

# CELTIC & PAGAN PACKAGE



Once you have received the attunements, you can pass them on to others.

## **Blue Moon Energy**

The blue moon is a second moon of earth that seem to exist on a more subtle and spiritual plane. Now at the beginning of a new age it sheds its vibrations all over earth so that all lifeforms are bathed in this energy. This attunement creates a conscious connection with blue moon and its energy. This energy can be felt as soft and very warm, conveying a sense of calm and peaceful joy and harmony.

## **Brigid's Flame Reiki**

There are no prerequisites to receiving this attunement although some knowledge of Reiki or energy work is beneficial. Brigid is the Celtic goddess of the hearth fire. She inspires us, she helps us with healing, with creativity, poetry, smithcraft and strength. Brigid helps us to be present in the moment to stop and listen and enjoy all that is around us.

She has a healing cauldron and allows us to drink from the healing waters up her cauldron. By doing that you feel at home with all that surrounds you. There are four symbols with this modality. You will also learn about the four stones of Brigid's flame Reiki, which are rhyolite, copper, citrine, and ocean jasper.

Brigid's Flame Reiki also invokes the energy of herbs to use their healing properties to help you heal.

## **Celtic Signs and Goddesses**

Includes 12 manuals attunements:

1- Libra - Branwen Goddess

Branwen is the Goddess of justice & compassion. Brandwen is the Welsh Goddess of love and beauty, similar to our so-called Aphrodite. She is considered the Venus of the Northern Seas. She is one of three matriarchal of Britain, along with primary and Rhiannon and Arianrhod Goddess of Avalon.

In some Arthurian legends, Branwen is considered the Lady of the Lake. Libra is the very reincarnation of Goddess Brandwen. As a rule, they do not like to go to noisy places, confusing or disturbing, but they love music, art and design.

All Libra tends to have stable homes, lives and enjoy their homes, gardens and apartments. This Goddess appears in the life of Libra to strengthen the connection with their own essence. The search of this Goddess will help to assess your own power, skills and beauty.

Honoring Branwen you will celebrate with lots of love every moment of your life. Revering Branwen and her feminine principles will put you in direct contact with the magic of nature and all creatures.

## 2 -Scorpio - Cerridwen Goddess

For the Welsh, Cerridwen is a triple Goddess (maiden, mother and elderly woman), whose totem animal is a large white pig. She is the mother who keeps all the powers of Wisdom and Knowledge. She is the Goddess that we revere in times of difficulties and to cancel any harm. She is the goddess of chaos and peace, of harmony and disharmony. She is associated with death, fertility, inspiration, astrology, herbs, spells, knowledge. Gaulish Goddess of transformation, in which we must enter into the cauldron to be reborn. Cerridwen is the witch, the dark side as Cailleach, where those who do not understand, usually fear.

Cerridwen is the goddess of prophetic powers. She is the keeper of the cauldron, in which inspiration and divine knowledge are brewed. In Magic an ritual, Cerridwen is at home during harvest rites, in all spells for wisdom and knowledge, and at waning moon festivals.

Gaulish Goddess of transformation, in which we must enter into the cauldron to be reborn. Cerridwen is the witch, the dark side as Cailleach, where those who do not understand, usually fear.

## 3-Capricorn - Scáthach Goddess

Goddess Scathach was known as Woman who sows the Fear. Goddess whose kingdom was the Isle of Skye (Shadow), which trained young people in arts war and hunting. Scathach taught Cuchulainn the techniques of a warrior and also the mysteries of sex. According to the legend, she offered him "the friendship of her thighs." All Celtic Warriors were known as an angry erotic lover, even being a fearsome enemy.

Scathach represents the sun sign Capricorn. Equally to the Goddess Scathach, the Capricorn are able to rule the world and always be attracted by strong men and men who practice strength training or exercise themselves intellectually.

#### 4- Taurus - Arianrhod Goddess

Arianrhod is the representation of the Mother who is ever virgin, pure. She who gives birth, but that does not belong to no man. She is the Goddess of Moon, Fertility and Fate. Her name literally means "Silver Wheel".

In Celtic tradition, this Goddess is presented in two forms, as Virgin and Mother, Patron of the Moon, Night, Sexuality, Justice, Magic and Destiny. Later, she is presented as a Mother Goddess, rotating the silver wheel and turning it into a Moon boat.

As your Goddess conductor, she is a Goddess of Home, that want your house to be warm and full of love. It is important to remember that every aspect of the Goddess is one aspect that you can recognize within yourself.

The connection to the Goddess Arianrhod can help you understand the historical task of female initiation. Arianrhod arrives in the life of taurine to reveal her vision of the Universal Garden of Eden, her Avalonian Heaven Island. It is a vision of harmony and wholeness. It is also a vision of justice among races and species, where the gifts of life are incredibly good, but mortal and ephemeral, and where you can unlock your emotional affinity with nature.

She is the Goddess of reincarnation and over sees the dead between their incarnations and protects us between as we leave this life and move into the next life. The ancient astrologers in Wales took their forecasting from the Moon's position and her relationship to the stars, Arianrhod, as we know as the "Milky Way."

Arianrhod's presence gives us our sense of eternity and our timeless journey through the process of living, dying and being reborn. Our mother the moon is her voice that translates the wisdom, courage and independence all women need to stand on their own. Our sense of well being is not defined by men or the laws of men. Men can not have power over us as long as we know who we are and what we need to do

#### 5- Gemini - Maeve Goddess

She was the supreme goddess of the Earth with her mystic center at Tara. Over time the Irish culture changed under Christian influence and then, Maeve was reduced to a mere mortal queen. But no mortal could have been like her, "intoxicating," one woman "intoxicating", seductive, which ran with the horses talking to the birds and led men to the heat of desire with a mere look. She is the Queen of Connacht, symbolizes feminine power and is the personification of the earth itself and its prosperity.

Maeve helps activate the twin-wild that lives within you, allowing it to bring you big surprises in love and work. This Goddess will strengthen your innovative spirit, agile and daring. Maeve commands that you resume responsibility for your life. Maeve has appeared to indicate that it is time to take stock of where you give away your personal power through avoidance and blame. Once again you must become accountable for, all that you do, all that you are and all that you believe. Are there circumstances in your life that you feel you are no longer in charge of?

Have you returned to a practice or past-time that you know does not work for you? What habits and addictions do you refuse to let go of because you feel helpless. Maeve

reminds us that we are the rulers of our own domain, and responsible for every response or situation that occurs in our life. Life's difficulties are an explanation not an excuse.

#### 6- Aquarius - Rhiannon Goddess

Her name means "Divine Queen of the Fairies", and she is considered a Goddess of the Moon, she is also known as the Goddess of birds, enchantments, fertility and the underworld. Rhiannon is represented by the White Mare. She identifies with the night, the emotion, the blood, the drama.

We can identify Rhiannon with the Aquarians, because as Goddess of the Fairies, they also like the unusual, the alternative and the strange. All Aquarians are explorers, always looking for new and interesting land to discover.

Rhiannon should be invoked in spells involving stars and astrological practices. Rhiannon gallops into your life to tell you how to work with doubt. To doubt someone or something when your instincts are giving you warning signals is healthy. To spend time doubting yourself is self-negating and not very helpful. The best way of working with self-doubt is to turn it into self-questioning. Self-doubt leads you nowhere. Self-questioning gives you answers. You can give Rhiannon your grief, disappointment that you carry with you and she will ride off with it and remove it from you.

#### 7- Pisces Blodeuwedd Goddess

Blodeuwedd name means "Flower Face", which refers to her origins, as well as the association with the owl, which in Wales, still bears this name as her reference. Blodeuwedd is a goddess made of flowers representing the natural beauty and will help you realize your own natural beauty. She will also help you to choose between two loves. The areas of Goddess Blodeuwedd are all issues related to love, beauty and seduction.

Women who have this archetype active, like falling in love and making love. Physically, radiate great sex appeal. When they arrive anywhere, the eyes do not leave men to perceive them. The mysteries and rituals of love are their domains and they can have a good time plotting and planning their cases. However, when they get disappointments, they are able to leave the romance quickly. We all experience the influence of the Goddess Blodeuwedd when we ovulate, fourteen days before menstruation. This is also the most auspicious time to perform a ritual in her honor, or to activate her. With the help of Blodeuwedd the pisces can dive or surf in a sea of flowers and live exciting moments.

#### 8 - Leo - Macha Goddess

Macha is the Goddess who embodies essentially the solar spirit, so the noon hour in the sun is at its zenith, this is the best time to invoke her. Her father was the "Aed the Red" and her mother was Ernmas (female druid).

It is she that will help give more emphasis to your mood, attracting wealth, success and more dynamism to the life of the Lioness Macha was also a leader of wisdom, physical strength, sexuality, fertility, and mastery over men.

#### 9- Cancer - Dana Goddess

Danu, she is the largest Mother Goddess of Celtic mythology. Her name "Dan" means knowledge and has been preserved in Welsh mythology as the Goddess Don, while other sources equated her to the Goddess Anu. In Iberia, the supreme deity of the Celtic pantheon is considered to take direct control of light and fire.

Danu is the great goddess of the Tuatha De Danann and associated with the Fairy Hills.

It was Danu guarantees the physical safety, protection and justice. Dana is a Triple Goddess Star who ruled many tribes. Invoke her to a star and she will seek everywhere for love for you. Let the energy of heaven within you act and render to the simplest sensations and their more complex abstractions.

#### 10 Aries - Morrigan Goddess

Morrigan's virtues sovereignty, fire and charisma favor these virtues in the proud Aryans. She encourages them to regain sovereignty over their own lives and converting them to masters of their own destiny.. Morrigan is the Patron of the Battlefield. Triple Goddess of Fertility, War and Magic. The myths tell us that she is a member of the Tuatha of Danann, and lover of the great Dagda and Lugh.

Morrigan is magically powerful and when invoked will help everyone but especially woman to perform their own magic. Included in pdf manual is a ritual to invoke Morrigan to do so.

#### 11- Sagitarius Sadbh Goddess

Sadhbhir is the Goddess of the Hunt and the Lady of all things wild. All women who have this archetype are very active, are independent, have their own thinking and are emancipated.

The Sagitariana, as its ruler Goddess is active, cheerful, likes sports, is always a thousand. They prefer to meet exciting, adventurous, athletic and outdoors, instead of chocolates and flowers. Gentle and romantic schemes tend not to impress her. With the temperament governed by fire, they like to disagree with others, just to have a sense of freedom and, even in matters of the heart, always want to have the last word.

A Goddess of the Hunt warns that her life will be full of emotions and you should be ready to face these changes head-on.

Let things roll and learn from your mistakes and successes, because you only grow if you have the courage to accept challenges

#### 12- Virgo- Brighid Goddess

Brigid is the Goddess of the Forge, childbirth, poetry and healing, has a strong connection with the bards and shamans.

Brigid is also the Goddess of Fire, the spark of life, and even today retains the custom of the perpetual fire kept in his temple in Kildare in the Church of Oak, province of Leinster, eastern Ireland.

In the Arthurian myth, the Sword that symbolizes Arthur's is Excalibur, forged by women in Avalon, the Isle of Apples. Brigid also had a magical apple orchard, where the bees traveled to get the nectar blessed, besides being the Guardian of Wells in Britain and Ireland, known as the Voice of the Sovereign Goddess.

Brigid is a virgin forever young, healing diseases, purifying our homes, protecting us from dangers and puts words in the mouths of poets.

## **Celtic Reiki**

Celtic Reiki beautifully combines the healing energy of Reiki with the ancient wisdom of the Celts and can be used for both healing purposes and goal manifestation. This unique style of Reiki energy uses vibrations of the Earth and specific trees in order to create an environment suitable for healing and manifestation. The Reiki energy mimics the frequency of various trees and shrubs so as to work in accordance with channelled and Celtic wisdom.

Through working with the energies of Celtic Reiki you will gain the energetic connections to a selection of symbols that derive from the Celtic Ogham which is the ancient alphabet of the Druids. Working with these symbols you will learn how to connect with these energies in such a way that it will help you with the attraction of health, prosperity, work, love and life. These symbols and the energies of Celtic Reiki will also greatly improve your life in ways that you cannot imagine until you accept these energies for yourself.

This course will guide you step-by-step through the various frequencies of energy, symbols and techniques that you can use to improve and enrich your life. The manual incorporates aspects of Reiki, Celtic wisdom and detailed instructions for use, and is richly illustrated.

## **Crone Wisdom**

The Goddess Morrigan in her Crone Goddess phase brings wisdom of ritual, ancient power, and psychic knowledge of future events. Morrigan is well known for predicting the outcome of war and death. However, as a seer, she also predicts the outcome of your struggles, new beginning born of death (letting go of something), and changes in your life. The Crone Wisdom of Goddess Morrigan Empowerment attunes you to the Goddess Morrigan in her Crone phase and to the creative source in a way that brings wisdom and empowerment. Once attuned to the energies, you will be able to connect quickly with the Crone Goddess Morrigan for guidance and wisdom.

## **Djinns Reiki**

Djinn is the king of the Salamanders who are the fire spirits. He is often seen as a 20 to 30 year old man, with flowing, golden hair and clothes the colour of the summer sun. He is forceful, terrifying and magnificent but he can also be gentle and comforting.

Salamanders are reptiles similar to lizards, but they can also be seen as dragons or take human form, but they can change their appearance at will. They are not only responsible for fire such as that in our fireplaces but also that which fires passion within us, including the obvious romantic passion, but also creative passion as they enjoy inspiring artists, writers, etc. They love to play the muse and they bring artists the flashes of brilliance that they need.

They help us when we need courage, bringing us the strength and bravery we may need to carry us through a difficult situation.

When we need insight to help us see a situation more clearly or to solve a problem they will provide it then support us and give us the optimism and positivity we need to take us through tricky times. They help us feel that we can achieve anything we put our minds to.

## **Elemental Pentagram**

The Elemental Pentagram Empowerment course works to balance your energy field by invoking the five elements of nature (Earth, Air, Fire, Water and Spirit). These elements are represented by the ancient symbol of the pentagram; a five-pointed star. The Circle acts as a protective barrier and also ensures that the power of the five elements is contained within it. The power within the circle can then be used to enhance whatever practice you have invoked it for without the energy dissipating before your work is complete.

This ancient practice of 'circle casting' and invocation of the elements is a powerful ritual and would be very useful for those who would like to explore pagan and shamanic practices for healing, meditation, etc.

The manual includes the following:

- Introduction
- The Pentagram - history and meaning
- The Circle - history and meaning
- Elemental Correspondences
- The Tanden Centre
- Sacred Space
- Circle to Contain & Concentrate Power
- Conjunction of the Circle
- Use of Pentagrams
- Elemental Invocations
- Circle of Healing

- Preparation for your Empowerment
- Empowerment Process
- Facilitating Empowerments for Others

Course includes five distant attunements.

## **Elemental Reiki**

Elemental Reiki Attunement was founded and created by Rebecca Doolin. This is a lovely system that incorporates many styles and has incredibly beautiful energies.

Please note that some knowledge of Traditional Usui Reiki is recommended before receiving this system.

Elemental Reiki uses symbols derived from Goddess, Elemental, and Pagan symbology.

The Reiki energy harmonizes with the frequency of The Goddess so as to work in accordance with Wicca Tradition.

This unique style of Reiki beautifully combines the healing energy of Reiki with the Goddess, Elemental, and Pagan symbology and can be used for both healing purposes and connection with the elements.

The Elemental Reiki course will guide you through the various frequencies of the energy symbols and techniques that you can use to improve and enrich your life. This system can be used for self-healing, healing others and distance healing.

There are 8 symbols incorporated into Elemental Reiki: 5 are the elements and 3 are power symbols:

Earth  
Air  
Fire  
Water  
Spirit  
Comfort  
Growth  
Eternal Love

The manual provides guidance and information on using and drawing the symbols as well as detailed information on the chakras grounding, chakra grounding, healing, self-healing and meditation.

For Usui Reiki Masters: You will receive 1 attunement.

If you are not an Usui Reiki Master, you will need to complete the exercises that are given in the manual and familiarize yourself with the hand placements. If you are not an Usui Reiki Master you will receive 2 attunements, with the 3 power symbols being last.



## **Gaia Goddess**

Gaea is Mother Goddess of the Seasons, Abundance, Fertility, Love, Healing, Empowerment and Enrichment. She is credited with creating the Universe. In Greek mythology Gaea gave birth to both the first race of gods (the Titans) and the first humans. She nourishes and cares for her children and brings rich blessings. As a Goddess of the Earth, she was also an Underworld Goddess who brought all her creations back to Her and destroyed as well as created. Gaea as the ever-present Earth was invoked in oaths as a witness, and as one who being All, knew all. She presides over marriages and oaths and was honored as a prophetess.

The manual for this system includes:

History

Physical Characteristics

Divine Feminine Teaching

Chakra Advancement

Spiritual Life Lesson

Symbol

Divine Alignment

Colors

Attunement

Mantras

Higher Service

Superhuman Powers

Symbol

Goddess Gaea Will Help You With:

Enhancing your mystical powers in energy works

Bringing life essence to your life and of others

Giving great power in healing

Enhancing your telekinetic power

Enhance your energy treatments

Enhance your femininity

Fertility problems

Solving relations and love problems

Bringing love into your life

Enhancing clairvoyance for tarot reading and in dreams

Power

Nurturing

Be more in contact with nature

Abundance and prosperity for yourself, business and others

Protection for yourself, children, house and business

## **Ghobs Reiki**

Paralda is the king of the Sylphs who are the Air Spirits. He is usually seen as a young man with long, fair hair wearing clothes of light blue, the colour of the spring sky. He can also be shown as a man with long, grey/white hair that has sunbeam highlights,

alert, silver eyes and gossamer wings. He has a calming nature like a light summer's breeze, but he can also be as wild and tumultuous as a hurricane. He has the reputation of being able to look into your innermost thoughts and secrets.

## **Grandmother Moon**

Grandmother Moon was channelled by Gail M. Schumann as part of the LightWorker Series of attunements. This attunement is a gentle, loving energy.

In the manual to accompany this attunement Gail explains, "Grandmother Moon has always held a place of particular fascination in our earthbound lives, provoking the imagination to escape its limits and, as we look outwards, moving us towards an understanding of our inner selves, in all our human complexity. Monuments and shrines have been built to her; calendars follow her motion; ancient Gods and Goddesses mimic the Moon's gentle and unending pull on the forces of life. Myths, as Carl Jung has described, bring us back in touch with ourselves and, to that effect, can never be replaced by science. In this sense, it would be detrimental to completely dissolve these mythic narratives into an archaic and unsophisticated past.

Grandmother Moon can show you light and love, guide you, talk to you and charge your energy with hers. Put your crystals in moonlight and feel the energy she gives them. She watches over all, protects all and sees all. She is a true GRANDMOTHER".

The manual also contains information about the different moons throughout the year, moon cycles, the zodiac and the moon, the moon as an almanac, moon gods and goddesses, and many other facts about the moon.

## **Kapuna 1 – 4**

Kapuna Healing System Workshop and Course Founder: Sheryl Carter (founder of Mao'he'o Healing System).

This course will cover some of the basics of Huna and Wicca. Kapuna Healing is a unique blend of old teachings. The Teachings of Huna; Native Traditions. Kapuna Healing is devoted to bringing back the teachings of the Kapuna.

Kapuna Healing fosters the revitalization, growth and exchange of traditional knowledge and the earth-based wisdom of people who have for centuries lived in harmony with their environment and has much to offer the modern world.

Practitioners of Kapuna Healing bring healing first to themselves and then to their families, to their ancestors and ultimately to the Earth.

Kapuna Healing is a unique blend of the old teachings. The teachings of Huna; Native Traditions. Kapuna healing works with all aspects of our being to promote enhanced self-awareness and spiritual growth. This system of self-healing consists of 4 levels. With each level you are given the attunement to open your system to the energy and symbols, each attunement helps to open and focus your energy more. Each level is given a minimum of a week apart.

## **Magic 121212**

Magic 121212 is a Highly Magical Energy System of the Golden Age. The magic of the golden age is the radiance of love, freedom, gentleness and Oneness with All That Is.

Merlin is one of the most legendary magicians from Avalon. He was the teacher of King Arthur and probably the creation of Geoffrey of Monmouth. In Arthurian legend, he allegedly participated in the meeting of Arthur's parents. He heads to the heroes and gives him a mandate to seek the Holy Grail. He never died in a "natural" way, but was, like Arthur, caught up in a different world. Or he still resides today in a palace on the ocean floor- who knows the truth?

Magic 121212 is:

- A dimension jump in the time dimension Avalon
- Is clearing and fills all your systems with fire energy
- An initiation / reception of Elf Power
- An initiation / reception of fairy energy
- Initiation into the Golden Magic by Merlin
- An extension of your magical light in you
- A raising of your frequency as it is suitable for you
- In this energy system flows highest magic!

## **Nine Witches**

The Original Witches of Avalon in France.

The manual includes topics such as:

- Ile De Sein, Brittany
- Daily life for Celtic Women
- Faery Traditions of Brittany
- Forest of Broceliande - on to Avalon
- Some magic of Sea Witches
- And More

## **Nixsas Reiki**

Nixsa works with Archangel Gabriel to control the rain and the ebb and flow of the oceans. He also controls our instincts and those of all other creatures upon this Earth.

Undines live in all types of water from huge oceans, to lakes, rivers, streams, waterfalls and marshes. They work with water to control the course of rivers and to ensure that water functions correctly. The sea undines live in coral reefs whereas the tiny winged ones can be found under lily pads. They not only attend their king, Nixsa, they also attend Neptune.

They are emotional creatures who love to work with people, giving us clairvoyance and magical abilities. They like to work with humans within our dreams. They also like to help grant the wishes of those who throw coins into fountains and wells. They are an emotional, loving race that love to help people. Undines are often called upon by witches to aid them whilst casting spells.

The Undines often work with humans to increase the bonds between people, such as those between family, friends, etc. Family is extremely important to them and they help us to appreciate our own. They are a loving and empathic people who wish to bring these characteristics to us.

## **Ocean Mother Full Moon**

There was a time when we remembered the Goddesses of the waters of the Earth. Though we do not speak of them much anymore they have remained constant and are ever present. This initiation is a dedication to the Ocean Mother, the Goddesses connected to her and at its most powerful during the Full Moon. You can call the energy to you by intention and it can be sent the same way. The ocean may not represent or even suggest Goddess to you but the chaotic power and still serenity of this great body cannot be ignored. Call that power to you and use it in your life to heal and nurture yourself and others.

The Goddesses included in this initiation are as follows:

Sedna (Inuit)  
Aphrodite (Greek)  
Yemaya (West African)  
Oshun (West African)  
Saraswati (Indian)  
Tiamet (Sumerian)

Great Mother Ocean teaches us to “go with the flow”. The tides are controlled by the Moon, so honor the Moon’s influence in your life.

## **Pagan Wheel of the Year Series (8 attunements)**

The Pagan Wheel of the Year Series were channelled by Farhad Najafi.

The Pagan calendar is based on the Celtic ‘Wheel of the Year’ which in itself is closely attuned to the natural rhythms and cycles of nature and passing of the seasons. The eight Sabbats relate to the passing seasons, each having a special significance. The two Equinoxes are the points when both daylight and darkness are of equal length, occurring in spring as the Vernal or Spring Equinox, and the Autumn Equinox six months later. These two events divide the Pagan calendar into two equal halves.

Exactly halfway between the equinoxes are the two points on the Earth’s path as it travels around the Sun that mark the Solstices. At the Summer Solstice, daylight hours are at their longest, while darkness is at its shortest at the Winter Solstice. These four points are known as the ‘Lesser Sabbats’ because they mark the transition of one

season to the next as the Earth travels her path around the Sun. Each season is at its peak at the point exactly halfway between each of the Lesser Sabbats. These are 'Days of Power' called the 'Greater Sabbats'. Each Sabbat is marked by a festival with its own celebratory traditions that complete full circle of the Wheel of the Year.

In this series you will be attuned to and be able to rekindle the spirit of the eight Sabbats to use in meditation, spellwork and healing:

- \* Yule.
- \* Imbolc.
- \* Ostara.
- \* Beltane.
- \* Litha.
- \* Lughnasadh.
- \* Mabon.
- \* Samhain.

## **Paraldas Reiki**

Paralda is the king of the Sylphs who are the Air Spirits. He is usually seen as a young man with long, fair hair wearing clothes of light blue, the colour of the spring sky. He can also be shown as a man with long, grey/white hair that has sunbeam highlights, alert, silver eyes and gossamer wings. He has a calming nature like a light summers' breeze, but he can also be as wild and tumultuous as a hurricane. He has the reputation of being able to look into your innermost thoughts and secrets.

## **Raku Kei**

PLEASE NOTE: You will need to be a Usui Reiki Master to receive this attunement.

The words Rei- Ki Originate from the words Raku- Kei. The Raku is the vertical energy flow within the body, whilst the Kei energy flows in a horizontal manner. The two cross at the 'Hara' centre at the Solar plexus centre. It is this centre which was cut out during the ritual Samurai "Hara Kiri". In this manner the Samurai would cut out the 'centre of his being' by the implementation of three sacred cuts in the form of a triangle (the symbol of manifestation).

The cross formed by the Raku and Kei energy is the cross which represents the four Cardinal Points and four Elements. This pagan form was used by the Christians after the death of Christ, and to this day 4 crossing oneself is regarded as a devotional act for Christians.

Raku Kei is the ancient science of Self-development and Self-improvement. It is believed that the origins of Raku Kei come from Tibet. The Tibetan Lamas used Calligraphs to encapsulate the energy of a healing concept, recognising that all symbols, when drawn Produce Low Frequency waves that can be detected by the human body. These Calligraphy symbols would normally be painted in large form upon wall hangings in the monasteries where the monks would meditate. Such images would add a focus to the Mantric work that would resonate with the symbol.

The Raku Kei Manual includes:

History of Raku Kei Reiki  
The Sacred Secret of Reiki  
Kidney Breathing  
The Breath of the Fire Dragon  
Raku Kei Symbols  
Master Symbol  
Raku Kei Kanji Mudras  
Meditation  
The Seven Layer Auric Body System  
Chart of the Seven Chakras  
Initiation by way of HA-AHI-WAI – The Water Ceremony  
The Raku Kei Affirmation

## **Run Valdr (Runic Reiki)**

Run Valdr means Rune Power or Authority. Run Valdr was brought to us by Rodney Cox who developed the system from his spiritual work and study of the Runes. In his manual he writes,

“I will describe a new and wholly separate form of Reiki based not on ancient Sanskrit or Tibetan teachings, but on the Norse Runes. This system is complete unto itself and does not rely in any way to other Reiki systems beyond cursory similarities in using the new symbols and in giving attunements. This system that I call RúnValdr goes beyond what Reiki does in that the symbols and techniques can be used for more than healing. They can be used for magic as well including a way to easily and powerfully charge objects to create magical items, programmed to do whatever you desire.

Run Valdr is complete unto itself and does not rely in any way to other systems beyond cursory similarities in using the new symbols and in giving attunements. This system that I call Run Valdr goes beyond what other systems do in that the symbols and techniques can be used for more than healing.

Much of the material was revealed to me during mental journeys I took to meet with my Gods, Odin and Freya. They gave me the symbols, their names and what they were for. Even though there are quite a few new symbols they have, curiously enough, an internal consistency. That is, they have a consistent look about them that indicates that they are not merely random symbols but are part of a larger system.”

## **Sacred Silver Moon**

Please note you need to be a Reiki Practitioner (Usui level two) to receive this attunement.

The Moon has a feminine spirit as the moon is the symbol of the Goddess. It inspires poets in their writing and lovers in their pursuit of love!

The Moon governs the deepest emotions. You could say that the moon is symbolic of a lamp and the beams of the light spread its blessings on Mother Earth. The moon has cleansing, curing and protecting properties. You can use this form by itself or with traditional Reiki to optimize the energy.

Sacred Silver Moon Reiki is a wonderful energy healing form that will help in many areas, it can help to:

- Free yourself and others of deep emotionally blockages.
- Increase the level of sensibility of the energies.
- Develop feminine energies or balance them.
- Develop Intuition.
- Perceive Auras and energies around you or others.
- Experience profound relaxation in during sleeping hours.
- Receive protection in environments which are filled with negative energies.
- Balance emotions.
- Remove Pre-menstrual tension.
- Attract new friends.
- Receive assistance with Fertility issues

Healing others using Sacred Silver Moon Reiki energies is a beautiful experience that will help clear negativity energies and purify.

## **Stonehenge Energies**

Stonehenge Energies Attunement was founded by Gabriela Yasmin Szafman. This is a wonderful attunement to align you with the healing energies of Stonehenge for self-healing and healing others.

Since the early Middle Ages, Stonehenge has been seen as a source of healing. In the 12th century, the inventive historian Geoffrey of Monmouth, wrote that the stones were originally erected by giants, who used them to heal the sick: “They used to pour water over them and to run this water into baths in which their sick were cured. There is not a single stone among them which hasn’t some medicinal value.”

Many followers of alternative medicine still believe that these stones can heal. A common idea is that some kind of energy flows through the stones, and that this can be tapped by healers. Underlying these ideas is the notion that the site for Stonehenge was deliberately chosen by its builders, in order to tap powerful energies deep within the landscape. The idea is that they had an extra sense, which we have lost, which allowed them to detect this energy. The purpose for the construction of Stonehenge was to allow for harmonious interaction between the third and the fourth dimensions. The stones were chosen for their magnetic resolution and relationship and were chosen specifically to be adaptable and compatible with the magnetic grids (ley lines) believed to surround the Earth.

The placement of the stones was directed for solar and lunar synchronicity. It is believed that planetary, solar and lunar relationship must be aligned for Ascension to occur on the Earth, and that this must be compatible with Stonehenge’s Feminine counterpart, Carnac.

Working with the Energies of Stonehenge will Help you :

\*Find Your Life Path and Mission

\* Be more Aligned

\* Having Conscience

\* Improves Divination

\* Be able to Co-Create

\* Balance Yin and Yang

\* Cleanses Karma

\* Improves Healing much Faster

## **Waxing Moon Initiation**

Waxing Moon Initiation starts new beginnings, creating the life you want or just a project that you are working on, by calling the muses. They will comfort your soul with song and dance and help you feel lighter.

They may take you along for a break from it all. Have fun and enjoy the company of the entertainers of the ancient Greek gods.

## **Wisdom of Merlin**

Merlin is a legend in historical traditions, this empowerment is very helpful for healers. Merlin was said to know no secrets for he knew past, present, and future. He was autonomous, and his understanding of the world was not dependant on others' opinions.

When we feel insecure and aren't sure we can handle the things in our paths it is wise to call upon the help of Merlin. He can assist you with his wisdom and knowledge. He knows much about gemstones, crystals, plants, animals, mother earth & father sky, the stars and trees! He has a special affinity to trees actually.