# HINDU ENERGIES PACKAGE DESCRIPTIONS



#### Ashta Lakshmi

Ashta Lakshmi assists you to make energetic connection to Lakshmi and her Divine Blessings .

Goddess Lakshmi means Good Luck to Hindus. The word 'Lakshmi' is derived from the Sanskrit word "Laksya", meaning 'aim' or 'goal', and she is the goddess of wealth and prosperity, both material and spiritual.

Lakshmi is one of the mother goddesses and is addressed as "mata" (mother) instead of just "devi" (goddess).

As a female counterpart of Lord Vishnu, Mata Lakshmi is also called 'Shri', the female energy of the Supreme Being. She is the goddess of prosperity, wealth, purity, generosity, and the embodiment of beauty, grace and charm.

Lakshmi is the household goddess of most Hindu families, and a favorite of women.

#### The Lakshmi Form:

Lakshmi is depicted as a beautiful woman of golden complexion, with four hands, sitting or standing on a full-bloomed lotus and holding a lotus bud, which stands for beauty, purity and fertility. Her four hands represent the four ends of human life: dharma or righteousness, "kama" or desires, "artha" or wealth, and "moksha" or liberation from the cycle of birth and death. Cascades of gold coins are seen flowing from her hands, suggesting that those who worship her gain wealth. She always wears gold embroidered red clothes. Red symbolizes activity and the golden lining indicates prosperity. Lakshmi is the active energy of Vishnu, and also appears as Lakshmi-Narayan - Lakshmi accompanying Vishnu.

#### **Ashvins Kumaras**

Founder: Ramon Martinez Lopez. The Ashvins or Ashwini Kumaras (Sanskrit: अश्विं 4; aśvin-, dual aśvinau), in Hindu mythology, are divine twin horsemen in the Rigveda, sons of Saranya (daughter of vishwakarma), a goddess of the clouds and wife of Surya in his form as Vivasvat. The Ashvins are Vedic gods symbolising the shining of sunrise and sunset, appearing in the sky before the dawn in a golden chariot, bringing treasures to men and forestalling misfortune and sickness. They are the doctors of gods and are devas of Ayurvedic medicine. They are called Nasatya (dual nāsatyau "kind, helpful") in the Rigveda; later, Nasatya is the name of one twin, while the other is called Dasra ("enlightened giving"). By popular etymology, the name nāsatya was analysed as na+asatya "not untrue"="true".

The Ashvins avin- "possessor of horses", "horse tamer", "cavalier", dual avinau or Ashwini Kumaras are divine twin horsemen mentioned in the Rigveda. They are twins with head of a horse but the rest of the body of human beings; Lord Brahma granted them the boon that they will be extremely handsome and will have knowledge of Ayurveda.

Ayurveda is the science of life, the first recognized ancient medicine.

They are the luminal deities, the spiritual strength which enables man to transcend the conscious mind in their quest for truth. They are resonant with light. They are the incarnation of joy, laughter, action, determination, intelligence and compassion.

In the epic Mahabharata, King Pandu's wife Madri is granted a son by each Ashvin God and bears the twins Nakula and Sahadeva who, along with the sons of Kunti, are known as the Pandavas.

Repels negative energy, and opens a path to the light, spiritual healing light,.

The Ashwinis chose compassion over everything and healed countless lame people and restored sight the blind. They had the ability to restore youth and vigor to the aged and decrepit.

Some people have translated their name to be Horsemen from Ashwa the horse, which they ride. The horse is a symbol of the life breath energy or prana, and it indicates the Ashwinis 'perfect control over the breath as well as explains their dazzling speed.

The energy opens and cleans your new pranic channels.

The frequencies of light on earth have been changed recently. So vital energy too, our bodies too, it is a good empowerment to manage your etheric energy and spiritual energy with no so much effort. And distribute- store it in your physical body.

you receive the celestial knowledge of:

Medicine skills.

- Abundance, prosperity.
- loving fulfilling relationships.

You are empowered to ashvini stars light frequencies also.

They are of White-gold colors madden.

These stars are alpha-betha arietis.

These light frequencies are good for strengthen your aura and protect you when doing healing work.

#### About kumaras

According to certain esoteric, mystic and gnostic traditions, Sanat Kumara (eternal youth in Sanskrit) and 144,000 souls from planet Venus came to Earth in her darkest hour to hold the light of God.

Notable beings in the 144,000 include Jesus, Gautama Buddha, and Maitreya Buddha.

Sanat Kumara is the great guru, saviour of Earth. Believers see him in all the major religions, as Skanda/Kartikkeya in Hinduism, Brahma-Sanam Kumara in Buddhism, Ancient of Days in Judeo-Christianity and Ahura Mazda in Zoroastrianism. It is also considered that Sanat Kumara is Al Khdir (green man) known to Sufi Muslims (According to Dakshinamurti).

A shrine to Sanat Kumara which attracts and unites people of all religions and faiths is situated in the town of Kataragama, Sri Lanka.

In the Alice Bailey and Theosophical literature he is called Sanat Kumara or Raudra Chakri - the Buddhist ruler of Shambhala".

#### **About Prana**

Prana is the sum total of all energy that is manifested in the universe. It is the vital force, Breath is the external manifestation of Prana. By exercising control over this breath, you can control the subtle Prana inside. Control of Prana means control of mind. Mind cannot operate without the help of Prana. It is Prana that is intimately connected with the mind. Prana is the sum total of all latent forces which are hidden in humans and which lie everywhere around us. Heat, light, electricity, magnetism are all the manifestations of Prana. Prana is related to mind; through mind to the will; through will to the individual soul, and through this to the Supreme Being.

The seat of Prana is the heart. Prana is one; but it has many functions to do.

#### Ashvins Attunement

The Ashvins or Ashwini Kumaras in Hindu mythology, are two Vedic gods, divine twin horsemen in the Rigveda, sons of Saranya (daughter of Vishwakarma), a goddess of the clouds and wife of Surya in his form as Vivasvat.

The Ashvins symbolise the shining of sunrise and sunset, appearing in the sky before the dawn in a golden chariot, bringing treasures to men and averting misfortune and sickness.

The Ashvins are the doctors of gods and are devas of Ayurvedic medicine. They are represented as humans with head of a horse.

They are also called Nasatya (dual nāsatyau "kind, helpful") in the Rigveda; later, Nasatya is the name of one twin, while the other is called Dasra ("enlightened giving").

# **Ayurvedic Reiki**

This system empowers your body, mind and spirit. This is created by combining energies of the great Ayurveda and Reiki. This is not only confined to be a healing system but also involves spiritual growth. This system awakes Kundalini and attunes you for the vital energy frequencies of Ayurvedic Medicine, Mantras, Colours, Planets, Panchamahabootas (Earth, Water, Fire, Air & Space).

## **Banyan Tree Empowerment**

Also known as the Wishing Tree. Banyan trees are sacred in South Asia and throughout the world. The tree represents eternal life because it supports its expanding canopy by growing special roots from its branches. These roots hang down and act as props over an ever widening circle, reflecting the Sanskrit name bahupada, meaning 'one with many feet'. In Hindu culture, the banyan tree is considered sacred and is called "Vat Vriksha." God Shiva as Dakshinamurthy is nearly always depicted sitting in silence under the banyan with rishis at his feet. It is thought to symbolize eternal life due to its seemingly unending expansion. Buddha is believed to have achieved enlightenment in Bodhgaya in India while meditating under a banyan tree.

#### Coco de Mer Waterfall

Deep in the Seychelles islands off the east coast of Africa are the curious and rare coco de mer palms. The male tree has giant catkin flowers which are phallic. The female tree has large double-nuts which resemble female parts. Some scientists thought this tree was the original Tree of Life species from the garden of Eden.

#### Dhuni Reiki

India is the homeland of the wandering holy men and women who are seeking moksha, enlightenment, by renouncing the ordinary world of village and farm. This Reiki seeks to take you with them on their journey and to step up your energy practice to greater freedom and peace and effectiveness.

## **Durga Shakti**

Goddess Durga is the mother of the universe and believed to be the power behind the work of creation, preservation, and destruction of the world. Since time immemorial she has been worshipped as the supreme power of the Supreme Being and has been mentioned in many scriptures - Yajur Veda, Vajasaneyi Samhita and Taittareya Brahman. The Meaning of "Durga" - The word "Durga" in Sanskrit means a fort, or a place which is difficult to overrun. Another meaning of "Durga" is "Durgatinashini," which literally translates into "the one who eliminates sufferings." Thus, Hindus believe that goddess Durga protects her devotees from the evils of the world and at the same time removes their miseries.

#### Dzambhala Reiki

The origin of the Dzambhala Wealth Gods is very interesting. It is said that a revered high Lama, Lama Atisha, was walking alone when he found a man starving and near death.

After looking around and unable to find food for the old man Lama Atisha cut flesh from his own body and offered it to the starving man. The man refused to eat the Lama's flesh.

Being depressed and not knowing how else to help the man nearing death the Lama sat down next to him.

At that point there was a blinding bright white light and before Atisha appeared the Buddha of Compassion, the Thousand-Armed Avalokiteshwor Chenrezig.

The Buddha told Lama Atisha that he was going to manifest himself as the God of Wealth, Dzambhala, and assure that those in poverty would suffer no longer.

Jambala (Dzambhala) is the God of wealth and appropriately a member of the Jewel family.

In hindu Mythology Jambala known as Kuber. Jambala is also believed to be an emanation of Avalokiteshwor Chenrezig, the Buddha of Compassion, manifesting as the wealth-giving Buddha

THE 5 DZAMBHALAS OF WEALTH AND ABUNDANCE COLORS ARE:

lack (for long life to enjoy abundance and life),

White (purification of obstacles to wealth),

Red (wish fulfilling jewel and compassionate energy)

Green (magnetising or attracting wealth), and

Yellow-gold (great enrichment and flourishing of wealth).

All five Dzambhala energies are viewed as protectors of weath, abundance and prosperity.

Ddzambhala Reiki Will Help You:

Each Jambala has their own mantra and practice to help eliminate poverty and create financial stability.

- Prosperity
- Wealth
- Abundance
- Enjoy Abundance
- Enjoy Life
- Long Life
- Purification of all Obstacles to Wealth
- Fulfilling your Projects
- Fulfilling Your Wishes
- Increase Income
- Eliminate financial Worries
- Increase Wisdom
- Gain material & Spiritual Benefits
- Dispell Bad Karma
- Good Health
- Cure Diseases
- Dispell you from any Disaster
- Stop Suffering
- Become Popular
- Eliminate Resentment

Dzambhala Reiki has 5 separate attunements.

## Magickal Force of Kalasha

By Hari Winarso. Kalasha is a symbol of abundance and "source of life" in the Vedas. It is referred to as "overflowing full vase" in the Vedas. The Kalasha is believed to contain amrita, the elixir of life, and thus is viewed as a symbol of abundance, wisdom, and immortality. The Kalasha is often seen in Hindu iconography as an attribute, in the hands of Hindu deities like the creator god Brahma, the destroyer god Shiva as a teacher, and the goddess of prosperity Lakshmi.

Magickal Force of Kalasha was channelled to infuse Divine energy and re-program your energetic body to become an abundance magnet. You will have a powerful magnetic field around you to attract windfalls, attract money, and attract financial blessings from all directions.

Magickal Force of Kalasha helps to synchronize you and the law of attraction. So besides becoming an abundance magnet, you will also attract all good and beautiful

things, and make you easily receive any wonderful gifts from the Divine. It will help you to always believe everything happens for your highest good.

Magickal Force of Kalasha also assists you to have a strong connection with the Divine, Your Higher Self and Higher Beings to more fully explore and understand the universal and spiritual knowledge, awaken your spiritual wisdom, intuitive awareness and highest potentials within you.

# **Gaia's Blue Lotus Overlighting Deva**

The Blue Lotus is the symbol of victory of the spirit over the senses and signifies the wisdom and knowledge. It is the embodiment of perfection of wisdom and represents the wide open eyes of the awakened one.

# Holy Gaja

Gaja is a Sanskrit word for elephant, and the elephant is one of the significant animals referenced in Hindu scriptures, Buddhist and Jain texts. The Gaja characteristic of being sacred has its origins by being the animal that would bring flowers and carry the gem of wishes to Buddha. Gaja are very important animals not only for Buddhism but also for the oriental cultures in general. Holy Gaja carries a very wide range of many benefits. Some of these benefits are:

- abundance, fertility and richness
- boldness, strength and royalty
- wisdom
- good luck
- power
- carefulness to longevity.

## Indian Reiki

Indian Reiki is a holistic healing system which uses Universal energy. It has been processed by Kuthumi before Mikao Usui was given the Reiki energy. It was given first time to Gatot Handoko from Indonesia while he was channeling to Kuthumi. Indian Reiki is a combination between Reiki energy and 5 new symbols. It is specially designed to help the heart chakra and uses a simple method in healing. Some functions of Indian Reiki are:

- Medical healing
- Emotional cleansing
- Non-medical healing
- Harmonic process heart to Universe
- Harmonic process body to Universe

#### **Kadesh Love Empowerment**

Founded by Maria João Sereno. (Mahanada Dhyanadhara) Qadesh (Qedesh, Kadesh, Qetesh, Qudshu) originally a Semitic deity whose worship was imported into

Egypt during the New Kingdom. She was a goddess of nature, beauty and sexual pleasure.

Kadesh will empower you with:

- Sexual pleasure;
- Sacred ecstasy;
- Harmonize marriage;
- Female power;
- Arouse passions;
- Fertility.

# Kalakdhara (Kanakdhara) Empowerment - FREE

By Hari Winarso. The light of wealth and prosperity mantra. Shri Kanakdhara is a Vedic Goddess who removes obstacles to prosperity and bestows wealth or financial stability. Worship of this goddess is also to invoke the blessings of Lord Vishnu and Goddess Lakshmi for complete happiness and success in life. Kanakdhara is often symbolised with a Yantra.

This empowerment works to attract wealth, prosperity, financial stability, success and happiness. Attunement for this system will connect you with the divine lights of Kanakdhara. Not only to all that, it will also protect your wealth, prosperity and all good things in your life from evil, bad fortune, danger, etc.

Only with one attunement will Kanakdhara Empowerment work automatically in your life without activating anything again, but that will still work as long as you always remember to make a dharma for anyone that needs your help, make a dharma for all sentient beings.

## **Kali Ma New Moon Empowerment**

New Moon is the time for rebirth ,a time to let go of what has been and forgive ourselves of whatever wrongs we think we may have done and begin anew .In many cultures New Moon is the beginning of the new month .It Also represents a time of spiritual rest when we can contemplate what we want in your lives and plant the seeds of those desires that they may grow with the lunar cycle .We can call upon the knowledge and wisdom of the Ancient ones and Elders to guide us in this work. This new moon empowerment calls to the Mother Kali Ma.

Kali, a Hindu goddess, has been called more than 100 different names. She is God's power manifest in the feminine trinity of Maiden, Mother, Crone. Kali is also related to the root chakra which is home to the Kundalini. When this chakra is out of balance we may feel:

- Lack of trust in a natural process of life
- Worried and fearful of the future and our ability to meet obligations
- Easily overwhelmed by life

- No energy, tire easily
- · Losing control of emotions

Physical indicators of blockages in the root chakra:

- Pain in legs and feet
- Osteoporosis
- Lower back pain
- Constipation
- Digestive problems
- Varicose veins
- Skeletal problems
- Stress -related ailments

#### Kali Shakti Reiki

By Hari Winarso. Kali Shakti Reiki has a strong connection energy with the divine power of Goddess Kali. It was channeled to help you to be free from hard diseases or health disturbances. This powerful energy will also removes black magick, psychic attacks and magickal dangers, and also protects you from them. Kali Shakti Reiki is also helps you to remove the fear and worry in your life that become a blockage for you to manifest your wish or desires.

## Kalpataru Kalpavriksha Empowerment

It is an Indian mythological concept, prevalent from ancient times. The Kalpavriksha is one Of the five trees of Indra's paradise known to fulfill all desires, it is the wishing tree, the tree of plenty.

Symbolically, the Kalpavriksha is the symbol of one's identity and its potential. The roots are the deepest spiritual dimensions and the trunk's constitution. The Branches, leaves and fruits represent our constitution, abilities and skills, actions and achievement. Kalpavriksha is a mythological, wish-fulfilling divine tree that is a common trope in Sanskrit literature from the earliest sources onwards. Rig Veda (1.75; 17.26).

Kalpataru is the supreme power or Eternal Force emanated from spiritual waves and Everyone in the surrounding area was engrossed by his divine touch. There is no gap between the desire and its fulfillment. There is no gap between a thought and a thing. You think and immediately it becomes a thing; The thought realizes automatically.

The kalpatarus trees are nothing but symbolic for the mind. Both are creative, Creative with its thoughts. Whatsoever you think, sooner or later it is fulfilled. Sometimes The gap is such that you have completely forgotten that you had wanted it in the first place; Sometimes the gap is of years, or sometimes of several lives. So you cannot connect the source. But if you look deeply you will find all your thoughts are creating you and your life. They Create your hell, they create your heaven.

They create the positive. Both are illusory-the Pain and pleasure, the sweet dream and the terrible nightmare, both are illusory. Kalpataru is the supreme power or Eternal Force emanated from spiritual waves and Everyone in the surrounding area was engrossed by his divine touch.

These energies can have transforming effects on the lower brain, middle and higher brain. As the mental energies manifest in our lives most Will stalk from our emotions, survival and will have a much greater Impact on the physical well-being of a creature.

On the energy level, this Is represented as a stronger link between your third eye, solar plexus Chakras and feet.

The higher energies that this attunements give you Access to will facilitate deep healing and transformation within your Higher brain but also within your lower brain, your thought patterns, Beliefs, manifestation power and psychic abilities.

This is represented as a stronger link between your third eye, your higher self and a lot Higher aspect where uniqueness does exist and where the thoughts are Expressed in their simplest form as pure thoughts and intentions.

These symbols can transform your electromagnetic field into different Levels of consciousness. The work like antennas in your energy field:

Tabudo works on celestial energy level and connects your higher brain wishes of total and Infinitive soul connection in radar transmission of shinning complete soul. It is the Union with your soul.

Linshudo Earth being transmission Linshudo activates the energy on your feet to manifest your earthly desires.

Lenshafi Transmitting of being desires. It is The Harmonic transmission and balance of the higher And lower mind desires. Desires coming from the soul and earthly desires. Pushela Pushela is an Infinitive Transmission of Being Power. Peace transmition like an antenna Connecting with the power and identifying your uniqueness of being. Releasing illusory Higher thought forms.

## Kriya Reiki

I accept myself as I am I love myself as I am I recognize the Divine within me I Divine Worship within me

Pronounced Kree Yha means perfect balance and action

Kriya and 'physical manifestation, balances energy increases awareness and turns thought into action.

Kriya Reiki and 'a healing method that can' bring the perfection of ourselves we cannot expect to heal others if we are not in perfect balance ourselves first we have to heal our thoughts, lack of confidence in ourselves or mental confusion and emotional.

Kriya Reiki and 'a self - healing of vital importance to do on ourselves before giving healing to others, these methods are very simple fact, teach the thought and meditation to release autoguarigione...sarete freed from all worries disturbing.

## Lingga Yoni Fertility

Founder: Hari Andri Winarso. Lingga Yoni Fertility are extremely useful for those with fertility problems. If used on a regular basis these systems are renowned to diminish infertility. Lingga Yoni Fertility is not only useful for fertility, but also for increasing the sex appeal, harmonizing relationships, strengthening the bond between lovers and couples, and many other benefits that you? Il find in your practice.

Lingga Yoni Fertility is consists of:

- Lingga Yoni Fertility Attunement: After you have receive Lingga Yoni Fertility Attunement, you can access the energy form of Lingga Yoni Fertility.
- Lingga Yoni Fertility Activation: This is to activated the Lingga Yoni Fertility. Activate Lingga Yoni Fertility every morning when you have get up from sleep, and make this as your daily activation / affirmation, then this activation works well to strengthen your sex appeal and charisma.
- Lingga Yoni Fertility Healing: This is to heal your physical and subtle body, removing all causes of fertility problems, sexual disfuctions, etc. You can using this to heal yourself or others.
- Lingga Yoni Fertility Symbol Meditation: This is a meditation that using Lingga Yoni Fertility Symbol. This meditation has benefits to strengthening the bond between lovers and couples, and etc.

#### **Lord Dhanvantari Empowerment**

Dhanvantari (also Dhanvanthari) is an avatar of Vishnu from the Hindu tradition. He appears in the Vedas and Puranas as the physician of the gods (devas), and the god of Ayurvedic medicine. It is common practice in Hinduism for worshipers to pray to Dhanvantari seeking his blessings for sound health for themselves and/or others.

## **LW Ganesha Empowerment**

Ganesha is considered to be the remover of all obstacles in life and, in India, few ventures are begun without first offering homage and worship to Ganesha to bring total success. With this Empowerment you invite the energies of Ganesha into your heart and life so that he may bring you success in all that you do.

He is also worshipped as the god of education, knowledge, wisdom and wealth. In fact, Ganesha is one of the five prime Hindu deities (Brahma, Vishnu, Shiva and Durga being the other four) whose idolatry is glorified as the *panchayatana puja*.

Ganesha is also the destroyer of vanity, selfishness and pride. He is the personification of material universe in all its various magnificent manifestations.

## Magickal Bhima Essence

By Hari Winarso. In the Hindu epic Mahabharata, Bhima or Bhimsen is the second of the Pandavas. The Mahabharata relates many events which portray the immense might of Bhima. Bhima is responsible for slaying all hundred Kaurava brothers in the Kurukshetra War. (Wikipedia)

Magickal Bhima Essence was channeled to strengthen your physical power and makes your stamina become more powerful. It will stimulate all parts of your body at the cellular level to increases your agility, dexterity, balance, flexibility, endurance, stamina, reflexes.

Magickal Bhima Essence helps to build positive thoughts and optimism. You will always have the courage and more spirit to facing anything, any challenges that confront you.

It will help you to always survive, getting stronger in any condition and situation, even in a very hard condition and situation.

# **Magickal Bhumi Empowerment**

Bhumi or Bhumi-Devi, also known as Bhuma-Devi, Bhu-Devi, Prithvi, Dharthi, Dhaathri, Dharani, Vasudha, Vasundhara, Vaishnavi, Kashyapi, Urvi, Vasumati and Hiranmaya, is the Hindu goddess representing Mother Earth. Magickal Bhumi Empowerment was channeled to creates a strong connection between you and Bhumi-Devi. The energy of Magickal Bhumi Empowerment are great for protecting against negativities and helps to absorb chaotic thoughts and relieve stress.

It cleans any negativities and negative karma from the past and present time who becomes blockages for blessings and positive things come to our life. After cleans and removes the negativities, the power of Bhumi Vajra will attracts blessings from the Earth, attracts good-luck, abundance and prosperity from all directions for us.

## Magickal Brahmi Essence

Magickal Brahmi Essence has an energy that is effective to soothe and relieve stress and tiredness. It will leave you feeling relaxed and refreshed. It can be also very helpful in stabilizing mood swings. If you suffer from insomnia, this essence can even assist to improve your sleep.

Magickal Brahmi Essence works to improve memory, concentration and to increase your intelligence. It will stimulate and expand the efficiency of your mind, so you can think fast, be sharp and have clear focus. Use this essence before time in Spirit or with

meditation to deepen and accelerate spiritual practices. You will have a pure and clear mind and a change in your consciousness.

#### Maha Kali Seichem

Ancient Origins of Knowledge of other ancient healing systems sheds light on the pre-Usui origins of Reiki. The Hindu and Tibetan Buddhist devotion to Kali the Mother and Maha Kali is normally thought of as just performing sadhana (daily prayer rituals) and reciting her mantras. However, taught orally from teacher to student, there was also a healing system that is similar to the Reiki/Seichim method of initiation and attunement.

In another aspect the Mother Divine is called Maha Kali. In this aspect she is the warrior Mother who is fighting all the time against the hostile forces, against human imperfection, limitation, bondage and death. At the same time, she is all Compassion for the sincere seekers. In all Her divine aspects, the transcendental Mother is full of Compassion, but in this aspect she is undoubtedly the Mother of Compassion. Maha Kali has more Compassion than the others, for she does not allow anyone to cherish imperfection in the physical plane, the vital plane, the mental plane, or in any other plane. It is her infinite Compassion that frees men from the fetters of ignorance.

You receive a 49 page manual which includes:

I. What Is Maha Kali Seichim?
What Is Seichim?
Ancient Origins
Seichim and Hinduism
Margot "Deepa" Slater . . . Shares Her Story

II. An Introduction to Maha Kali Who Is Kali? All About Kali Various Foms of Kali Maha Kali The Transcendant Power of Time The 100 Names of Kali

III. Writings on Kali, Mantras & Meditation
The Dance of Time (by Sri Chinmoy)
The Four Powers of the Mother (by Sri Aurobindo)
Two Poems on the Mother (by Ramprasad Sen)
The Mantras of Maha Kali
Maha Kali Heart Exercise

IV. Maha Kali Yantras What Is a Yantra? Maha Kali Yantra Kali Yantra Kali (Mahavidya) Yantra Śyama Yantra Kali Yantra Meditation

- V. Kalighat
- VI. The Process of Using Maha Kali Seichim
- VII. Symbols to Use with the Maha Kali Healing Energy
- 1. KRĪM!
- 2. HŪM
- VIII. Self-Empowerment Method
- IX. Attunement Method
- 1. Synergy Reiki Method of Maha Kali Empowerment
- 2. Vedic Reiju Empowerment Method

## **Appendix**

1. A Simple Maha Kali Sadhana Practice The Mahavidya Sadhana of Kali

Levels: 1 Symbols: 9

Founder: Stephen Comee, 2002

Prerequisite: Reiki Master

# Mahamrityunjaya Mantra Empowerment

By Ramon Martinez Lopez. There are two Empowerments included in this system. Maha Mrityunjaya Mantra and breathing technique.

The Mahamrityunjaya Mantra (Sanskrit: महामृê 0;्युंज 351; मंत्र, mahāmrtyumjaya mantra "Great Death-conquering Mantra"), also called the Tryambakam Mantra, is a verse of the Rigveda (RV 7.59.12). It is addressed to Tryambaka, "the three-eyed one", an epithet of Rudra, later identified with Shiva. The verse also recurs in the Yajurveda (TS 1.8.6.i; VS 3.60)

The Maha Mrityunjaya Mantra was found by Rishi Markandeya. It was a secret mantra, and Rishi Markandeya was the only one in the world who knew this mantra. The Moon was once in trouble, cursed by King Daksha. Rishi Markandeya gave the Mahamritryunjaya Mantra to Sati, Daksha's daughter, for the Moon. This is how this mantra became known which according to another version is the Bija mantra as revealed to Rishi Kahola that was given by Lord Shiva to sage Sukracharya who taught it to Rishi Dadicha who gave it to King Kshuva through whom it reached the Shiva Purana.

It is also called the Rudra mantra, referring to the furious aspect of Lord Shiva; the Tryambakam mantra, alluding to Shiva's three eyes; and it is sometimes known as the Mrita-Sanjivini mantra because it is a component of the "life-restoring" practice given

to the primordial sage Sukracharya after he had completed an exhausting period of austerity. Its Devata is Rudra or Lord Shiva in his fiercest and most destructive roopa or aspect. In the Vedas it finds its place in three texts - a) the Rig veda VII.59.12, b) the Yajur Veda III.60, and c) the Atharva Veda XIV.1.17.

Mahamrityunjaya Mantra is the great mantra for conquering death for it protects against all threats and at the time of death eases the process of release. It is one of the more potent of the ancient mantras, a call for enlightenment and a practice of purifying the karmas of the soul at a deep level. It is beneficial for mental, emotional and physical health. It is also a moksha mantra which bestows longevity and immortality.

According to some puranas, the Mahamrityunjaya Mantra has been used by many Rishis as well as Sati during the time when Chandra suffered from the curse of Prajapati Daksha. By reciting this mantra, the effect of the curse of Daksha, that could make him die, slowed, and Shiva then took Chandra and placed it upon his head.

This mantra is addressed to Lord Shiva for warding off untimely death. It is also chanted while smearing Vibhuti over various parts of the Body and utilised in Japa or Homa (havan) to get desired results. While its energy protects and guides the intiates a mantra re-links consciousness to its deeper and more abiding nature and repetition of the mantra constitutes Japa, the practice of which develops concentration that leads to a transformation of awareness. Whereas the Gayatri Mantra is meant for purification and spiritual guidance, the Mahamrityunjaya Mantra is meant for healing rejuvenation and nurturance.

# **Majestic Conch Shell**

Conch shells are a spiritual symbol from the sea, which represents the vast expanses of the unconscious mind. They are also a divine feminine symbol associated with the goddess Venus who was born from a shell.

#### Om Empowerment

The OM Empowerment is part of a series of mantra empowerments that tap into the vibrational frequency of a particular mantra. OM (or Aum) is the mantra of primordial vibration – the sound that created the universe. OM is God in sound form. By meditating on OM, you connect to God. You uplift the consciousness and bring yourself that much closer to enlightenment.

Let Om be the bow, mind the arrow, and Higher Consciousness the target. Those who want enlightenment should reflect on the sound and the meaning of Om. When the arrow is released from the bow it goes straight to the target. - Dhyana Bindu Upanishad

#### Rama Sekhem

Eight special high-energy symbols to access the divine power, wisdom and love of Rama, probably the most important energy of the ancient world. Sekhem is the sacredness of this energy, its divine qualities and sacred features. Rama Sekhem is the Protection and Freedom given by Rama.

#### Some information on Rama:

Rama contains the Universe. From Rama emerged all the languages of the world. It is the most ancient and sacred mantra. Rama was a great warrior of justice. Rama was the avatar / manifestation of Vishnu who is equal in importance to Krishna. If you chant *Rama* you attain Paradise and you free yourself from all negativity and every sin. If chanted to a dying person or before dying, it frees the soul of all sins.

#### Rama Sekhem:

- Rama Sekhem offers a special Amrita (Divine Nectar) Attunement.
- Rama Sekhem strengthens the inner / divine Will and gives protection.
- Rama Sekhem bestows great healing power and healing light.
- Rama Sekhem brings forth the Amrita, the Divine Nectar that quenches all spiritual and healing thirst.
- Rama Sekhem aids in human communication issue sand all throat problems.
- Rama Sekhem aligns the masculine, dynamic energy of the body with the etheric field and also with the emotional, mental and spiritual bodies giving a new balance for the self. Rama Sekhem restores the right side of the body, the masculine side.
- Rama Sekhem releases Karma and Barriers, Unifies all levels.
- Rama Sekhem Strengthens the Light Body and All Spiritual Bodies.
- Rama Sekhem gives strength and masculine qualities on all levels and areas.

## **Shirodhara Healing Energy**

Shirodhara Healing Energy (SHE) assists to help with variety of neurological diseases such as, insomnia, hypertension, epilepsy, vertigo, mouth and ears disease, "third eye" therapy, cleanse negative energies from our daily activity (stress, pollution, anger, pressure and depression), it is also very useful for relaxation.

#### Sri Devi Dharani Empowerment

By Ramon Martinez Lopez. Recitation of *Sri Devi Dharani* in Sanskrit, can help you to eliminate poverty and all types of misfortune; to obtain prosperity, happiness, and good fortune in the near future; and to fulfil and perfect every wish in your relationship

without blemishes. Recitation of this mantra is mainly to ask for good fortune for a specific issue.

## The Hindu Triumvirate Initiations Level 1: Brahma, Vishnu & Shiva

The Hindu Triumvirate Initiations are a set of 3 attunements that are designed to connect you with the three main forms of Lord Brahman, the Supreme Spirit or Supreme power within the universe. The Hindu Triumvirate is the Hindu trinity of the primary aspects of the divine which consist of Lord Brahma, Lord Vishnu and Lord Shiva.

Brahma is known as the creator of the universe while Vishnu is called upon for the preservation of the world. Shiva's role is to destroy the universe in order for it to then be recreated. The unique aspects of the divine trinity can also be applied to your spiritual life in that through working with the aspects of each God you will learn how you can also gain the responsibility for the creation, upkeep and removal of all things that you no longer need or want in your own life.

The destruction of the old in order for the new to come through is a major challenge for anyone and this challenge is ruled by the ego mind/self. The Ego self never wants to release the energies which we have kept as part of our being for such a long period of time but it is through this releasement that you will be able to attract more of what you need and more of what you want in your life. Whether this be happiness, freedom, abundance or success. Everything is yours but you can only receive what you really want when you have made room for these blessings to come to you.

Through this system you will also learn about the many aspects of each God can and will be applied to your life in order to bring about the changes that you are wanting to achieve.

# The Hindu Triumvirate Initiations Level 2: Goddess Saraswati, Goddess Lakshmi & Goddess Paravati

Through the 2nd level you will also learn about how each of these consorts can bring through their own unique attributes to your spiritual growth. The 3 consorts of Lord Brahma, Lord Vishnu and Lord Shiva are the Goddess Saraswati, Goddess Lakshmi and the Goddess Paravati.