodiac sign.

## ○ Aries (March 21 – April 19)

**[Mind] Carnelian:** This vibrant orange stone helps boost your motivation and courage. It encourages you to take action and pursue your goals with confidence.

**[Body] Bloodstone:** Known for its energizing properties, bloodstone helps increase your physical strength and stamina. It's great for keeping your immune system strong.

**[Spirit] Clear Quartz:** This crystal is known as a powerful amplifier. It helps clarify your intentions and can enhance your spiritual practices, making your goals feel more achievable.

## ○ Taurus (April 20 – May 20)

**[Mind] Rose Quartz:** Often called the stone of love, rose quartz promotes feelings of compassion and emotional healing. It helps calm your mind and encourages positive thoughts.

**[Body] Emerald:** This beautiful green stone is believed to support healing and vitality. It can help you feel more energized and balanced in your physical health.

**[Spirit] Green Aventurine:** Known as the stone of opportunity, green aventurine attracts good luck and abundance. It encourages you to embrace new possibilities in life.

## ○ Gemini (May 21 – June 20)

**[Mind] Fluorite:** This colorful crystal helps improve your focus and decision-making skills. It clears mental fog, making it easier to think clearly and creatively.

**[Body] Agate:** Agate is a grounding stone that helps balance your physical and emotional energy. It promotes overall well-being and stability in your body.

**[Spirit] Citrine:** This sunny yellow stone is known for bringing joy and creativity. It encourages a positive outlook and helps you express your true self.

## ○ Cancer (June 21 - July 22)

**[Mind] Moonstone:** This stone enhances your intuition and emotional balance. It helps you connect with your feelings and promotes calmness during stressful times.

**[Body] Selenite:** Selenite is known for its cleansing properties. It helps clear negative energy from your body, promoting healing and a sense of peace.

**[Spirit] Rhodonite:** This pink stone encourages emotional healing and compassion. It helps you forgive and release past hurts, allowing for spiritual growth.

## ○ Leo (July 23 - August 22)

**[Mind] Tiger's Eye:** This golden-brown stone boosts your confidence and willpower. It helps you stay focused on your goals and overcome challenges with strength.

**[Body] Sunstone:** Sunstone is energizing and revitalizing. It helps lift your spirits and gives you the physical energy to tackle your day.

**[Spirit] Fire Opal:** This vibrant stone stimulates creativity and passion. It encourages you to express yourself and pursue what makes you happy.

## ○ Virgo (August 23 – September 22)

**[Mind] Peridot:** This bright green stone promotes clarity and perseverance. It helps you stay focused on your tasks and encourages a positive mindset.

**[Body] Jasper:** Jasper is a nurturing stone that provides stability and balance. It helps support your physical health and keeps you grounded.

**[Spirit] Amethyst:** Amethyst is known for enhancing spiritual awareness. It helps you connect with your inner self and encourages peaceful thoughts.

## ○ Libra (September 23 – October 22)

**[Mind] Lapis Lazuli:** This deep blue stone encourages insight and self-expression. It helps you communicate your thoughts and feelings more clearly.

**[Body] Rhodochrosite:** Rhodochrosite promotes emotional healing and self-love. It helps you feel more comfortable in your own skin and supports your physical health.

**[Spirit] Turquoise:** This stone inspires communication and spiritual grounding. It helps you connect with your higher self and encourages honest expression.

## ○ Scorpio (October 23 – November 21)

**[Mind] Obsidian:** Obsidian is a protective stone that helps clear negative thoughts. It encourages clarity and helps you face your fears with confidence.

**[Body] Hematite:** This shiny black stone is grounding and helps balance your energy. It supports your physical strength and helps you feel more centered.

**[Spirit] Malachite:** Malachite transforms negative energy into positive change. It encourages personal growth and helps you embrace new beginnings.

## ○ Sagittarius (November 22 – December 21)

**[Mind] Kyanite:** Aligns mental energy and promotes tranquility, helping Sagittarius maintain a calm and focused mind.

**[Body] Black Tourmaline:** Offers protection and grounding, helping to dispel negative energy that may affect health.

**[Spirit] Garnet:** Garnet encourages commitment and passion in your pursuits. It helps you stay motivated and focused on your goals.

## ○ Capricorn (December 22 – January 19)

**[Mind] Onyx:** Onyx promotes mental strength and resilience. It helps you stay focused and determined, even in challenging situations.

**[Body] Smoky Quartz:** This stone helps release negative emotions and detoxify your body. It promotes physical healing and emotional balance.

**[Spirit] Labradorite:** Labradorite enhances your intuition and spiritual growth. It helps you connect with your inner self and encourages transformation.

## ○ Aquarius (January 20 – February 18)

**[Mind] Aquamarine:** Aquamarine calms the mind and enhances communication. It helps you express your thoughts and feelings clearly.

**[Body] Iolite:** Enhances physical energy and encourages exploration, supporting an active lifestyle.

**[Spirit] Kunzite:** Kunzite encourages love and compassion in your spiritual practices. It helps you connect with your heart and promotes emotional healing.



## ○ Pisces (February 19 – March 20)

**[Mind] Lepidolite:** Lepidolite is known for its soothing properties, helping to alleviate stress and anxiety. It promotes emotional balance and helps Pisces tap into their intuition, enhancing mental clarity and focus.

**[Body] Rhodonite:** Rhodonite supports physical healing and emotional balance. It helps Pisces recover from emotional trauma and promotes overall vitality, making it a great choice for body health.

**[Spirit] Moldavite:** This powerful stone encourages spiritual transformation and growth. Moldavite helps Pisces connect with their higher self and enhances their spiritual journey, promoting enlightenment and new beginnings.

# RECEIVING ATTUNEMENT

The energies for this self-attunement are already set in the ethereal realms and originate from an unlimited source, allowing you to attune to them at any time.

Start by finding a quiet, peaceful space to connect with your Higher Self. You can request angels and guides to clear the energy and assist with your attunement.

While some use crystals or incense, the most important tools are your intention and focus. Close your eyes, take a few deep breaths, and state your intention. You can use the following example if you'd like:

*"I am ready to receive the **Zodiacal Spirit Bracelet self-attunement** from the Eternal Sacred Source, as set by Cezary Wieczorek. I ask for the most perfect experience possible for me right now. Thank you."*

After setting your intention, stay open and let the energy flow for 15 to 30 minutes. When you feel the energy stop, take a moment to thank the Eternal Sacred Source for this experience.

During the attunement, you might feel tingling, warmth, or coolness. You could also experience emotions, a sense of peace, vivid dreams, or a boost in intuition. All of these feelings are normal and okay. If you don't feel much, just relax and stay open. If you feel a strong energy, let it flow. Remember, there's no right or wrong way to experience this, as long as your intention is clear.

To re-attune yourself, simply repeat the instruction from the previous page. You can re-attune yourself as often and as many times as you like.

If you have any questions or uncertainties while working with this attunement, in any aspect where I can support you, remember that the question is the starting point for taking a leap to a new level in developing any skill.

Reach out to me via email: [contact@effexora.com](mailto:contact@effexora.com)

With Love & Light,  
Cezary

# DISCLAIMER

Energy healing, attunements, and empowerments are intended to be used as complementary therapies, not as replacements for professional medical care. If you have a suspected medical condition, you should seek prompt professional medical assistance. I do not take responsibility if you choose to self-treat using information from my website or Effexora Academy training manuals. I also do not accept liability for any losses or damages resulting from the use or misuse of the information provided in this manual.

# LIST OF ATTUNEMENTS CHanneled

## By CEZARY WIECZOREK

AVENTURINE HEART COMFORTER

CHALCOPYRITE STONE OF METAMORPHOSIS CATALYST

CHROME DIOPSIDE VALIDATION NEXUS

EMBODIED SYMBOLOGY FUSION

EPHEMERAL PORCELAIN CROWN

FANTASIA BEACH WALK

GOLDEN FEATHER PURIFICATION TALISMAN FROM THOTH

HEALING THE DREAM OF GAIA'S PARADISE

MEDUSA'S GAZE PAUSING REFLECTOR

UNLIMITED NEURAL REMAPPING ACTIVATION

SOUL VISIONARY SHAPE-SHIFTER

SPIRITUAL BYPASSING RE-SOLVER

THE GATEWAY OF SILENCE WITH ANGEL SOPHIA

For more attunements, visit official website of Effexora Academy:  
<https://effexora.com/>

Copyright © 2024 All Rights Reserved