

CHAKRA PACKAGE DESCRIPTIONS



Ajna Chakra Flush

By Rosemary Noel. The Ajna Chakra or Third Eye is the command center of the psychic body that connects you to clear sight, clear insight, intuition and imagination.

A Blocked Ajna Chakra Can Result In:

- Cloudy Perception
- Difficulty Concentrating
- Poor Memory
- Inability to Visualize
- Headaches/Earaches/Sinus Issues
- Overactive/Underactive Imagination
- Skepticism
- Nightmares
- Obstructed Life Purpose
- Unreliable Intuition
- Decreased Psychic Sensitivity

A balanced Ajna Chakra Can Result In:

- Intuitive Insight
- Uncolored Perception
- Psychic Sensitivity Is Increased
- Crystal Clear Life Purpose
- Strong Visualizations
- Stronger Connection To The Divine
- Stronger Connection To Your Spirit Guides, Angels
- Ability To Concentrate Is Increased
- Positivity
- Creativity
- Lucid Insights

Telepathic Communications

Open-mindedness

When your Ajna chakra is blocked it is filled with residual energy and may compromise your physical, emotional and spiritual health. The Ajna Chakra Flush will flush residual and toxic energies, replacing them with pure, unadulterated light, leaving your chakra spinning, bright and clear.

There is one symbol in this system.

Chakra Elixirs

These chakra empowerments utilize the cosmic energy of the chakras to bring you to a full state of health, harmony and happiness, which is accomplished by activating a new set of 6 chakra empowerments known as elixirs.

We can use these chakra elixir energies as instruments of total transformation, achievement, increased ESP, improved health and increased prosperity.

The energy from the chakras feeds our organs, cells and vital functions. Imbalances in our chakras and meridians stop the stream of vital energy, leading to illness and unhappiness.

Using the Shaktis and empowerments in Chakra Elixirs will free any blockages in your energy fields, thus elevating the vibrational levels in all your non-physical bodies. You will feel more alive and the quality of your life will increase. These empowerments help accelerate your personal ascension, mastery and consciousness-expansion.

Chakra Flush

Chakra Flush Empowerment was channelled by Reiki Master Stephanie Brail. It is a gentle way to flush out any negative debris that have attached to the chakras and can be used as often as you need to.

The Chakra Flush is a very simple method to clear out stuck energy from the chakras. It is inspired by the Meridian Flushes, which work to flush the meridians.

The Chakra Flush is easy to use and activated by simple intention. It works just as well in person or over a distance. It is an excellent complement to Reiki or any other energy healing system.

The Chakra Flush is a cleansing energy. It does not energize the chakras but gently clears them of old blocks and stuck energies. By gently releasing the energetic wounds of the past, the Chakra Flush allows new positive energy to enter in.

Benefits:

The Chakra Flush is a wonderful tool because it is simple to use, quick and effective. Benefits include:

1. Releasing of old burdens and emotional baggage.
2. Freeing up of old stuck energy to energize and enliven.
3. Flushing of energetic toxins and energy contamination.

Chakra Healing 1

Chakra healing is a powerful way of clearing, healing and bringing harmony to your mind, body and soul.

Chakra Healing 1 is an energetic clearing and healing system that can be used for yourself or others. This system uses 2 kinds of energy – Universal Energy and Earth Energy. When you activate Chakra Healing, Universal Energy will be entering your crown chakra, and then moving down to your lower chakras, and Earth Energy will be entering in by your root chakra and moving up to your upper chakras. Both energies will be flowing and clearing all the major chakras.

Chakra Healing Attunements

By Stephanie Brail. The Chakra Healing Attunements work to cleanse and heal the chakras of old issues and negative energies that are being held there. A healing attunement is like a super-charged healing session and is an extremely powerful way to quickly make changes in your life. As with any attunement process, you may experience a clearing following the attunement. This could include physical detoxification, (getting a cold, etc.) or emotional release. Please know that any clearing processes are temporary and will ease as your energy adjusts to the new level. The Chakra Healing Attunement is a powerful way to send concentrated healing to a specific chakra. The attunement clears out negative energy and realigns and opens the chakras. There is an overview of the chakras in this manual, as well as discussion of their maintenance, and how to “read the chakras”. It is recommended that you receive the individual attunements over a period of time rather than in one large attunement.

Prerequisite: you must be a Usui Reiki Master to receive these attunements. Chakra Healing Attunement is not a separate Reiki system, rather like a super charged Reiki healing session.

Chakra Ilahi

After learning Reiki, you have known many chakras in body from root chakra till crown chakra. Reiki energy itself is accessed from the crown chakra, which is the highest chakra in human body.

Energy which is accessed from the crown chakra is usually called ilahiah energy, because this energy has been programmed by the higher consciousness, and has intelligence, meaning that if we intend to flow the energy it will work automatically without need to be directed from who flows it. Chakras which are known all this time

are standard chakras in humans. Actually, the above crown chakra still has other chakras, which we usually call chakra ilahi. Above the crown chakra there is the eighth chakra, this chakra is different for each person, from the ninth chakra and so forth. These chakra- ilahi are stacked, above chakra 8 there is chakra 9, then chakra 9, chakra 10, and so forth.

In Chakra Ilahi there are several levels:

Level 1, Opens chakras 8 till 25

Level 2, Opens chakras 26 till 50

Level 3, open chakras 51 till 75

Level 4, open chakra 76 till 100

Chakra Light

By Hari Winarso. Chakra Light Attunements works well to open our energy centers, so that they are functioning actively, radiantly and strongly. The unity of one's entirety is resultant of connecting the body and mind to other levels of consciousness – aligning one's chakras. Bringing the chakras into harmony requires some centres to be energized and this can be simply achieved using these attunements.

Chakra Tantra Reiki

By Victor Glanckopf. Chakra Tantra Reiki is a form of Spiritual healing that balances the yin and yang-male and female energies within the chakras. Chakra Tantra helps to fully awaken the Kundalini energy. In Hindu philosophy these two polar opposites represent Shiva and Shakti.

Chakra Tantra Reiki is a combination of chakra balancing thought integration of polar energies, and ourselves working on our creative energies to manifest our wishes. It is also helpful in re-invigorating our creative and sexual energies, dealing with the sacral chakra area. It can help to alleviate back pain due to energy blocks, improve fertility, and personal power.

Chakra Tantra Reiki combined with visualization exercises, aromatherapy and massage is great at removing energy blockages and releasing deeply held belief and behavior patterns.

The manual contains:

- How to give and in person Chakra Tantra Reiki massage
- What aroma oils to use
- Grounding Massage
- The Balancing Symbol
- Energy Healing & Guided Meditation Massage on back spine
- Energy Healing Work on Chakras
- Drawing the Chakra Attunement Symbols
- Corresponding Crystals
- Awakening and Re-Invigorating Sexual energies

- Sending Long Distance Symbols
- Attunement Process

Chakra Auric Field Healing

By Victor Glanckopf. Chakra Auric Field Healing is a form of energy healing that cleanses and balances the chakras and aligns the chakra light radiation that emanates from the chakras to the aura. This attunement allows for the working on the chakras and the aura at the same time and thereby heals and balances the subtle energy body as well as the physical body. After the treatment you will feel much more protected from outside influences and are better able to stand your ground. This increases your energy levels and balances the energies, leaving you with a sense of overall harmony and inner peace.

Clear Radiance Chakra Healing

By Jalu Wasoanadi. Clear Radiance Chakra Healing is a powerful system as the chakra cleanser and healer, supplying the body with vitality and has the power to draw disease out of the body. This energy radiates warmth and brightness the whole day and helps with emotional calming. It also has a positive effect on the physical body with healing.

Dolphin Rainbow Chakra Healing System

By Shanti Johnson. The Dolphins wove their energies with those of the crystals and colors. This gift, called Dolphin Rainbow Chakra Healing System, is a powerful yet gentle healing system. This warm sparkling energy will cleanse and energize your chakras (energy centers), fill your life with the love and joy of the dolphins, and you will become more vibrant, and add more color in your life. This is a system filled with light, color, working with the chakras, healing, meditations and working with the dolphins and their energies.

The attunements will cleanse, balance, align and re-attune your chakras so you can hold a higher vibration, and release any blockages in the chakra system, using the colors and associated crystals for each of the seven main chakras.

This course takes seven weeks to finish with two attunements for each chakra. The first is for self-healing, the second is for world healing. The manual includes many pictures, meditations and much information. This is a system you can refer back to and use over and over again when you need it.

Included in the 67 page manual:

*Explanation of the Dolphin Rainbow Chakra Healing System

*About the founder – Shanti

- *Healing System Intro
- *Welcome from Shanti
- *What are chakras?
- *What is chanting?
- *What is an attunement?
- *How to use this healing system
- *Tools to use during the attunement process
- *Trans Rainbow fusion
- *Dolphin Sea Bath
- *Dolphin Rainbow Chakra Meditation
- *Teacher's section
- *Dolphin Rainbow Chakra grid
- *Webpage links for attunements and meditations
- *The Attunements
- *Dolphin Rainbow Root Chakra attunement
- *Dolphin Rainbow Sacral Chakra attunement
- *Dolphin Rainbow Solar Plexus Chakra attunement
- *Dolphin Rainbow Heart Chakra attunement
- *Dolphin Rainbow Throat Chakra attunement
- *Dolphin Rainbow 3rd Eye Chakra attunement
- *Dolphin Rainbow Crown Chakra attunement
- *Maintenance of the chakras after the attunements
- *Using Dolphin Rainbow Chakra Energy with a client
- *Sending the Dolphin Rainbow Chakra Healing System distantly
- *Chart for the practitioner of the Dolphin Rainbow Chakra Healing System

*Dolphin Rainbow Chakra practitioners cheat sheet

*Using the Dolphin Rainbow Chakra Healing System to Heal the Globe

*Dolphin Rainbow Chakra healing sheet

Energize Chakra Shakti

By Hari Winarso. Energize Chakra Shakti is a potent energetic tool with powerful metaphysical properties... that energizes your entire system and creates significant and powerful stimulation of all chakras.

It is potent for spiritual grounding and it will ground you through the earth chakra very quickly. It will then return up the body and after stimulating the Root Chakra, Sacral Chakra and Solar Plexus Chakra ... it will move the energy up through the Heart Chakra and link to the higher Chakras.

It will energize the Third Eye chakra and the Crown Chakra to open you to high frequency energy... which it then brings back down to the lower chakras.

This process happens quite quickly... in only a few minutes. It is powerful for manifesting your visions from your third eye... which is where you form ideals in your imagination. This stone may enhance your creativity through the power of its energy to unlock your imagination. This energy increase passion or to assist with any problems in that area. Through the Sacral Chakra, this energy may aid the reproductive area and the endocrine system. It can clear energy blocks anywhere in the chakra system, allowing a better flow of energy within the entire system.

Golden Tummo Surya Kala Chakra

By Ramon Martinez. Once placed in the heart chakra, it exists as a brilliant light like the Sun. It is the most powerful and infallible protection against negative forces. It is a very advanced initiation and can only be done after the master level of tummo. It is built up in stages, through a series of attunements.

Tumo means sacred fire which consists of isoteric, exoteric and mystic originated from Llamas in Tibet. Ever since and up to the late twentieth century, Tummo is highly classified lesson and strictly kept from beyond bounds of Llamas in Tibet.

Tumo goes along with Kundalini in observe to Heat Energy of which Nath tradition called Rajas or Surya while in Buddhism known as Red Bodhicitta or Candali in India. Sanskrit Tibetan called as Tumo which means "woman with explosive anger and barely controllable." Tumo and Kundalini is separated energy even though they remain in concerning manner.

For full description see: <http://sunshineuni-uk.com/product/golden-tummo-surya-kala-chakra-powerful-protection-against-negative-forces/>

LW Musical Notes of the Chakras

Everything in life is formed of vibration. This is a result of the movement of electrons and protons of every atom of every molecule of every substance. Vibration exists in objects, animals, people and the atmosphere. The vibrational frequencies of animate life are more active, vibrant and variant than inanimate matters. (If our hearing were to possess the necessary sensitivity to perceive all ranges of frequencies, we would be able to hear the music of flowers and grass, mountains and valleys, the singing of the sky and the stars and the symphony of our own bodies).

All organs, tissues and systems of our body have similar vibrating atoms. When allergens or contaminated foods enter our body, it alters normal vibrational patterns of the body or system. When we have an unbalanced emotional or mental attitude, a misalignment of the subtle bodies with the physical body can occur. When this happens, the body needs help to restore itself to its original vibration.

When you focus sound vibration to a problem area, balance to that area can be temporarily restored. When there is balance, the body is more effective in eliminating toxins and negativities.

Musical Notes of the Chakras attunes you to the 7 chakra notes, to aid with balance and clearing.

Radium Chakra Protector

By Maria Windsong. Radium Chakra Protector™ is defensive energy that reduces the chances of an unauthorized person or entity hooking into your chakras to access your personal energy. Spiritually, Radium's job is that of a shield, a protector for the chakras of any biological life form who chooses to be in alignment with Eternal Sacred Source.

Radium Chakra Protector™ brings you the spiritual energy of the radioactive chemical element of Radium. We each have certain Divine Birthrights, and Radium assists to preserve our birthright to be energetically safe. Sometimes, based on previous connections in this or other lifetimes it can be difficult to block a persistent person from hooking into our chakras. Radium Chakra Protector increases your personal energy security so that you can bounce a person instead of getting energetically drained.

The Celestial Chakra Activations 1 & 2

<http://sunshineuni-uk.com/product/celestial-chakra-activation-levels-1-2/> - see link for full description.

Sacred Chakras Trilogy

<http://www.sunshineuni-uk.com/chakras/> - see link for full description.

Throat Chakra Flush

Throat Chakra Flush is great for activating and healing the Throat Chakra and for balancing the brain. This flush system enhances verbal communication and expression, helping one to be more discerning in their word choices.

Throat Chakra Flush when speaking in public to help clear away any jitters and promote clarity. It is said to be a very supportive energy pattern, promoting the acceptance of one's emotions. This Throat Chakra Flush can help those who may be feeling depressed or worried and is believed to bring peacefulness. It is also used for dissolving repressive blocks that inhibit expression.