

MENTAL CLARITY, FOCUS & CONCENTRATION



Brain Layers Reiki – Ali Afnan

Brain Layers Reiki is a system channeled from the astrals. It is to enhance our capacity to retain knowledge, to have a good memory, and good healing powers.

You can heal:

- Memory Problems
- Anemia
- Slow Functioning Brain
- Mental Retardation
- Depression
- Scattered Mind
- Self Confidence
- Able to stand for themselves
- Low Self Esteem
- Split Personality.

Cognitive Upgrade – Mariah Windsong

Cognitive Upgrade is a delightful energy that helps your brain and mind make sense of more of the information you receive when in your spiritual journeys. It also helps you to function better here in this reality, while you are integrating spiritual downloads, divine codes of enlightenment. Cognitive Upgrade assists to reduce the "disconnect" feeling that people get when they've received a "download" from spirit. If you've ever felt like your soul or angels just dumped information and energy into you, but you can't quite access it, you may have received a download. Lightbody Integration assists you and your physical body to activate the divine codes to activate the divine instructions you receive from beyond this reality. This may change the molecular composition of your body in such a way that enables it to make use of and literally embody more of

your soul and Eternal Sacred Source. Lightbody is a spiritual and metaphysical term which refers to the energy matrix, aura or grid which connects you more fully to your soul and Divinity. Think of it as a living garment of light that encases your body, your spirit and your consciousness. That means that it is here and is able to move with you when you dream at night or are in meditation. Anytime your consciousness travels, it is clothed in your lightbody. This is a very important spiritual construct to maintain and integrate with your physicality. The faster a person's physical body can vibrate and still be in physicality, it is said to have a higher "light" quotient. It is easier to perceive spiritual realms when the body you are in is as "light" as possible. This is not true for all people, but for most. There are some very dense shamans who are incredibly skilled at moving their consciousness into other realms. People focused on the art of lightbody integration are also interested in shifting their entire body's molecular structure in such a way as to transcend various physical limitations. They feel that they may eventually be able to "take their body with them" for ascension.

Concentration Energy Empowerment – Nicole Lanning

This will work on issues of concentration, memory, enhancement, studying ability so it will work well with children and adults alike.

Crystallized Blossom Lotus – Ferry Handoko

Crystallized Blossom Lotus Essence was channeled to improve your beauty in speaking, your beauty in behavior and fertilizing the clarity of your inner sight for a strong logical thought in building your physical prosperity and abundance. Crystallized Blossom Lotus Essence supports your spiritual awakening and gives self-inner purification and to increase the intelligence level. It is helpful to remember and appreciate your life achievement for the sake of higher struggle of spiritual enhancement. It encourages the depth of empathy, mental stability and strengthens the focus simultaneously. Crystallized Blossom Lotus Essence is able to increase your ability to create new ideas or inspiration for your physical life improvement. It promotes a powerful natural pacification to your heart and feeling. Use it when you are going to build a new business or when you are trying to make a big change to your old business to strengthen your instinct and clarify your true WILL for a wonderful determination in taking the first step to start.

Divine Harmony Attunement 1 – Hari Winarso

Divine Harmony Attunement is a higher energy vibration of the universal force from the divine. This Divine Harmony Attunement helps us to restore the balance between body, mind, emotions & spirit that will allow us to manifest our own highest potential. It includes:

- Auric Protection Attunement.
- Being Present Attunement.
- Clarity Attunement.
- Concentration Attunement.
- Self Confidence Healing Attunement.

- Creativity Attunement.
- Decisiveness Attunement.
- Emotional Balance Attunement.

Efficiency Empowerment – Mariah Windsong

Be more efficient in every area of your life with this Efficiency Empowerment! Problems solved by Efficiency Empowerment may include but are not limited to:

- Distractions ruling your attention.
- Problems feeling insurmountable.
- People pressing in on you and using your time.
- Difficulty deciding what to do next in your day.
- Feeling of not enough time to get the urgent stuff done today.
- Benefits of activating your Efficiency Empowerment
- may include, but are not limited to:
- You find yourself powering through tasks more efficiently.
- Distractions have less of a pull on you.
- Your mind puzzles out problems more efficiently.
- You are able to navigate political and social situations more efficiently.
- You notice efficient solutions to all kinds of challenges.
- Your day's flow improves and you enjoy life better.
- Your memory improves for the topics you need right now.
- As your efficiency increases you look at situations differently.
- You find that you have more time for entertainment or spiritual pursuits.
- You have more time for visiting with family and friends.
- Your efficiency improves even in regards to how you care for your body and your exercise routine is adhered to easily.

Energetic Personal Ignition Device – Ferry Handoko

Energetic Personal Ignition Device helps to find the lost ability to balance any aspects of your life. It removes your hesitancy in approaching a new situation or raise your desire to move forward with your goals, and also removes any disloyalty feelings from others to you. It brings pleasure and free independent ideas to your inner life. Once it is activated you will be accepted into the circle of social life that you desire. It supports your efforts in establishing new business relationships or other special relationships and lifts your awareness and alertness in any environment and circumstance. It promotes spiritual guidance, intellect, mental attributes, and emotional trust. It is an inspirational energy encouraging you to utilize your mind to its capacity and move upward in life. It gives a clear line of communication between the conscious and unconscious aspects of self and stirs your willingness and ability to explore and navigate your own emotions.

Energetic Booster Axis – Hari Winarso

Energetic Booster Axis are strong grounding energy, that bring energy up from Mother Gaia, via the earth chakra into the body. This energy increases our strength and endurance. This modality channels energy from the earth and bring it up through the body and the entire chakra system to the higher chakras and particularly to the Third Eye Chakra. It's action there is helpful to stimulate the mind and will help to improve our memory. The vibration of Energetic Booster Axis is particularly helpful to aid us to remember what happened when we were in meditation as it aids us to remain clear headed, due to its very strong spiritual grounding energy.

Energetic Booster Axis have restorative energy and to be strong aids to enable us to make changes in our life. It helps us to go with the flow of life, and to change what needs to be changed without opposing what is happening in our life.

For physical healing, these bring extra earth energy into your body to boost your overall well-being, strength and vitality. It helps to channel power from the Earth Chakra up to the Base Chakra with the outcome being is a feeling of improved physical well-being.

Energetic Booster Axis brings a specific vibration that aids your body to function better with increased strength and endurance. Its healing action is to aid the adrenal glands, the muscular system and the feet and legs. It acts as a general tonic to improve overall feelings of health and vitality.

The vibration of this energy at the Third Eye chakra is quite strong and will assist meditation by helping you to dismiss intrusive thoughts that are holding you back. Once you have achieved the deep meditation required you may find that you may access the collective memory of man or Akashic records and discover why you are here. These records may also hold past life memories and help to provide the answers you need to live a more peaceful and productive life in line with spiritual guidance.

Ethereal Emerald Green Energy – Manuela Fasoli

This energy is beneficial for:

- Calming, centering and returning back into balance
- Creating space and a feeling of being protected and respected at the same time
- Processes of making decisions
- Aligning to new things
- Recognizing the essence of something
- Protection from being to “flighty”
- Good for therapists – supports concentration to one’s own space so the clients don’t get too close
- Supportive for any kind of breath work, supporting the breathing apparatus
- Supports being able to connect to nature on a deep level
- Opening the heart space
- Being aware that there’s more than one way

- Better access to own feelings
- Awareness of synchronicity, “being at the right place at the right time meeting the right people”
- For children: giving hope, supportive of bereavement processes, after being disconnected from important people/ animals
- Supporting growth on all levels
- Clear definition of goals and directions

This high frequency energy works very similar to the energy of the Emerald Green Aura-Soma Pomander and it includes the energies of the following crystals: Jade, Malachite and Emerald. This energy can be used for everything relating to new pathways, new beginnings, connecting with nature and panoramic awareness. You can drench or flood rooms, things and the energy systems of humans or animals with this energy or spray a mist of this energy into the aura. You can also use this energy very creatively in other ways – like ethereal injections into the energy system, or only punctual on acupuncture points or visualized as a protective field in the aura.

In a different way from the Aura-Soma Pomander, you can use this energy almost everywhere creatively simply with your intention. I personally drench whole rooms, homes, individuals or energy systems with this energy or let it be soaked with this energy on the inside or outside in order to transform the present energy patterns with the Emerald Green energy

Goals Booster – Maha Kamaleksana

This unique energy pattern is designed to reveal and understand life goals that all of you can agree to work towards across the levels and layers of self. It helps to bring all of you together in the same place and get an agreement on the major goal at this time. Goals booster offers you a wonderful experience that you can use to find goals and refine goals at any time you choose.

Goal Booster Benefits:

- Release blockages, doubts, conflicts and helps you to find your life goals
- Presents a lot of wonderful opportunities to understand and respect yourself better
- Raises experience of togetherness, integration

Golden Solar High Energy – Hari Winarso

Golden Solar High Energy helpful in manifesting ideas into reality and giving courage in times of change. Focusing the Golden Solar High Energy to the Solar Plexus Chakra to increase your personal power. It draws Spiritual energy down to the Earth, while still keeping you centered here on the ground.

Golden Solar High Energy brings good luck and prosperity. It attracts abundance and can also stimulate the rise of Kundalini energies. Golden Solar High Energy helpful to enhances psychic abilities and balances the lower Chakras. Focusing the energy to Sacral Chakra can bring spiritual grounding.

You can activate Golden Solar High Energy when you need a boost of creative energy, or when dealing with issues involving power, will, control, and/or concentration. While Golden Solar High Energy help to raise vibrations, it also connects these energies to the lower Chakras in balance, which keeps one from feeling disconnected when working with higher goals.

Grand Personal Boost – Ferry Handoko

Grand Personal Boost is a positive energy that encourages your attitude, thoughts, and mind. It strengthens your mental and gives you full control over it. It strengthens vision of future and life purpose. It powers up your mental condition in a hopeless and or powerless situation. You can use it to minimize evil intention from your enemy. It helps to express the essence of Self to lift up your influence to others. It removes mental illusions and limitations. It raises your vitality and desires to push out any great innovation in you to reinforce your business or love life.

Heart Brain Body Reconnection Coffee Empowerments – Ramon Martinez Lopez

There are so many metabolic effects of coffee that it has been hard to sort out which, exactly, are responsible for the increase in physical and mental energy that most users experience.

Caffeine is known to boost the effects of the neurotransmitters serotonin, dopamine and acetylcholine. Dopamine, for example, is known to affect levels of concentration. Caffeine also increases the release of catecholamines (such as adrenaline) via the sympathetic nervous system, which among other things can make your heart beat faster, send more blood to your muscles and tell your liver to release sugar into the bloodstream for energy.

Caffeine can help muscles to contract by encouraging the sarcoplasmic reticulum in muscle fibers to release calcium ions, and it reduces the percentage of maximum exertion that a given exercise requires, to name just a few effects.

The attunement deals with love fear issues, like fear for deserving love. It provides happiness, eternal essence of the youth soul and infinite abundance. It assists in breaking addiction - whether the source is coffee, tea, mate, chocolate or cola. This essence also stimulates, and sharpens, the mind.

High Beam Energetic Transmission – Ferry Handoko

High Beam Energetic Transmission improves the smoothness and velocity of the process of energy metabolism within the body. Improve the power and refining the aura emission. Increase self-attractiveness as a person with a high prudential and charisma. It's a tool to improve concentration and sharpens vision.

High Beam Energetic Transmission works on Solar Plexus and Third Eye Chakra and all Chakra's in between. It gives high confidence. Soothe the heart and increasing courage when became the center of attention. Provide fluency to think and speech. Activate it when in a state which requires you to calm and calculated to generate awareness and sensitivity to a higher level, in order to discover and determine the best action. Physically, it can reduce headaches and improve blood circulation to the brain.

Indigo Sharp Laser – Jalu

Indigo Sharp Laser is the system that help to escalate our intuition, imagination, psychic powers, and increases dream activity. It gives us feeling save, encouraged to be patient, pressed and remove emotions, help accelerate and maintain in achieving relaxation conditions. This system helps us to be focus on our primary goal.

Indigo Sharp Laser connects us to our unconscious self and gives us the experience of being part of the whole universe. It enhances our mental clarity, clairvoyance ability, wisdom, etc. This System stimulates the Third Eye Chakra. Indigo Sharp Laser is a great assistance in dealing with ailments of the eyes and mental problems. Indigo Sharp Laser is great purifier of the blood stream and is a freeing and purifying agent. This system helps to heal headaches, nightmares problems, eyestrain or blurred vision.

Indigo Vortex – Argandini Titisari

Indigo Vortex Attunement is a wonderful tool and energy to heal and balancing our chakra system and decrease the nervous disorder. This energy helps to strengthening the third eye, acting upon guidance received, stimulates solution/resolution dreams and seeing the truth even in the most chaotic/confusing situations.

The Indigo Vortex Attunement's energy will flow constantly and spin like Vortex during the process.

Benefits of Indigo Vortex Attunement ;

- Increase personal taught
- Develop intuition
- Solitude and inner communication (inner balance)
- Treatment for constipation, leucorrhoea, stomach and womb disorders, cataract, migraine and skin disorders. Has soothing effects for eyes, ears and nervous system.
- Assist concentration, focus and imagination
- Clarity of awareness of intuition

Indigo Vortex Attunement has 2 levels, there are ; 1st Level : After you have attune the 1st level of Indigo Vortex, you can fully capable of heal and cleanse of physical diseases yourselves and other people on healing session and make preparation for the 2nd level. 2nd Level : At this attunement your energy of Indigo Vortex will be increased, strengthened and enhanced 300% from the first level. After you receive the 2nd attunement of Indigo Vortex you can cleanse and balancing your 3rd eye chakra, develop your inner balance and assist your meditation session. At this level you have the authority to attune others.

Intelligence Awakening – Mariah Windsong

Intelligence Awakening counteracts some of the side effects of energy upgrades and ascension activation clearing symptoms. I've said on more than one occasion to my energy team, "Give me access to my brain please!"

The energy upgrades Eternal Sacred Source provides to us as we increase our Light Quotient and regain our spiritual skills can have the side effect of difficult accessing our brain! When you can't concentrate at work and feel like your brain is locked away even though you've done an "upgrade" help is required. Few of us have the luxury of just waiting out this effect.

Intellectual Processing Ray, Intellectual Ease, Intellectual Prowess Empowerment, and Puzzle Solver Knowledge Ray are included in this Intelligence Awakening energy system so you can function at a high level.

Light Flush – Bryan Scott

Light Flush assists you to be a light unto yourself. Follow your truth and let the light guide you.

Light Flush Will:

- Increase your light vibration
- Clear your thinking
- Shine to others.
- Calm you
- Remove mental blocks
- Heal the mind.
- Bring divine Grace
- Reveal inner beauty.
- Bring unconditional love.
- Allows you to be present in the Now
- Awaken the soul

Light of Mind – Elaine De Carlo

This Empowerment will help you with the following:

- Decrease mind clutter
- Improve memory
- Improve ability to think more clearly
- Help to develop or deepen psychic abilities
- Healing Mental Discord
- Balancing Mind and Third Eye
- Reducing Mental Stress
- Reducing overall Stress
- Energetic Healing and Balancing
- Promoting positive energies surrounding your aura
- Manifesting Positive Change in Your Life
- Removing Blocks
- Bringing About More Peace in Your Life
- Deepening your connection with Spirit Guides
- Deepening your connection with Angels
- Deepening your connection with All Life
- Find a place within yourself from which to do healing work

- Helping you to be more Creative

Mental Flush 1 & 2 – Stephanie Brail

The energetic "flushes" are popular to their ease of use and effectiveness. The Mental Flushes work to clear out negative thoughtforms and patterns from the mental body. This helps create a clear, peaceful mind.

These flushes are excellent to use to help with worry, stress, and obsession. They can also help improve concentration and focus.

Mind and Mental Flush – Jalu

Brings a positive vibe to clear the mind, repair mental clutter That block your forward movement Both in intellectually and spiritually.

This Provides a strong boost to reduce negativity in mind to allow for the arrival of the abundance of positive thinking.

This is very helpful in removing personal traits That might hinder your spiritual journey, such as malice or hateful.

It has strong vibrations associated with ego and personal power and this can help you to clear negative energy attached to both the solar plexus and the sacral chakra.

Mind Energy Blast – Ferry Handoko

Mind Energy Blast promotes a fast thinking ability. It helps your brain in extraction any information that captured by our senses. It stimulates your mind while calming the bad excessive emotions and also provides great inner peace and strength. Mind Energy Blast encourage your ability in problems solving; lead you to become a Troubleshooter. Activate it before starting the daily business activity to attracts opportunity and prosperity and also multiple good luck at once.

Mind Energy Flush – Hari Winarso

Mind Energy Flush Mind Energy Flush is a great system that has a substantial intelligence of enormous energy carrier. Mind Energy Flush can be placed mainly on the strength of a mature and orderly thinking, which can stimulate mind freshness and excitement of our lives.

Mind Energy Flush has the ability to put themselves and adapt to the environment with a great and good quality and produce great and good energy as well. Mind Energy Flush also able to help the solar plexus chakra to process that result to be the additional energy that can support our policy in all situations we experience. We can be more focus and relax. Thus, we can easily solve problems that come with quick and easy.

Mind Power Awakening – Hari Winarso

Mind Power Awakening is a powerful tool whose specific frequency stimulates dormant areas of the brain. Meditation with it may open new pathways in the brain and awaken latent powers of your mind. It may also enhance a range of different psychic gifts, and heighten your ability to be alert to spirit's communication with you.

The energy pattern of this energetic tool will allow you to access the higher transpersonal chakras, especially when you use it with other high vibration energy. It has an ability to unify your mind with your spirit. Work with this tool will assist you to raise the vibration of the body, may stimulate your creativity, memory and learning abilities. Within the body, and particularly in the brain, there are genetic triggers waiting to be activated. Once you activate these triggers you may begin to use the superior gifts and talents gained.

As you explore new areas of interest that this energy stimulates, you begin to increase and embrace your capacity for change. These newly gained talents may include an increase in psychic skills and may lead to psychic employment. This energy assists you to connect to the Third Eye Chakra and the Crown Chakra and even to link to the higher chakras in the etheric body. These transpersonal chakras include the Soul Star Chakra, where this energy is most effective at creating change. It may help you to develop psychic powers and in particular it may aid you with automatic writing.

Rainbow Mental Body Enhancement – Maha Kamaleksana

This is a very wonderful and genius energy to influence the activities that occur on the mental plane of consciousness and amplifies, focuses, expands and creates new pathways for the mind. It connects our mental and spiritual plane and allows us to increase abilities of concentration, discernment of truth and clear decision-making. Rainbow Mental Body Enhancement also can help us bringing order to mental chaos, increasing objectivity, enhancing creativity, curing mental disorders, easing meditation and freeing one from bad habits.

Sacred Seal of Love – Hari Winarso

Sacred Seal of Love was channeled to increase the strength of your passion to love and seal your love with to everything you love in it. It will patent your spirit to work to reach your personal dreams and to gain admiration from your family. Sacred Seal of Love promotes long-lasting luck to your work, gives cheerfulness to the heart and strengthen the focus and concentration when you are working.

Sarasvati Empowerment – Argandini Titisari

Sarasvati represents creativity, or the combination of power and intelligence, the basis of creativity. She is also the shakti or power and consort of Brahma, the secondary creator of the universe. She is also considered a mother of the universe. In this way, she is also connected with fertility. Schools and libraries are her temples, books, pens, all tools of the artist and musical instruments are the items used in puja to the enlightening goddess of wisdom.

Sarasvati Empowerment is a system which has the ability to:

- Increase human sense of arts & creativity.
- Has the ability to help for concentration.
- Upgrading wisdom and consciousness.
- Accelerate the powers of sense, think, comprehend and communicate / the ability of speak.
- Helps the ability of learning.
- Fertility
- And many others

Ying Yang Golden Orb – Maha Kamaleksana

Yin Yang Golden Orb infuses the body, mind and spirit with the vital, potent essence of life -increasing energy, deepening the awareness of subtle internal states and positively affecting all aspects of health.

It is said to enhance physical, emotional and spiritual health. It is able to balance us in exactly the ways that we most need to accommodate a most powerful mental clarity booster. In this way we are able to capture the universal life force in physical form, producing the extraordinarily rare substance which is making its healing properties fully available to the body.

Its pure energy works wonderfully to influence and stimulate our solar plexus chakra. It revitalizes the nervous system, as the universal prana is of the same nature as individual prana which is coagulated into gold properties as perfect and untouched. This Yin Yang Golden Orb works on both levels, spiritual and physical to provide a good dose of healthy prana that overcomes weak and morbid prana and improve its healthy flow within the body.

Benefits:

- Makes the body supple, deepening physical practices such as yoga and the martial arts
- Increases the body's receptivity to wellness approaches
- Improves memory, focus, and intellectual acuity over time
- Strengthens the immune system and stimulates liver function
- Assists in promoting cardiac health
- Helps relieve mild or occasional insomnia
- Promotes good digestion and elimination

Free E-Book: Brain Training Conversion