

SUBTLE ENERGIES PACKAGE DESCRIPTIONS



12 & 24 Strand DNA Activation

Your current DNA contains two active strands wrapped around each other in a double helix. 12 Strand Activation activates 10 more additional strands. You will become a conscious lightworker and will have heightened awareness, heightened psychic abilities, regeneration of cells and much more. There is a minimum 7 day wait between levels. DNA contains the master plan of the Divine capabilities for your life and your purpose on Earth. With 24 Strand DNA Activation you will progress toward a higher consciousness and activation of additional dormant DNA strands and multi-dimensionality integration will occur; your physical and spiritual lineage will be more defined. Your divine blueprint becomes clearer and your brain capacity increases and so much more. This is a master teacher attunement so after receiving you can attune others.

Aura Flush

The Aura Repair Empowerment is a very simple energetic tool that makes it easy to fix problems with the aura.

If the aura is functioning properly, it brings in fresh energy and expels old stale energy.

The aura can collect thought forms, both from the individual and those around them. Someone who is constantly angry will have angry thought forms collected in the aura. This serves to weaken the aura and thus weaken the person.

Here are a few problems that can show up in an aura:

The aura may be too weak, leaving the person feeling drained or vulnerable to outside energies.

A hole or holes may be in the aura, so the person is "leaking" energy. This can lead to a feeling of fatigue.

A precursor to a hole may be a dent in the aura which is a sign of energetic imbalance.

Other people can push their energy into the aura, which can lead to emotional manipulation.

Sometimes people can take on another's emotions if the aura boundaries aren't maintained.

The aura can become contaminated with negative energy and thought forms, which causes physical and emotional distress.

The aura can become blocked and stagnant so that the energy is not flowing in and out.

Chakra Flush

The Chakra Flush is easy to use and activated by simple intention. It works just as well in person or over a distance. It is an excellent complement to Reiki or any other energy healing system.

The Chakra Flush is a cleansing energy. It does not energize the chakras but gently clears them of old blocks and stuck energies. By gently releasing the energetic wounds of the past, the Chakra Flush allows new positive energy to enter in.

The Chakra Flush is a wonderful tool because it is simple to use, quick and effective.

Benefits include:

1. Releasing of old burdens and emotional baggage.
2. Freeing up of old stuck energy to energize and enliven.

Flushing of energetic toxins and energy contamination.

Energetic Systems Repair

Energetic Systems Repair From Hari Many people are now familiar with the importance of the chakra energy centers and the meridians and strange flows to establishing and maintaining optimal physical, emotional, mental and spiritual health and well-being on all levels. Less well known are the nadis, and the chakra energy centers for the emotional, mental and spiritual bodies.

Energetic Systems Repair helps to clear blocked, stuck, damaged, slow, dense, less-than-love, negative, dark energies, patterns, programs and influences from the chakras, meridians, strange flows and nadis. It also works to heal and repair the aura, multidimensional heart, our connection with universal mind and the energy systems not only in the physical body but also in the etheric, emotional, mental and spiritual bodies as well.

It helps restore balance, beauty, harmony and order to the energetic bodies, organs, systems and the quantum fields, parts and particles - restoring them back to the optimal health and well-being of the original Creator blueprints. Helps to encourage energetic flow and balance.

Energetic Alignments 1 - 7

The Energetic Alignment Attunements are a series of seven energetic empowerments designed to align you to the highest good in your life. The energy works to gently remove blockages that may have you "off course" in life. By aligning the energy in the most auspicious manner, it becomes easier to create what you want in life.

The attunements work on the following areas:

1. Emotional body
2. Physical body
3. Energetic body
4. Relationship energy
5. Environmental influences
6. Work and purpose
7. Money and material well-being

Energetic Medicine Treatment

Energetic Medicine Treatment promotes healing on all levels; the physical, emotional, mental, and spiritual. Using this useful energetic system as daily preventative tools can bring a high level of health and peak performance. The body has natural healing abilities and energy medicine activates these abilities.

The flow of energy can be restored and blocks released by using Energetic Medicine Treatment. This allows for the body to come back into balance and restore the harmony. We can use energy medicine to treat illness and relieve pain; stimulate immune function; prevent or minimize and stop the onset of illness; release stress; relieve headaches and other aches and pains, release stress, improve memory, enhance digestion, and raise our vibratory level.

It's high vibrational energy by pass the ego and is incredible resources which helpful in bringing the body into balance. It is extremely valuable energetic tool and stimulates us to use the whole Self for healing.

Etheric Cord Flush

Etheric cords are lines of energy that link one person to another, often connecting the energy centres or chakras. Cords get created when there is unfinished communication or for a purpose of giving or receiving energy. A cord can have three functions: one to receive energy, one to send energy, and one to both send and receive energy. Some cords naturally disintegrate when the conversation is finished. Those are the cords that we don't need to be concerned over. It's the cords that linger that can cause problems.

Some symptoms that may indicate the presence of energetic cords include obsessive thinking, lack of closure, difficulty knowing where you end and others begin, fragmentation, and the experience of being emotionally and energetically intertwined with others.

An Etheric Cord Flush will clear the dust and bring you a brighter vision; helping to heal any bad feelings and smooth disagreements.

The Etheric Cord Flush Empowerment will work by clearing away these old energy cords which have attached themselves which will in turn heal any wounds which the cords might have left behind after their removal.

Removing these cords can have the following benefits:

- Improved energy & strength
- Feeling less weighted down
- Feeling more grounded
- Feeling in touch with your true-self

Good Sleep Empowerment

The Good Sleep Empowerment is a very simple method of improving sleep and managing insomnia. It works in a similar manner to the Meridian Flushes. Instructions include how to use the empowerment to receive the benefits of a full night's sleep for those times you can't sleep a full 8 hours.

Healing Flushes 1 – 6

Healing Flushes 1 and 2 - Healing Flushes for Physical Problems Empowerments 1 and 2 were founded by Stephanie Brail. The following is from her manual:

The Healing Flushes for Physical Problems are the first in a series of Healing Flushes. Healing Flush Empowerments 1 & 2 (covered in this manual) are designed to help heal physical ailments, especially acute but minor ailments such as colds and flus.

Healing Flushes 3 and 4 - The Healing Flushes for Emotional Problems are very simple to use and work via intention. Healing Flush Empowerment 3 works to remove emotional blockages. Healing Flush Empowerment 4 helps strengthen the emotional body to become more resilient to emotional stress and disappointment.

When using these flushes, it is important to understand that the reason we carry around emotional blockages is that we are afraid to fully express and release our negative emotions. By using these flushes (on yourself or for a client), you are loosening up buried feelings and emotions that may have been repressed for a long time. Use these flushes carefully!

Healing Flushes 5 and 6 - These spiritual integration energies are the culmination of the healing flushes. The entire system (Healing Flushes 1-6) is designed to be an easy way to utilize energy healing for optimal health and wholeness. We start at the physical level, then bolster the emotions, and finally complete this work with a strong connection to spirit.

Healing Flush Empowerment 5 works to clear karma and negative imprints on the soul. Healing Flush Empowerment 6 helps strengthen the connection to spirit/God/the higher self (whatever it is you call your higher power).

Higher Self Journey Activation Program

The Higher Self Journey Activation Program has seven activations to aid you in communicating with your Higher Self. The seven activations are the Divine Protection Activation, Clearing Activation, Grounding Activation, Third Eye Activation, Energy Bodies Clearing, Meditation Activation, Spirit Guides and Higher Beings Activation and Dream Activation.

Below you will find a detailed description of each of the activations. The Course includes topics such as Who or What is the Higher Self, Why it is important to connect to the Higher Self, What the benefits of doing so are, the purpose, role, and or function of the Higher Self, recognizing the voice of the Higher Self, Methods for connecting with the Higher Self and more.

Divine Protection Activation - This activation creates an etheric shield of Divine and Holy protection which acts as an energy that envelopes you and blocks out intrusive vibrations or malicious, negative, lower vibrations from other sources.

This Divine protection activation will shield you from any unwanted interference or distraction of any lower nature during your connection to your Higher Self.

Clearing Activation – The purpose of this activation is to clear any blockages or barriers that keep you from communicating with your Higher Self and accessing its wisdom.

This could be negative energies, doubts, sceptical dispositions, lack of understanding, inability to accept higher possibilities, distractions, emotions, thoughts, feelings, false beliefs, etc. The activation will restore balance to all areas of the physical, emotional, spiritual, etheric and mental bodies.

As a result of the clearing you will find it more natural to recognize, accept and acknowledge your Higher Self. It will bring a greater scope of understanding and help you to leave the lower mind. Within our etheric body there is etheric energy that can be toxic to us on a physical level.

This could affect our physical body in a negative way so it is very important to release the negative energies from the etheric body. The clearing activation will help us to do just that.

Grounding Activation – This activation will keep you in your body, conscious of your surroundings, present, available for whatever happens. It will create an energetic connection as spirit from your body into physical reality and serve to keep the body and energy system safe during meditation and conscious contact with the Higher Self.

It will empower your process of Higher Self communication by aligning you as spirit with your physical body so that you are present and can attend to what needs to be done.

Additionally, the activation will release any unwanted, excess energy, help you direct your energy, enhance meditations, assist you to be more aware of your path, and enable you to have a greater capacity for experiencing the wonders of the Higher Self.

Meditation Activation – The purpose of this activation is to help you to receive guidance from the Higher Self in meditation. It will enable you to develop a routine of connecting with the Higher Self as well as help to discipline you to consistently seek communication and wisdom from your Higher Self.

Higher Guidance Activation – The purpose of the Higher Guidance activation is to help you hear the still small voice of the Higher Self within you.

It will free you from all thoughts and or energies that keep you from hearing the Higher Self or the inner voice. As well, it will help you to establish a deeper connection to the Ascended Masters who will help you in your connection to your Higher Self should you choose to call on them for assistance.

Communication Activation - This Activation will enable you to communicate with the Higher Self through any means that you find beneficial to you whether it be through your dream state, automatic writing, meditation, channeling, etc.

It will empower you in this area and help you to gain needed insights and information through whatever means of Higher Self communication you choose.

Heart Activation – The heart activation will enable you to release less than loving thoughts about self and others, negative self-images, self-criticism, or any thoughts that you are a failure. It will remove any lack of belief in self and or your ability to establish a connection to your Higher Self.

It will open the heart to the unconditional love of the Higher Self so that you can see the truth of which you are, beyond what you see, hear, believe, so that you can have a personal experience with your true nature. It will enable you to incorporate higher perceptions and beliefs about your true Divine identity.

Intelligence Awakening

Only a Reiki or Seichim Master Teacher can pass on an Intelligence Awakening attunement to other people.

Intelligence Awakening counteracts some of the side effects of energy upgrades and ascension activation clearing symptoms. I've said on more than one occasion to my energy team, "Give me access to my brain please!"

"The energy upgrades Eternal Sacred Source provides to us as we increase our Light Quotient and regain our spiritual skills can have the side effect of difficult accessing our brain! When you can't concentrate at work and feel like your brain is locked away even though you've done an "upgrade" help is required. Few of us have the luxury of just waiting out this effect.

"Intellectual Processing Ray, Intellectual Ease, Intellectual Prowess Empowerment, and Puzzle Solver Knowledge Ray are included in this Intelligence Awakening energy system so you can function at a high level."

Meridian Flush 1 – 10

Meridian Flush Empowerments 1-10

This includes attunements to ALL levels of Meridian Flush Empowerments. Here are the descriptions of the different levels.

Meridian Flush Empowerments 1 and 2

It is suggested that it would be helpful for students to have opened their kundalini channel or have some experience with meridian 1 and Qi gong before taking these empowerments for more benefit. There is an explanation of meridian lines and directing Qi in the microcosmic orbit, diagrams, and an explanation of each meridian flush empowerment, and how to activate these.

Meridian Flush Empowerments 3 and 4

Meridian Flush 3 and 4 is a continuation of the original Meridian Flush Empowerments (Levels 1 & 2), these new Meridian Flushes (Levels 3 & 4) provide clearing for past issues and then provide rejuvenation and connection with the present moment. ("Releasing the Past" and "Embracing the Present.") If you have old baggage that you need to let go of, these Meridian Flushes will help. It is also an excellent tool for use with clients.

Meridian Flush Empowerments 5 and 6

Meridian Flush 5 and 6 is a continuation of the Meridian Flush Empowerments, the Yin & Yang Meridian Flushes serve to balance out the male/female energies in the energetic

and physical system . By using these energies, you will enhance your spiritual growth as well as bring more equilibrium to your body. Ancient yogis used the breath to align the yin and the yang; these flushes will do that and more. Achieve inner harmony and become the best you can be by having a balanced energetic system.

Meridian Flush Empowerments 7 and 8

Meridian Flush Levels 7 & 8 bring in positive energies of insight and inspiration, to uplift the spirit and help the individual follow their true life path. The energies are easy to use and activated by simple intention. They are an excellent complement to Reiki or any other energy healing system. Meridian Flushes 7 & 8 are the continuation of the Meridian Flush series, but do not need to be received after the first six flushes. You can receive or share these energies with anyone regardless as to whether they have used the previous Meridian Flushes.

Meridian Flush Empowerments 9 and 10

Meridian Flush Levels 9 & 10 work on releasing resistance in order to increase the flow of the good and positive in life. The energies are easy to use and activated by simple intention. They are an excellent complement to Reiki or any other energy healing system. Meridian Flushes 9 & 10 are the continuation of the Meridian Flush series, but do not need to be received after the first eight flushes. You can receive or share these energies with anyone regardless as to whether they have used the previous Meridian Flushes.

My Relaxation Chamber

My Relaxation Chamber bring you individualized relaxation in the way that you will best receive it. It gently supports your body and all of your energy bodies as it encourages you to relax. You may feel expanded and more present as you activate your My Relaxation Chamber.

People often know not what to pray/ask for. Sometimes they feel the need to have someone or an angelic being intercede for them. It is common to have the feeling that you don't know exactly how to pray in the way that would be best received by your Deity. Angelic Sealtiel Intercession intercedes for you before the throne of Mother and Father God. Sealtiel works in concert with Spirit to say all that you do not know how to say or ask for.

Responsive Nadi Renewal

Responsive brings to you the cleansing energy of Quan Yin's Lavender Rose Flame Reiki and the fulfilling energies of Shamballa Multi-Dimensional or higher energy. You will also be granted the Lotus Jewel of Freedom whose dispensation is sovereignty.

There are many benefits to having your nadi subtle energy pathways opened in order to keep the energy flowing smoothly. This manual is designed to educate you on what type of energies will be working with you and what your responsibilities are when you activate Responsive Nadi Renewal.

The function of this cleansing renewal is to clear away any blockages or less than pure, or dense energy from your body and Lightbody and then to refill those pathways with the most exalted energy.