

SEICHIM PACKAGE DESCRIPTIONS



21 Taras

Tara has 21 primary emanations which perform different activities such as pacification, increase, etc. The different colors correspond with the 4 types of enlightened activity:

White represents the enlightened activity of pacifying, red represents power, black represents wrath, yellow represents increasing positive qualities, etc. Through this attunements you will be energetically connected to the 21 tara and their attributes. You will be taught the praises of tara so that you can transmute any negative qualities in your nature into light.

999 Seichem

The distant 999 Seichim attunement combines the energies of Seichim with the 999 high-frequency energies associated with the angelic realms.

The combinations of Seichim and 999 frequency energies aim to raise your vibration, heal, expand your awareness, amplify spiritual gifts and bring about the completion of cycles in your life. They nurture and support you whilst working through any change to provide the very highest outcomes. The energies also aim to reduce ego and help you view life from a place of being one with all.

The healing and compassionate energies of Seichim combined with the angelic high frequency 999 energies work beautifully together. They complement each other and give far more depth to the energies. Seichim gives more compassion and healing to the 999 energies. 999 energies give

Seichim more angelic and spiritual energies. It is truly a beautiful combination.

Abdu Netjeru

By Jens Soeberg, who says "Abdu is the kemetic (old Egyptian) word for Abydos (Greek). The basic energy is from Sekhem (SKHM/Seichim) created by Patrick Ziegler. The symbols are from different forms of Sekhem and Seichim. Then we have added 7 extra healing systems, 12 Netjeru initiations and 8 Abdu Healing empowerments".

Angelic Seichim

Prerequisites: Seichim Reiki Master and/or 7 Facet Seichim Reiki Master

Founder: Vincent Paul Amador. Archangel/Angel Seichim was developed by Vincent Paul Amador in working with Seichim Reiki or Seichim: 7 Facet System and angelic beings. This is a one-level method of connecting to this energy. This is not a separate system, but rather a different approach to working with energy and attuning. The information Mr. Amador provides regarding angels comes from his research into Christian, Gnostic, Kabbalistic, and other historical Apocryphal/religious sources.

This attunement works with the Archangels who are the Seven who stand before the Throne. Each of the Seven represents a different aspect of the energetic source: Michael, Raphael, Gabriel, Uriel, Jarameel (Ramiel), Raguel, and Sariel. Metatron and Shekinah will be called upon as balancing and centering forces. Additionally, there are three other Archangels that are included in this attunement: Jophiel, Raziel and Tzadkiel.

Archangelic Seichim

The distant Archangelic Seichim Reiki attunement aims to connect you to the beautiful energies of Seichim (and Reiki) and the Archangels.

This combination of Seichim energy and archangelic connections aims to provide a powerful, yet loving energy, which can be used as a stand-alone healing modality or alongside other energies.

The Archangel Seichim Reiki attunement connects you to the energies of the Archangels including Archangel Michael, Archangel Gabriel, Archangel Raphael, Archangel Uriel, Archangel Sariel, Archangel Raguel, Archangel Jarameel, Archangel Raziel, Jophiel and Archangel Zadkiel.

The attunement process is assisted by Archangels Metatron and Shekinah (the angel of unity and unconditional love).

Fusion Reiki

Fusion Reiki was introduced by Dr. Jason Storm in the year 2000. It was during a group attunement Dr. Jason received the symbol and the instruction for its use. The symbol was given the name "Fusion" as it was a combination of Usui, Seichim, Karuna Reiki and Chi Gong.

Gayatri Seichim

Gayatri - Goddess of Three Worlds. A new creative power has emerged as a specific practice that integrates two things, namely, the daily recitation of the ancient Gayatri Mantra (which is thousands of years old) and the modern-day healing practice known as Seichim. This new system of healing, called Gayatri Seichim, is built of the powers that have formed the universe and that trace out the Creation Process that creates all things in all places and in all times. It is through the invocation of these powerful tools of creation that a new solution is now available that has the power to heal the souls of millions of people and soothe the troubles of the world.

Western Usui Reiki and systems of Seichim do not contain daily practice techniques to help practitioners access, develop, and strengthen healing powers on all seven levels of existence (physical, emotional, astral, mental, causal, etheric, and spiritual,). They also do not contain a built-in system through which practitioners can work on increasing their own healing and creative powers.

In most cases, Reiki and Seichim practitioners have been led to believe that Reiki and Seichim healing power is the same for all practitioners and that it becomes available simply through an initiation process. This is far from the truth.

Gayatri Seichim gives you the tools needed to expand your powers through the addition of a development system that utilizes ancient Sound (mantra) and Light (yantra) technology. As you increase your healing power, you will also learn how to manifest any desire, since healing is nothing more than a portion of the spectrum of creation. To become a powerful healer, you need to first learn how to become a powerful creator.

If you are already an initiated Reiki or Seichim practitioner, Gayatri Seichim techniques offer you the unique keys capable of taking healing and creation to a newer and much more powerful level.

Golden Dragon 1 – 3

The Healing Order of the Golden Dragon. This life changing and very high intensity vibrational system is not for everyone and you must be called to the order of the golden dragon to accept its energies.

Important Information

~ You must be attuned to Usui Reiki or Seichim Master/Teacher Degree to pass this attunement onto others and to receive the 2nd level attunement. Proof of certification might be required if you have received these attunements from another teacher.

~ To teach this system to others you only need the first 2 levels. Level 3 is a more advanced and highly evolved energetic connection that is only taken by those who feel ready for this higher band of energy.

~ The Order of the Golden Dragon has a fixed fee system set by the founder. This must always be taken into account if you plan on teaching this system to others. More information about the fee can be found within the Order of the Golden Dragon manuals.

The Order of the Golden Dragon Course Description

The Order of the Golden Dragon is a line of healing that was recommenced on the 6th day of August 2000. This in itself is an incredible event due to this energy being lost for over 1,000 years. It is an ancient source of healing energy that has been used and then suppressed many times over the centuries. This is believed to be the source of the healing energy Saint Martha used in France. The connection died out in France but it was possible to bring forth the knowledge of the order during a group channeling in the year 2000. The continuation and teaching of the Healing Order of the Golden Dragon is to be spread by Seichim Master/Teachers around the world who have received the Golden Dragon 2 initiation. The Order of the Golden Dragon energy also works very well when used alongside Reiki and Seichem giving a powerful energetic movement that burns away dark or murky energies, replacing them with a pure universal golden light.

The Golden Dragon energies always open through the base of the person being treated which allows a flow of energy that travels through the body deep into our mother earth. This energy then pulls up a more solid or substantial earth-based energy into the body to allow repair of body tissue and cell structure. Each attunement within the Order of the Golden Dragon is a strong and intense spiritual experience.

The process is guided by a higher consciousness and the higher self-vibrations of the recipient and teacher. It is therefore completely safe. The attunements have also been known to help increase psychic sensitivity and a greater ability to manifest that which your heart desires. Many have even

reported experiences involving the opening of the third eye, an increased intuitive awareness, a sharper sensitivity to energies around and other psychic abilities after receiving an attunement. With time and practice these abilities will greatly increase as the natural channeling path opens further and sensitivity develops. You may notice a instant change or a more gradual shift over days, weeks, months and years after an initiation.

Once you have received an attunement, you will have the ability to channel that specific energy for the remainder of your life. It will never fade or weaken.

GOLDEN DRAGON HEALING ORDER LEVEL 1

Golden Dragon 1 can be taught after the Reiki 1 initiation. This first level makes a connection to the planet Earth allowing you to pull up the energy of crystals, minerals and metals for healing purposes (channeled through your grounding cord and lower main chakras). You will also be able to channel higher vibrational energies, mostly for emotional healing, through your higher main chakras. This first level includes information about this energy system and its first symbol. The Healing Order of the Golden Dragon attunements will tremendously increase your grounding as well as open your lower chakras to the energies of Earth and of Crystals/Gemstones.

Attunements should be followed by daily self-treatments for approximately 21 days.

PREREQUISITE: Reiki 1

GOLDEN DRAGON HEALING ORDER LEVEL 2

During your attunement to the Golden Dragon Healing Order level 2 you will be taught about what it means to be an official Golden Dragon teacher. This level also includes information about the second symbol and how to perform the attunements to levels 1&2. The 2nd level attunement is quite intense with its access to the higher chakras but it is also very grounding to a degree that it will greatly increase your grounding abilities.

Attunements should be followed by daily self-treatments for approximately 21 days

PREREQUISITE: Seichem 3 & Golden Dragon 2 (with at least 3 weeks between each level)

GOLDEN DRAGON HEALING ORDER LEVEL 3

The Healing Order of the Golden Dragon level 3 attunement is only available to those who have worked with energy healing on themselves and others for a long time and as a result have reached a very high level of spiritual development. The initiation to the Golden Dragon Healing Order level 3

directly connects you to both the higher and lower dimensions of reality as well as further activating your DNA to create dramatic changes within the energy bodies.

This third initiation actually creates a bridge between pure divine beingness or bliss and a way that humans can relate to it. You therefore become the bridge for these energies who no longer needs the interface of any avatars/teacher or guru to experience the Divine. The connection to higher dimensions is open-ended which means that it will grow as you develop (no need for further attunements within the Golden Dragon System).

Attunements should be followed by daily self-treatments for approximately 21 days.

PREREQUISITE: Golden Dragon 2 & Usui or Seichim Master/Teacher training. A lot of self healing and spiritual development work must also be undertaken before this level can be received. This is not for everyone

Green Tara Seichim

Seichim, a word (pronounced "SAY-keem") of unknown origin-but closely related to the ancient Egyptian word sekhem, which means life-force, or energy-is used to indicate a system of healing that many feel has ancient origins in Tibet. This practice is said to have been handed down from very ancient times.

Contents:

- What Is Green Tara Seichim?
- What Is Seichim?
- Ancient Origins
- Seichim and Buddhism
- Origin of the Cult of Tara
- Her Name
- More Than One Tara? The Two Wives
- Green Tara Relation to Amitabha
- White Tara
- About the Tara Mantras
- Who Is Tara and Why Do We Pray to Her?

- The Origin of Tara
- Why Do We Need to Practice Tara
- The Benefits of Tara Practice
- Green Tara and the Twenty-One Taras
- The Symbolism of Green Tara
- The Twenty-One Taras
- The Mantra of Tara
- Green Tara Heart Exercise
- The Popular Mantras of Some Forms of Tara
- Other Popular Forms of Tara
- Kurukulle (Wrathful Red/Black Tara)
- Norgyun (Peaceful Yellow Tara)
- Marici (Peaceful Red/Yellow Tara)
- Red Tara (Peaceful Red Tara)
- The Process of Using Green Tara Seichim
- 4 Tibetan Symbols to Use with the Green Tara Healing Energy
- Self-Empowerment Method
- Method of Green Tara Empowerment
- Tibetan Empowerment Method

The Green Tara Seichim course is available to current Reiki Masters.

Isis Seichim

ANYONE can receive this attunement, however, the prerequisite for those wanting to attune others is Reiki Master Level.

Seichim (say sheem) comes from the Egyptian word SekHem which translated into English means "Power of Powers".

Seichim is an ancient advanced form of hands on healing having sounds and symbols. It is said Seichim is the parent energy of all hands-on healing systems.

Although ancient in its essence, in modern times Seichim is often regarded as being new and exciting as well as much more than simply a hands-on healing technique.

Seichim is a feminine energy with the elements of air, fire and water that works very well in a person's energy field.

Lakshmi Seichim

A wonderful energy attunement to Goddess Lakshmi. This workshop includes a very good manual with a lot of Lakshmi information and practices.

Workshop Contents:

- Laxmi is the Goddess of Wealth, and Fortune, as well as luck, beauty, fertility.
- Laxmi Reiki Workshop is designed to bestow wealth and fortune.
- Laxmi Reiki Workshop Attunes and Initiates the Adept to special mantras.
- Laxmi Reiki Workshop Attunes the Adept to a special Yantra.
- Laxmi Reiki Workshop Contains a special Laxmi Heart Technique.

LW Eye of Horus

5th Dimensional Energies of Light -The New Higher Frequencies and The Eye of Horus Activation

The Eye of Horus Activation (EOH) is a gateway that connects you to the 5th dimensional energies of light and higher frequencies. The EOH Activation provides the opening that creates a reservoir of celestial energy within your own energy field. This reservoir of celestial energy then anchors and infuses your energy field then continuing the journey by going out to the universe and returning to you on a constant basis renewing itself within you.

Your connection with our Sacred Mother Earth is also strengthened and aligned and you are nurtured by our divine earth mother.

As we build this reservoir, we re-calibrate our physical, emotional, mental and spirit body, releasing old programming, negative patterns, and creating a stronger foundation or matrix.

This in turns activates more of our Divine Blueprint and can connect us more efficiently to our Light body access and hold more 5D light as we operate in our daily lives. This is particularly important as we approach 2012. The upcoming spiritual, consciousness and earthly changes that will occur around this time have been prophesied by many including the Hopi, Edgar Cayce, Gordon Michael Scallion and many others.

The Eye of Horus Activation works towards the awakening and full activation of your Light Body. There are many ways of working towards this and many reasons why you may wish to undertake such a venture. The course founder, Carol Ann Hessier says the following:

Your light body is the body of light you are developing as your next evolutionary step. Awakening your light body brings higher, finer frequencies of light into your physical, emotional and mental energy bodies. With these finer frequencies of light you are building, step-by-step, an awareness of the higher dimensions and yourself as you exist in them. As you awaken your light body you can experience many heightened, blissful, peaceful, loving, joyful and insightful states of consciousness. You can reach higher, expanded states, open your channel upward, and expand your consciousness to experience your Source directly. You can use these energies in many practical ways as well as to create the life you want.

- If you are you feeling a strong, inner desire to make significant changes in the way you experience your life
- If you would you like to expand your consciousness, deepen your sense of your life's purpose and grow in your ability to connect to your Source and your own inner knowing
- If you are ready to learn to merge your willpower with your heart and mind for balanced, harmonious living
- If you would like to learn to surf the chaos and navigate the flow of the energies that make up your Universe
- If you are on a path of accelerated self-growth

The EOH Activation can assist anyone who works with spiritual development systems or energy healing techniques though increasing their 'basal vibrational rate in order to raise consciousness and increase their natural resonance with high vibrational energy frequencies such as those channelled during Reiki and other energy healing modalities.

Maha Kali Seichim

Maha Kali Seichim Founded by Stephen Comee.

Contents:

- What Is Maha Kali Seichim?
- What Is Seichim?
- Ancient Origins
- Seichim and Hinduism
- Margot "Deepa" Slater Shares Her Story
- An Introduction to Maha Kali - Who Is Kali?
- All About Kali
- Various Forms of Kali
- Maha Kali the Transcendant Power of Time
- The 100 Names of Kali
- Writings on Kali, Mantras & Meditation
- The Dance of Time (by Sri Chinmoy)
- The Four Powers of the Mother (by Sri Aurobindo)
- Two Poems on the Mother (by Ramprasad Sen)
- The Mantras of Maha Kali
- Maha Kali Heart Exercise
- Maha Kali Yantras
- What Is a Yantra?
- Maha Kali Yantra
- Kali Yantra
- Kali (Mahavidya) Yantra
- Yama Yantra
- Kali Yantra Meditation
- Kalighat
- The Process of Using Maha Kali Seichim
- Symbols to Use with the Maha Kali Healing Energy
- Attunement Method
- A Simple Maha Kali Sadhana Practice
- The Mahavidya Sadhana of Kali

Pearlized Silver Seichim

Only a Reiki or Seichim Master Teacher can pass on a Pearlized Silver Seichim attunement to other people.

Pearlized Silver Seichim was founded by Mariah Windsong Couture.

The following is from Mariah's manual:

"Pearlized Silver Seichim upholds the frequencies of the energy streams each level of this energy system.

Level 1: Pearlized Golden Violet Silver Seichim. For clearing, spiritual growth and protection.

Level 2: Pearlized Royal Blue Silver Seichim. Intensive energy for alignment with Divine Will.

Level 3: Pearlized Silver Seichim Body. Brings attributes of all Seichim color octaves to wear around your body."

Phoenix Seichim

Phoenix Seichim is a system of new beginnings and the transformation of your spiritual self. Phoenix helps with any type of cleaning procedures. It works over blockages, releases deeply held fear, anger and negative emotions. Phoenix Seichim will help you to stop these negative patterns in your own life and others. You can stop any negative energy pattern.

Phoenix Seichim is an energy healing and enlightenment system which assists you in focusing at the soul-level of transformation. Phoenix Seichim will help to uplift the spirit of everyone concerned with a healing i.e. family members and to show us that even with severe issues there is always a way to rise above life problems and to transmute them back into light.

Rama Sekhem

Eight special high-energy symbols to access the divinepower, wisdom and love of Rama, probably the most important energy of the ancient world. Sekhem is the sacredness of this energy, its divine qualities and sacred features. Rama Sekhem is the Protection and Freedom given by Rama.

Some information on Rama:

Rama contains the Universe. From Rama emerged all the languages of the world. It is the most ancient and sacred mantra. Rama was a great warrior of justice. Rama was the avatar / manifestation of Vishnu who is equal in importance to Krishna. If you chant *Rama* you attain Paradise and you free yourself from all negativity and every sin. If chanted to a dying person or before dying, it frees the soul of all sins.

Rama Sekhem:

- Rama Sekhem offers a special Amrita (Divine Nectar) Attunement.
- Rama Sekhem strengthens the inner / divine Will and gives protection.
- Rama Sekhem bestows great healing power and healing light.
- Rama Sekhem brings forth the Amrita, the Divine Nectar that quenches all spiritual and healing thirst.
- Rama Sekhem aids in human communication issues and all throat problems.
- Rama Sekhem aligns the masculine, dynamic energy of the body with the etheric field and also with the emotional, mental and spiritual bodies giving a new balance for the self. Rama Sekhem restores the right side of the body, the masculine side.
- Rama Sekhem releases Karma and Barriers. Unifies all levels.
- Rama Sekhem Strengthens the Light Body and All Spiritual Bodies.
- Rama Sekhem gives strength and masculine qualities on all levels and areas.

Sa Sekhem Sahu

Sa Sekhem Sahu Empowerment - Increase Your Inner Power Sa means the breath of life; Sekhem means power or might; Sahu is the realized human. Sa Sekhem Sahu will balance and increase your personal power, bring you strength and transformation. This is an amazing and powerful energy that travels back not only to ancient Egypt but is said to from ancient Lemuria as well. For those who have a difficult time achieving a meditative state, chanting Sa Sekhem Sau can assist with helping you to meditate but also to achieve altered states of consciousness.

This energy can also bring you into closer unity with Goddess Sekhmet. The name Sekhmet comes from Sekhem, meaning strength or power. It means she who is powerful.

Seichim Reiki

Founder: Patrick Zeigler. Seichim (pronounced say-kim) is said to be the Reiki system as used in ancient Egypt . It is sometimes called Seichem, Sekhem or SKHM, although some people believe each spelling relates to a different form of the energy, I personally don't believe there is any real

distinction in these variant spellings and expressions. The word Seichim is an Egyptian word meaning power or might.

The Seichim attunement is very similar to a Reiki attunement, but brings in a slightly different vibrational energy type, which will always be available to you while healing. There is no need for you to consciously choose this alternate energy type, as it will be selected automatically when appropriate, however you can consciously select it using your Intent if your intuition suggests it.

In 1979 Patrick Zeigler spent the night in the Great Pyramid in Egypt. During that night, he was led to understand the healing art of Seichim (SKHM). He first introduced Seichim to other healers in 1984.

There are seven symbols included in the manual to accelerate personal development. Seichim, a complete healing system of wisdom, balancing both the yin and yang energies of power and transformation. Seichim is a living light energy as well as an ancient Egyptian of healing wisdom Patrick Zeigler rediscovered in the 70's.

Seichim complements and enhances traditional medicine. It is not a substitute for medical or psychological treatment.

Benefits of Seichim include: Improved quality of life, relaxation, stress reduction, clearing of addictive patterns, emotional stability, greater self-esteem, increased vitality and energy. Seichim works together with the unconscious, the Higher Self and the Angelic Guides. It opens the heart to create a multi-dimensional bridge of unity with the Source. It promotes balance, transformation, positive wellness and higher consciousness.

Sekhem Heka

Storm Constantine's new system, Sekhem Heka, is published in book form through Megalithica Books, and imprint of Immanion Press, in May 2008. Here is an overview of some of the system's components.

In Ancient Egypt, sekhem literally meant 'power' or 'might'. The term applied to gods and goddesses and was often part of the titles of pharaohs and queens. The sekhem sceptre carried by rulers and important officials was a physical representation of their earthly power. In recent years, the word sekhem has been reinterpreted to mean the energy of a healing system named after it, but that meaning is of modern not ancient origin. Sekhem, in its modern sense, is a form of healing that derives from a system called Seichim, which itself is partly a derivative of Reiki. Originally, the word heka meant 'magic' or 'magical power', and it was also the name of a god who presided over magic.

This system of healing and self-development derives from Storm's experience in the healing systems Reiki and Seichim and also in magical practices inspired by Ancient Egypt. Sekhem Heka is a system that incorporates energy healing as well as a structured series of rituals and path workings, focusing upon the energy centers of the body and associated Egyptian god forms. Storm formulated the system for a number of reasons. Primarily, she has a great interest in the goddess Sekhmet as do I and other Egyptian god forms and have worked with their energy for many years. Once Storm became a Reiki Teacher, and discovered Seichim/Sekhem, she was pleased to discover that some Teachers had combined energy healing with Egyptian symbolism and was keen to go down that path herself. Secondly, as Reiki initiation paves the way for self-development, storm wanted to provide a system for her students whereby they could combine their studies.

You do not have to be attuned to Reiki or Seichim to be able to use most of the Sekhem Heka system but for those unfamiliar with the term, an attunement is a short procedure, performed by a Teacher who has taken the highest, often called Master, degree of an energy healing system. Attunements are the core of the majority of healing models based on Reiki and its derivatives, during which a person becomes enabled to channel universal life energy (chi or ki) through their body. Thus, the energy they utilize is not their own; it is universal energy channeled through them. It neither exhausts nor depletes you as you work with it. Anybody, whether they've been attuned to an energy healing system or not, can perform the meditations and rituals of this system and acquire the benefits from them.

The Origins of Seichim/Sekhem In the early 1980's an american gentleman named Patrick Zeigler underwent a spontaneous attunement while in Egypt which occurred within the great pyramid of Giza. It was an experience similar to that of Master Mikao Usui when he first acquired the ability to channel Reiki. Eventually, and sometime later after having taken his Reiki training, Patrick formulated a method in which he was able to pass on the same energies that he himself had received.

Over the years, as Reiki initiates learned how to work with Seichim, the two systems became fused, and now there are many crossovers between them, not least that Seichim attunement involves the use of Reiki symbols. (This is presumably because Patrick Zeigler used adapted Reiki attunements when formulating his initial Seichim system). Although Seichim and Reiki are mostly regarded as separate systems, channelling different energy 'rays', storm does not think the two can be separated, for the simple reason of the shared symbols. If Seichim attunements were performed without any recourse to Reiki methods, then that might not be the case, but they are, and this cannot be overlooked.

As with Reiki, many different branches of Seichim sprang up, and one of these was Sekhem. Although this was a term originally used by Patrick

Zeigler, who has experimented with various different names for his system, it has been adopted by other Teachers, some of whom have greatly added to or changed the system. Sekhem, typically, incorporates the Egyptian goddess, Sekhmet, who was a ferocious lioness deity in ancient times, but who also had a healing aspect. Sekhmet's priests were also physicians, so it's easy to see how this goddess fits neatly into the Sekhem healing system. It is Storm's strong belief that any experienced practitioner can connect to Sekhem Heka, through regular meditation and openness to its manifestation.

If you already regularly meditate or perform spiritual rituals, it should come easily. If you have taken Teacher degree Reiki or Seichim, the practices will undoubtedly feel more familiar to you, but to get positive results you simply need to want to experience them.

Shef - The Energy System of the Body As with most other energy healing systems, Sekhem Heka works with the seven energy centres within the body, which in this system are referred to as the shef – the whole system – or shefats, the individual centres. These words derive from an Ancient Egyptian term that means power, energy, or vigour.

The energy centres are commonly known in most systems as the chakras, the idea of which derives from Ancient India. The centres are visualised as spheres or lotuses of coloured light, ranging through the spectrum from violet to red. The Correspondences of the Shefats There are seven degrees in Sekhem Heka, and at each degree you will work with one of the seven shefats, beginning with Sen-t, the base shefat, which can be regarded as the seat of the animal self, survival fears, the fight or flee response. Qemhu, the crown shefat, is regarded as the 'highest', being connected with the higher self, spirituality and higher consciousness.

Seven Facet Seichim

7 Facet was developed by Tom Seaman and Ken Lowery. This system itself has an infinity meditation and 5 symbols. This system has 7 levels or facets. It uses meditative practices and other techniques in addition to traditional Reiki material.

Part 1 of the manual contains:

- The introduction to Seichim

Part 2 of the manual contains:

- The history and contemporary views of Seichim

Part 3 of the manual contains:

- Meditations
- Infinity Meditation
- Zara Meditation

Part 4 of the manual contains:

- Symbols

Part 5 of the manual contains:

- Techniques
- Hand Placements
- Chi Balls
- Grounding
- Treatment
- Cosmic Bank

Part 6 of the manual contains:

- Suggested activities and healings

The manual also contains information on the 7 facets and the 7 facet attunements process.

Soul Star Seichim

Sekhem is an Egyptian word that means power. Sekhem is also the Egyptian equivalent of the Indian term prana and the words chi and ki as used in the Orient to denote the all-encompassing force that holds the universe together and is present in all life.

Reiki is a Japanese word meaning universal life force. Reiki and Seichim are standalone healing systems that until recently have been taught and applied separately.

Soul Star Reiki is a healing matrix that is a unique integration of these three related, yet distinct, multidimensional energies. Sekhem, Seichim and Reiki work together as a unified trinity of sacred healing energies to completely balance and harmonize a person's physical, emotional, mental and spiritual bodies. This expands the individual's capacity to carry more light and love and anchors and grounds the essential life force within his or her energy system.

Soul Star Seichim is an energy system that encompasses the full spectrum of electromagnetic frequencies available from the Source of ALL LOVE. Each of its three components plays a specific role that when combined with the others creates a unique synergy. Reiki anchors and grounds the healing vortex of the universal life force in the physical and subtle bodies and into

the Earth. Reiki also assists in the early stages of opening the doorway or portal to accessing the many levels of one's higher nature. Where Reiki leaves off in this latter function, the multidimensional living light energy of Seichim takes over.

Seichim dissolves barriers to the higher self, activates and strengthens the light body and opens and enhances one's connection to his or her angelic guides, the ascended masters and the Source of ALL LOVE.

Plus 3 free bonus PDFs:

Connecting with Sekhem

Ka-Shen Sekhem

Sekhem LOA Basic Manual