

After The Rain Empowerment



Purification

Copyright Notice: © 2008 and beyond by Nicole Lanning- Healing Art Forms. This manual may be given freely to students as long as the entire manual is kept intact and it is passed on in the pdf format that Nicole Lanning distributes. No text or portion of this manual may be copied or plagiarized, unless quoted briefly with credit as part of “fair use” in a review or other commentary. Other than the above exceptions, no part of this manual may be quoted, photocopied, faxed, duplicated, transmitted, emailed, electronically published or linked/posted to any website without the express written permission of Nicole Lanning. If anyone is breaking these copyright laws, please report them to me at Nklanning@aol.com or HealingArtForms@aol.com

Disclaimer: After The Rain Empowerment TM is not a substitute for any health professional, mental health care and/or of the like. As with all vibrational energy work it is in conjunction with these professionals, not as a substitute – and remember to never undertake any type of work without consulting the proper professionals.

After The Rain Empowerment

Water is elemental nature itself! Some even suggest that water is the soul elixir of life. Water, as itself, moistening, creating, interpenetrating, interlocking, connecting and uniting many many things.

The rainwater in the clouds is energized and metaphysically purified, then when flowing down, down, down to the earth and humans and animals alike brings this wonderful purification to us. It falls on the trees, plants, herbs, ground – cleansing and purifying everything it touches.

*Water energy can help purify, calm
and center you, reduce stress and heal!*



This energy is used to bring in relaxation, state of awareness and calm and purification. Water has always been a transporter device for emotions, energy and receptivity and is a representation of the universal energy. Have you ever gone outside when it is raining and just run around and have fun? Ok some of you have and some of you have not – but have you ever seen a child do this? Why do you think they are so full of life and happy? This is because they know – they

are having fun, being cleansed from their soul level to their physical level and all in-between. They are embracing life to the fullest and in every way! Next time it is raining outside, not thunderstorming, but just easily gentle rain – go outside and run around, or even walk and let the rain cascade down on you and feel the effects of the energy of the water essence and power wash over every energetic layer of your body!

***The Mysteries of Water:
“In Every Drop of Water Dwells a Deity”
Gail Thomas, Ph.D.***



What Can You Use This Form For?

This form is one that can be used at any time and anywhere. When you think of what happens after a rain, what images come to your mind? Fresh? Renewed? After the rain empowerment is one that washes away all of the negativity and stagnant energy residing in your auric layers and in your 7 main chakras and meridians. This is a washing of a sort, to remove the stagnant and nativity hiding or residing whether we know about it or not, it is there. This can be done

once a day, once a week, once a month or as often and frequent as you wish, as all it takes is one encounter with one negative person where the negativity is not protected from soaking onto your aura layers and developing in your chakras or meridians for this to happen, so this can be used as often and frequent as you see fit.

This is not an aura form, nor a chakra form, nor a meridian form – this is a cleansing form for all of these areas, as it is a washing away of the negativity, which we all can develop from time to time. This is a cleansing and healing use form but along with the cleansing we can develop more spiritual enlightenment as well – as the more clear we are the more open and aware we become which in turn develops on our spiritual path even further! This is also a nature based energy, hence the name AFTER THE RAIN.



Other things this new energy can do and help you on your spiritual and physical pathway through life:

- Purification of one's self on all levels
- Purification of water, food, medicines, people, places and things
- State of Awareness
- Inner Peace
- Soul Searching
- Lowering stress levels
- Healing the Earth (which is in need of any and all healing!)

How Do I Activate The Energy?

To activate the new energy all you have to do, once attuned, is simply state in a calm and relaxed manner:

***“I now wish to activate the
After The Rain Empowerment. Thank you.”***



It is not the exact words, as you can use what is most comfortable for you to use and say, as it is the energy and intention behind this that will activate this. I get asked a lot do I have to say things outloud or can I say them in my mind – and honestly whatever way feels more comfortable to you is what will work best for you, as everyone is different and everyone will respond and react differently to different forms and energy levels and vibrations. So please use whatever wording is most comfortable to you and your situation.

This activation will then stimulate the energy to start flowing. Now the people that I have first attuned to this, as well as myself, have felt an energetic rain flowing over us once we have been attuned and activated this energy. This may or may not happen for everyone, but if you do feel this you will understand why as this feels like an energetic rain shower washing all of the negativity and issues away so you are cleansed, purified, calm, releasing stress and balanced again.

Attunement Procedure

To pass on this empowerment to others, simply state in a meditation:

“I am now asking my guides and higher self to send the After The Rain Empowerment TM to (person’s name) at (person’s location) at this current time. Thank you for your help and guidance.”

If you wish to create a chiball, you can send this attunement in a chiball for the person to call in as in the procedure above. Create your chiball, program it for the person, location and the After The Rain Empowerment TM and close your chiball properly for the person to call in.

Additional Information

I am offering these new forms to the world to be able to share with those who have an interest in learning as well as those who have a hard time working on channeling or are not as far along in their path. Please respect this healing system and treat it with dignity in which it is presented to the world. You may charge for this system, but remember it is your time not the system it-self you are charging for. So please respect this system and my time and work in creating this for all to share and use. For these reasons, please do not give this system away freely, nor over charge for this system. The set price for this system is \$15 US Dollars.

There are no prerequisites for the attunement into this system, but of course basic knowledge of energy work is beneficial.

- The attunement for After The Rain Empowerment TM is done in a single session that lasts 20 min to complete.
- This manual may not be altered in anyway and should only be given to students of this system. It may not be sold separately or given away without an empowerment.

- All rights reserved by Nicole Lanning. This includes translations into other languages, all names and symbols, text and attunement procedures.
- After The Rain Empowerment TM may not be offered on ebay, yahoo groups or similar institutions.

I hope you find that this wonderful After The Rain Empowerment TM Energy a gift that enhances your life and spiritual path, as well as working through any transformation process you may be having. Please keep in touch and let me know how things are working with this system. If you have any questions, concerns, problems, etc please feel free to contact me, as I am here to help in any way I can.
Nklanning@aol.com or HealingArtForms@aol.com

Many Blessings and
Love and Light to you all!

Nicole Lanning
www.healingartforms.com



I will be offering my own spiritual drawings that have been channeled in during meditations and channeling sessions, so feel free to check out the artwork at our online store for the channeled artwork of this form & others here:

<http://www.healingartforms.com/newproducts.htm>