

TIBETAN ENERGIES PACKAGE DESCRIPTIONS



21 Taras

Tara has 21 primary emanations which perform different activities such as pacification, increase, etc. The different colors correspond with the 4 types of enlightened activity:

White represents the enlightened activity of pacifying, red represents power, black represents wrath, yellow represents increasing positive qualities, etc. Through this attunements you will be energetically connected to the 21 tara and their attributes. You will be taught the praises of tara so that you can transmute any negative qualities in your nature into light.

Amaterasu Reiki

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Ancient Tibetan Dzi Essence Reiki

Founder: Gabriela Yasmin Szafman. For thousands of years, Tibetans have viewed Dzi as a living gemstone. It is meant for devout worship and is reverently kept and passed down over generations.

The ancient Dzi absorbs cosmic energy from the universe, hence it can guard against misfortune and brings blessings, stabilizes blood pressure, increases the internal 'Qi', gives good fortune and bliss.

Dzi beads are one of the most treasured and mysterious beads known today. The oldest Dzi beads, which date as far back as 4,000 years ago, came from the Mesopotamia area (Iraq, Middle East), Afghanistan, India, Sikkim, Nepal, Bhutan.

But the most important and valuable dZi beads originated in Tibet about the time that Buddhism spread to Tibet during the Tang Dynasty (approximately 1,300 years ago).

Tang Emperor Tai-Jong sent his adopted daughter, Princess Man-Shing, to become the bride of the King of Tibet as a strategy to harmonize the relationship between Tibet and China.

Princess Man-Shing brought along with her Buddhism and a statue of Kwan-Yin (the Goddess of Mercy) which had many pure Tibetan Dzi beads mounted on it, including many Nine-Eyes, Perpetual-Life Pots (or Precious Water Pots), Lotus, and Tiger-Tooth.

Ancient tibetan dzi beads energy will help with:

- Heals illness
- Guards against evil
- Guards against misfortune
- Removes all obstacles, you will be will be protected from accidents, natural disasters, and accidental deaths
- Brings Good Luck
- Brings Good Karma
- Brings Happiness

- Brings Blessings
- Brings Bliss
- Protection
- Long Life
- Receive Unexpected Money
- Enhances Body Strength
- Regulate the Body's Blood and 'qi' Circulation,
- Balance the Body's Yin Yang and Five Elements,
- Improves the Body's Immunity System
- Improves Vitality
- Prevents Strokes
- Improves Suffering from Heart Diseases, High Blood Pressure and Diabetes
- Reduces various Symptoms like Poor Blood Circulation, Blocked Nose, Sprains, Insomnia and Aching Bones.

Dorje Sempa Vajrasattva Purification Attunement

Founder, Ramon Martinez Lopez. The Vajrasattva Purification system has a mantra to state repeatedly to ensure that negative karmas do not increase. The mantra is used to purify our bodies.

The system has a visualization technique that is used to free all sentient beings from their sufferings and makes invocations to all the light beings. Light Rays of Light Beings goes to become Vajrasattva in our hearts. It radiates light in the infinitive directions of the cosmos invoking all light beings in the aspect of Vajrasattva who absorb into him.

You may request Vajrasattva to destroy all negativity of all sentient beings including yourself. Light radiates at his heart and purifies the negativity of all sentient beings. Then again from his heart light rays go out invoking the knowledge and qualities of all light beings, bringing these back to descend into the eternity. Due to this, Vajrasattva energy becomes extremely powerful.

Imagine that on the moon-disc in your heart is your in ordinary aspect surrounded by your father and mother and all sentient beings in human

aspect. These rays come down through the point of union of Vajrasattva and his consort to your heart and each sentient being receives a Vajrasattva with consort above his head, at the hearts of all these countless Vajrasattvas and consorts light rays energy become even more powerful and magnificent.

From the hearts of all the countless Vajrasattvas light nectar pours down entering the crowns of every sentient being purifying. Negativity goes.

Dos Rios Reiki

By: Dragon Sky. Dos Rios is a spiritual program, prayer, meditation and pathway of service. Dos Rios Reiki is a Japanese art of healing with chi or energy. Dos Rios Reiki roots go back to Medicine Buddha of ancient Tibet and beyond.

Dos Rios Reiki is a different style of Reiki that evolved from the traditional Usui Shiki Ryoho Reiki, it is often referred to as "cow boy reiki" and is a non-invasive form of Reiki that evolved from its founder working with AIDS patients.

The reiki healing, limits touching to the head and feet and relies on Tibetan Medicine Buddha mantras to cultivate compassion.

There are 3 attunements that use the Usui Shiki Ryoho Reiki symbols and connect them using those symbols.

Drisana

Drisana is a powerful and sophisticated energy system of Tibetan origin. The word Drisana literally means THE DAUGHTER OF THE SUN. These extremely powerful energies can be accessed by activating and directing the energy flow through meditation and pure intention. The Drisana energy system also uses sacred geometry, such as the star tetrahedron which is activated for stronger energy transmissions during your healing sessions. People using and receiving Drisana energies report dramatic shifts at all levels of their being, such as physical, emotional, mental and spiritual. Some reported benefits are: ~ Less or elimination of physical pain ~ ~ Feelings of inner peace and calm ~ ~ Strengthened immune system ~ ~ Increased energy and vitality ~ ~ Clearing of stagnant energy ~ ~ Assisting in the process of personal transformation ~ ~ Helping to clear, ground and harmonize ~ ~ Emotional releases ~ There are 30 Different attunements/Initiations for Drisana. Each holding its own unique energy signature and is simply activated by Intention. These Attunements are as follows: 1. Kundalini Shakti 2. Angelic Forces 3. Alleviation of Karma 4.

Cosmic Union with God 5. Monadic True self 6. Atmic - Spirit 7. Buddhic - Soul 8. Mental 9. Emotional 10. Physical 11. First Light 12. Activation by will alone 13. Light Carrying capacity 14. Mental Imagery Attunement 15. Heart centre Enhancement 16. Etheric Heart Attunement 17. Triangulation Attunement 18. Soul Star Attunement 19. Soul Contact Attunement 20. Chakra Release Attunement 21. Star Tetrahedron Attunement 22. Stabilization Shakti 23. Power setting Attunement 24. Drisana Absentee Symbol Attunement 25. Mode Setting Attunement 26. Transdimensionality Attunement 27. Meditation Attunement 28. Samadhi Attunement (Union with God) 29. Mental Control of Energy Attunement 30. Drisana 7th Ray Initiation.

Dzambhala Reiki

The origin of the Dzambhala Wealth Gods is very interesting. It is said that a revered high Lama, Lama Atisha, was walking alone when he found a man starving and near death.

After looking around and unable to find food for the old man Lama Atisha cut flesh from his own body and offered it to the starving man. The man refused to eat the Lama's flesh.

Being depressed and not knowing how else to help the man nearing death the Lama sat down next to him.

At that point there was a blinding bright white light and before Atisha appeared the Buddha of Compassion, the Thousand-Armed Avalokiteshwar Chenrezig.

The Buddha told Lama Atisha that he was going to manifest himself as the God of Wealth, Dzambhala, and assure that those in poverty would suffer no longer.

Jambala (Dzambhala) is the God of wealth and appropriately a member of the Jewel family. In Hindu Mythology, Jambala is known as Kubera. Jambala is also believed to be an emanation of Avalokiteshwar Chenrezig, the Buddha of Compassion, manifesting as the wealth-giving Buddha.

The 5 dzambhalas of wealth and abundance colors are:

- Black (for long life to enjoy abundance and life),
- White (purification of obstacles to wealth),
- Red (wish fulfilling jewel and compassionate energy)
- Green (magnetising or attracting wealth), and

- Yellow-gold (great enrichment and flourishing of wealth).

All five Dzambhala energies are viewed as protectors of wealth, abundance and prosperity. Dzambhala Reiki Will Help You:

Each Jambala has their own mantra and practice to help eliminate poverty and create financial stability.

- Prosperity
- Wealth
- Abundance
- Enjoy Abundance
- Enjoy Life
- Long Life
- Purification of all Obstacles to Wealth
- Fulfilling your Projects
- Fulfilling Your Wishes
- Increase Income
- Eliminate financial Worries
- Increase Wisdom
- Gain material & Spiritual Benefits
- Dispel Bad Karma
- Good Health
- Cure Diseases
- Dispel you from any Disaster
- Stop Suffering
- Become Popular
- Eliminate Resentment

Dzambhala Reiki has 5 separate attunements.

First Light

First Light is a very powerful system that works with Kundalini energies in a more advanced way. It is a very transformational energy that can help you achieve clearing, healing, and spiritual ascension. There is nothing to fear with this system. I find it to be very beneficial in many ways. There are several attunements with this system, but they are all given at once, in a way that automatically comes in a gentle, yet powerful way, once the attunement begins. It would be beneficial for you to have been attuned to Kundalini before receiving it, though it is not necessary.

First Light is said to use energies, called Drisana, that are of a Tibetan origin. First Light allows a person to receive powerful energies that shift the perceptions of their being - spiritual, physical, and emotional.

First Light does not use symbols, energy levels can be set, becomes more effective and powerful with usage, works independently of any religion or belief system, increases the effectiveness of meditation and helps clear your system.

"First Light" is an initiation where you receive powerful energies that you can then access at any time for yourself or others by mentally directing the flows, which mean no visualization, complex symbols, mantras, etc.

Once you are attuned to the energies, you only need to think the 'key' word or phrase to run the energy on yourself or others. The more you activate the attunements, the stronger they will flow within your system.

You will receive the following energies:

KUNDALINI SHAKTI
ANGELIC FORCES ATTUNEMENT
ALLEVIATION OF KARMA
SEVEN ATTUNEMENTS
FIRST LIGHT
ACTIVATION BY WILL ALONE
LIGHT CARRYING CAPACITY
MENTAL IMAGERY ATTUNEMENT
HEART CENTER ENHANCEMENT
ETHERIC HEART ATTUNEMENT
TRIANGULATION ATTUNEMENT (CHANNEL BUILDING)
SOUL STAR ATTUNEMENT
SOUL CONTACT ATTUNEMENT
CHAKRA RELEASE ATTUNEMENT
STAR TETRAHEDRON ATTUNEMENT
STABILIZATION SHAKTI
POWER SETTING ATTUNEMENT
DRISANA ABSENTEE SYMBOL ATTUNEMENT
MODE SETTING ATTUNEMENT

TRANSDIMENSIONALITY ATTUNEMENT
MEDITATION ATTUNEMENTS
SAMADHI ATTUNEMENT
MENTAL CONTROL OF ENERGY ATTUNEMENT
DRISANA SEVENTH RAY INITIATION

Green Tara Seichim

Seichim, a word (pronounced "SAY-keem") of unknown origin-but closely related to the ancient Egyptian word sekhem, which means life-force, or energy-is used to indicate a system of healing that many feel has ancient origins in Tibet. This practice is said to have been handed down from very ancient times.

Contents:

- What Is Green Tara Seichim?
- What Is Seichim?
- Ancient Origins
- Seichim and Buddhism
- Origin of the Cult of Tara
- Her Name
- More Than One Tara? The Two Wives
- Green Tara Relation to Amitabha
- White Tara
- About the Tara Mantras
- Who Is Tara and Why Do We Pray to Her?
- The Origin of Tara
- Why Do We Need to Practice Tara
- The Benefits of Tara Practice
- Green Tara and the Twenty-One Taras
- The Symbolism of Green Tara
- The Twenty-One Taras
- The Mantra of Tara
- Green Tara Heart Exercise
- The Popular Mantras of Some Forms of Tara
- Other Popular Forms of Tara
- Kurukulle (Wrathful Red/Black Tara)
- Norgyun (Peaceful Yellow Tara)
- Marici (Peaceful Red/Yellow Tara)
- Red Tara (Peaceful Red Tara)
- The Process of Using Green Tara Seichim
- 4 Tibetan Symbols to Use with the Green Tara Healing Energy
- Self-Empowerment Method
- Method of Green Tara Empowerment
- Tibetan Empowerment Method

The Green Tara Seichim course is available to current Reiki Masters.

Jinlap Maitri 1 – 3

Prerequisite : Reiki Master

Jinlap Maitri is a powerful healing system that is Tibetan and works with The Medicine Buddha. You are connected to these powerful energies and given mantras and meditations for activating the energies. You will work with sound, light, and intellect energies to achieve compassion, emptiness (potential), wisdom, and skillfulness. The Jinlap Maitri is a modern version of a Sacred Tibetan Healing System that includes tantric energies, and The Medicine Buddha to give you powerful healing techniques. The manual covers the 9 Breaths, the 5 elements, and much more.

Jinlap Maitri is "The Way of Loving Kindness and Healing". It was originally founded by Lama Gampo Testen. This system is to Master level and you will be able to pass it on to others.

Kuan Yin Attunement 1 – 7

These beautiful attunements originally came from Ole Gabrielsen and have since been re-channeled by Jens Söeborg. As he writes: "the energy gives you a deep connection to the loving and compassionate heart of Kuan Yin as well in her abilities of magnified healing."

These transmissions also include Tibetan Buddhist initiations in Chenrezig, Green Tara and White Tara.

These attunements are for your spiritual growth and as such it is not a "Reiki system" per se. You will receive 7 attunements and a brief manual by Jens Söeborg.

All 7 attunements can be received at once or separately at the pacing of your choosing. You will also receive a certificate with lineage information.

The Kuan Yin Attunements 1-7 are extremely popular energies that are uplifting and effective. Please see the listing for Kuan Yin Blessings energies which go one step further and offer a powerful method of sending the energies during a Reiki healing session. You will learn how to use the energy in a healing, how to send a "Kuan Yin Blessing," how to perform a heart-centered breathing exercise, and how to use the Kuan Yin mantra to become a better healer.

Kurama Kokiu Reiki

Pre-requisite: Reiki Master Level. This is the original system of Reiki using the ancient Japanese symbols rediscovered by Usui Sensei during his meditation on Kurama Yama Mountain near Hondon temple.

The energy is felt slightly different from other Reiki branches but is quite powerful and sometimes the results are spectacular

The system is used not only for healing work but also for spiritual growth

The course includes:

- The new history of Reiki
- Kurama Temple
- Prayer for Happiness to the Sonten of Kuramayama
- A little about Shingon shu
- Kurama Kokyu symbol
- Connection between Kurama Kokyu symbols and Reiki symbols
- Sonten Symbols
- The secret mantra used by Usui sensei
- The secret Japanese mantra that activated all symbols
- The prayer used by Masters of Hondon temple
- Kotodama -the sacred word of spirits
- Ancient Reiju process

Lama Fera Healing

Founder Jose Marinho de Santos. Lama Fera is a powerful energy healing system which has been practised by Tibetan Lamas for many hundreds of years. The word "lama" means "teacher and equals the Sanskrit word "guru". The word "fera" means "round", or more specifically around (the body). The Universal Life Force energy, which in Lama Fera emanates from Lord Gautama Buddha, is channelled through the healer and directed towards dis-ease through the use of symbols drawn with a crystal wand.

The system can help increase spiritual abilities, improve the effectiveness of meditation, relieve pain and discomfort caused by chronic diseases, remove unwanted spirits, cleanse buildings, overcome fear, anxiety, stress and mental tensions, improve memory and visualisation, and assist reconnection with the Higher Self.

Lama Fera Healing is offered in two levels, Practitioner Level and Teacher Level. This healing system is open to anyone - there are no prerequisites, but a basic Reiki training is recommended.

Lama Fera is a very old Tibetan system, which came to the West through the Indian Energy Master Rajeev Wagle in September 2001. We have chosen the slight different name to show that it is not exactly the same system as Lama Fera. The manual has been reworked by Joséand layout by Jens Soeborg. As the origin goes back a long time, we have re-channelled the energy.

Foreword by Jens: Having taken part in two weekend classes by the Tibetan tulku (a lama who has reincarnated as lama several times) Lakha Rimpoche, who just calls himself Lakha Lama - see picture, I will explain a bit about Tibetan healing, before we go to the Lama Fera Healing manual itself.

The word healing does not have one word in Tibetan covering it, but consists of 3 different, who together covers it. In Tibet the healing process is normally divided into 3 parts:

1. ha dub transformation of the mantra-power
2. ge te getting rid of the hindrances (transforming the cause)
3. wan gu initiation (transforming the personality)

The healing has 2 sides:

1. Remove, transform and re-arrive in a new form
2. Collecting and using the energy

LW Djawal Khul

Master Djwhal Khul – The Tibetan - "Given the vastness of time and the immensity of the universe is an immense pleasure for me to share one planet and one time with you!"

Master Djwhal Khul works under the guidance of the Master Kuthumi, helping him in training of the advanced students.

Also assists Master El Morya to be connected to him and his work. He has been called "The Messenger of the Masters."

He is profoundly learned and know more about the rays and planetary Hierarchies of the solar system than any other Master.

He achieved his master's in this present incarnation.

He comes to remind everyone that we are disciples from the humblest aspirant until the earlier of Christ.

He acts as a transmitter of Light.

His job is to teach and spread knowledge of the Ageless Wisdom to all those who have the heart to find those answers.

His Ray of Action is the threefold flame.

Milarepa Yogy of Tibet Empowerment

Milarepa is one of the most widely known Tibetan Saints. In a superhuman effort, he rose above the miseries of his younger life and with the help of his Guru, Marpa the Translator, took to a solitary life of meditation until he had achieved the pinnacle of the enlightened state, never to be born again into the Samsara (whirlpool of life and death) of worldly existence.

Out of compassion for humanity, he undertook the most rigid asceticism to reach the Buddhist state of enlightenment and to pass his accomplishments on to the rest of humanity. His spiritual lineage was passed along to his chief disciples, Gambopa and Rechung. It was Rechung who recorded in detail the incidents of Milarepa's life for posterity.

The narrative of his life has thus been passed down through almost a millennium of time and has become an integral part of Tibetan culture.

In addition to Rechung's narrative of his life, summarized below, Milarepa extemporaneously composed innumerable songs throughout his life relevant to the dramatic turns of events of himself and his disciples in accordance with an art form that was in practice at the time.

These songs have been widely sung and studied in Tibet ever since and have been recorded as the Hundred Thousand Songs of Milarepa. His faithful devotion, boundless religious zeal, monumental forbearance, superhuman perseverance, and ultimate final attainment are a great inspiration today for all.

His auspicious life illumined the Buddhist faith and brought the light of wisdom to sentient beings everywhere.

Milarepa of Tibet Will Help You with:

- Non-attachment
- True awakening of Buddha Teachings
- Help in your quest of knowledge
- Enlightenment

- Compassion to Humanity
- Forbearance
- Perseverance
- Enter Deep State Meditation
- Raise your Psychic Energy Flows
- Awareness
- Inspiration
- Release Ego
- Faith
- Generosity
- Release Karma

Raku Kei

The words Rei-Kei originated from the words Raku Kei.

The Raku is the vertical energy flow within the body, whilst the Kei energy flows in a horizontal manner. The two crosses at the "Hara" center at the solar plexus center. It is this center which was cut out during the ritual Samurai " Hara" Kiri. In this manner the Samurai would cut out the " center of his being by the implemenation of three sacred cuts in the form of a triangle (the symbol of manifestation).

The cross formed by the Raku and Kei energy is the cross which represents the four cardinal points and four elements. This pagan form was used by the christians after the death of Christ, and to this day 4 crossing oneself is regarded as a devotional act for Christians.

Raku Kei is the ancient science of Self-Development and Self-improvement. It is believed that the origins of Raku Kei come from Tibet . The Tibetan Lamas used Calligraphs to encapsulate the energy of a healing concept, recognising that all symbols, when drawn produce low frequency waves that can be detected by the human body. These Calligraphy symbols would normally be painted in large form upon wall hangings in the monasteries where monks would meditate. Such images would add a focus to the mantric work that would resonate with the symbol.

It is thought that all participants in these meditations would sit upon a four-legged stool placed in the center of a large oval shaped earthenware container, representing the etheric egg, or Akasha, was filled with several inches of water. The water represented the emotions.

The stool itself represents the four cardinal points or elements, the person sitting on made the fifth, that of Ether, or Spirit. The stool was made of wood with a silver inlay going in a channel up the four legs to the center. This linked to an inlaid Master Frequency symbol upon the seat.

The walls of the meditation chamber were of highly Polished copper buffed to a very high reflective sheen. A sloped wall was used to hang the symbol so that it could be reflected upon the wall. This was to the rear of the meditator who was able to see the reflection enhanced by the copper on the wall. The concept of this procedure was to ensure that the symbols were deeply embedded into the mind by concentration and repetitive mantra. At the same time the body was being purified by exposure to the Master energy symbol on the seat. The energy from the symbol would be directed up the spine to the higher chakras. It was only relatively recently that Rolf Jensen discovered the cubicle silver inlay design which was used in the manufacture of the stool.

It is thought that this technique was an exact esoteric science that was passed down to initiates by verbal tradition. In this way it eventually disappeared until the Sanskrit text identifying these techniques was discovered by Usui in the 1800's.

Covering:

- * History of Raku Kei Reiki
- * The Sacred Secrets of Reiki
- * Kidney Breathing
- * The Breath of the Fire Dragon
- * Raku Kei Symbols
- * Raku Kei Diagram
- * The Seven Layer Auric Body System
- * Chart of The Seven Chakras
- * HA-AHI-WAI- The Water Ceremony
- * The Raku Kei Affirmation

Reiki Kundalini Tumo

Reiki Kundalini Tu-Mo is a hybrid of Reiki Tummo, Gtummo activationi and Kundalini Activation. This is what each attunement does in Reiki Kundalini Tu-mo:

Level 1 - Connects you to the source of Reiki Kundalini Tu-mo Energy - Cleans your physical and etherical bodies from all blockages, negative energy, and physical/emotional/spiritual diseases. Opens all major chakras- clears your shumsumna or main energy channel.

Level 2 - As above plus it cleans your two main nadis and 108 supporting nadis. Level two Gtummo Activationi or high repa level.

Level 3a (personal Master) - As above plus cleans all nadis - all chakras opened, activated, and cleaned further- Kundalini energy activated up to heart chakra-Gtummo booster.

Level 3b (Master Teacher) - As above plus-Kundalini energy activated up to crown chakra-pineal and pituitary glands activated. Third eye chakra activation - Gtummo booster - Authorization to give attunements to others.

RKT-M has strong Tibetan influences - activation of gtummo and kundalini, all usui/tibetan symbols are used in the structure of all levels.

The Practice of White Mahakala

By Ramon Martinez Lopez. The practice of White Mahakala is done to bring wealth and good fortune in the areas of family, business, knowledge and spirituality. The practice removes obstacles to the flow of prosperity and invokes positive energies.

ABOUT WHITE MAHAKALA

White Mahakala is a powerful deity of wealth and prosperity. He is a wrathful form of the deity of compassion, Avalokiteshvara. In this form, he demonstrates the compassionate activity of overcoming obstacles and attracting positive influences. His body is white and he is standing. He has six arms, each holding a different implement, and three eyes. He is adorned with jewelled ornaments and wears a beautiful skirt made of many scarves with jewels hanging down on the skirt. His main right hand holds a wish-fulfilling jewel mounted on a jewel-tipped handle in front of his chest. This emblem appears in pictures of deities associated with wealth.

Tibetan Gtummo

This is an Exoteric form of gTummo that is usually taken in the four separate levels in most forms of gTummo, but which can be done all at once in an emergency. It includes meditations for the four levels, and mudras that can be used for various health related conditions. The manual has full color examples of the mudras, and gives their uses for healing various physical complaints including such things as severe heart attacks, urinary tract problems, eyesight, colds, and incurable infections, just to name a few.

It also includes the words and symbols of power. Each level's Angkur (initiation) is sent one week apart.

Tibetan Reiki

This is a complete system of energy healing that assists in bringing your energies into balance and harmony. There are eighteen symbols that are taught and these symbols are similar to that found in many Eastern Philosophies. The course covers many topics including chakra empowerment, the gate to parallel dimensions, strengthening the Light Body, connection between Spirit and matter, cleansing and opening the third eye channels, revitalizing the chakra system, changing and replacing DNA, balancing the two sides of the body, receiving spiritual advice and guidance, knowledge of hidden mysteries, invocation of beneficial spiritual entities, Mental healing technique, Distance healing technique, Tree of Life meditation, Usui master mantra, Archangel Michael's sword technique, Solar Angels, Attunement procedures for in-person, distant, group and self-attunements, plus a special method using the assistance of the Solar Angels.

Tibetan Soul Star Reiki

From the ancient Reiki Mystery School of Tibet come many master symbols which were passed down to initiates on the Path of Realization or Enlightenment and to skilled healers. These are now being rediscovered to assist people in their own healing and ascension. Tibetan Soul Star Reiki is an energy system for Reiki Masters which will teach you symbols that help activate, clear and align the Higher Chakras and connect one to their Divine Higher Self and are designed to assist in the ascension process.

These symbols have been channeled by Joni Brestler and her Ascended Tibetan spirit guides with the assistance of Quan Yin. There are three powerful major symbols and two minor symbols including the symbol for

healing with joy. The symbols are keys which unlock consciousness and are to be used for healing and passing healing attunements.

Level 1 Master

- Chakras & Meditation with the Higher Self and Soul Star Chakra
- The Ascension Process
- Master Symbol for Higher Self Soul Star
- Higher Self Meditation, Esoteric Interpretation, Four Colour Meditation
- Reverse Higher Self Symbol
- Minor Symbol for Healing with Joy
- Meditation on the Soul Star Chakra, & Practice.

Level 2 Master

- Master Symbol for Tao Chakra, Becoming One, Interpretation and Use
- Symbol for Purifying Kundalini Energy, Practice
- Master Symbol for Cosmic Consciousness Chakra
- Serpent of Fire Symbol/Palm Symbol

Level 3 Master

- " Oneness", Master Symbol for Embodiment of Cosmic Chakra (also for Channelling, Manifestation and Protection)
- OM Symbol for Embodiment of Oneness
- Meditation with the OM symbol
- Modified OM Symbol
- Healing Attunement
- Water Ceremony
- Working with Guides & Angels
- Levels of Self with Meditation with Selves & Symbols
- Master Attunements

Tibetan Black Quartz

Founder: Hari Andri Winarso Tibetan Black Quartz Healing is a new form and powerful healing system. This energy works well in all aspects. Spirit : Tibetan Black Quartz Healing opens one to vastly expanded states of consciousness. These energies clear the auric field and fill the physical and energetic bodies with full-spectrum Light. Tibetan Black Quartz Healing assists the physical body in integrating and using this Light as needed for spiritual growth or repair. Emotional : Tibetan Black Quartz Healing aid in moving out of attachment to the emotions and into a higher perspective, where emotions are clues as to what still needs to be cleared and released from the energetic field. They assist one in practicing non-attachment and

non-resistance. Physical : Tibetan Black Quartz Healing is primarily used for healing and repair of the nervous system, including the myelin sheath, the brain and the nerve ganglia that generate the electromagnetic energies of the chakras.

Tsa Ra Empowerment

There is no pre-requisite. Tsa Ra is a phrase of Tibetan Mo Divinatory Syllables and represents wisdom experienced by beings who are enlightened. It means Sword of Flames or Great Fiery Weapon. It indicates power and influence inherent in the force of fire. It works in the energy field bodies, burns thoughts and transforms blockages in the physical, mental, emotional and spiritual bodies. It grounds other healing energy. Some other benefits are that it burns toxins, removes negative entities, burns disease, and releases all negative elements. It is a powerful energy!

Tsai Shen Yeh

Tsai Shen Yeh is a Taoist Wealth God who has power solve many kinds of problems. The legend of Tsai Shen Yeh is the following:

Tsai Shen Yeh was originally a follower of Confucius. But he felt there was no power in Confucianism. He wanted to live a long and healthy life. One day he had a chance visit with Lao Tzu who invited him to learn about Taoism. He became a fervent student of Taoism and eventually he became a Taoist master. He devised a system called Reifu which is a kind of spiritual calligraphy, a way to heal and become enlightened. He became famous for being able to heal the sick. People came to visit him, and he healed their illness using a combination of calligraphy and psychic healing. He became very popular and wealthy because of this. He made powerful medicine. He discovered potion that can also help people to become enlightened. He wanted to live a long life and help people. He had many spiritual powers.

Also known as Zhang Gong Ming, he is a powerful deity who brings good fortune and protection from disasters. He is described as being so benevolent and compassionate that he will answer all prayers and invocations made to him.

He is like a wish-fulfilling jewel making the monetary wishes of his devotees come true. Tsai Sheng Yeh is usually depicted riding a black tiger. Sometimes he is shown with a thick beard and a dark face.

In his hand he holds a whip, although in recent times he has also been increasingly shown holding a gold ingot.

Legends describe him as a former general of ancient China. Buddha appointed him as "Xuan Tan Zhen Jun" to take charge of the distribution of wealth and good fortune amongst the people.

Since then he has been distributing the treasures of the earth, in the process bringing good fortune to those who invite him into their homes.

His presence is said to ensure that businesses will be free of bad debts.

Little wonder then that most businessmen usually have an image of Tsai Shen Yeh in their homes and also on their business premises.

Tsai Shen Yeh Will Help You With:

- Bringing Good Fortune
- Wealth
- Solve Financial Problems
- Attract Prosperity at Home or Business
- Long Life
- Healthy Life
- Peaceful Life
- Become more enlightened
- Healing Treatments
- Healing Illness
- Enhance the Healing Powers of Herbs
- Protection Against Evil
- Protects from Disasters
- Fulfil Wishes

Tibetan Energetics

Tibetan Energetics works with empowerments, symbols, sounds and colors. It helps us to develop our auditory and tactile senses. It helps us to learn about the physical body and the meridian systems and allows our extra sensory perceptions to develop through training and practice.

The Tibetan Masters taught that healing rays directly related to the element forces, earth, fire, water, air and space. The five elements sum total of the Universe including man or the keys to the Universe. In this course you will be initiated into these forces by a powerful empowerment process for the purpose of purification. You will receive these special Tibetan mantras and empowerments. In Tibetan Energetics you are attuned to many healing colors and the energies of the elements.

The 2nd level uses 12 different Tibetan symbols to activate a very powerful energy which can be used for healing or Spiritual Enlightenment. This system came from a little known monastery in Tibet before the Chinese

Invasion and as such is a precious jewel. It holds the Flame of the Tibetan Masters of yesteryears!

Vajrasattva Bronze Dragon

Description from the founder, Stewart Farquharson : A ritual energy to remind us of True Self. In the far east they say each human has a pure Self. This is known as Vajrasattva. With this part of your being you know the Universe, and love, and act and exist in the great healing flow of things.

I won't call it your "Higher Self" because it is to your Higher Self as that is to you. It could be called your "True Self" or "Deep Self" .

White Tara Reiki

White Tara is sometimes called the Mother of all Buddhas and she represents the motherly aspect of compassion. Her white color signifies purity, wisdom and truth. The peaceful, compassionate White Tara is known for long life, healing and serenity. She is associated with longevity. She is the protective, helpful and comforting mother who shows limitless kindness, generosity and protection towards those who are tossed in the ocean of suffering. Her love heals the at the source of disease, bringing health, strength, longevity and beauty. She is also known as The Wish-fulfilling Wheel.