#### **PSYCHIC PROTECTION & DEVELOPMENT**



### **Channelling Flush Empowerment**

The Channelling Flush Empowerment is given to us from Spirit so that one can clear any blockages to channelling information and guidance, higher truth from the Higher Beings (Spirit Guides, Higher Self, Angels, Archangels, Ascended Masters, etc.) in the Spiritual Dimensions.

## **Cultivating Compassion**

"If you want others to be happy, practice compassion. If you want to be happy, practice compassion." - Dalai Lama

Compassion is an emotion that is a sense of shared suffering, most often combined with a desire to alleviate or reduce the suffering of another; to show special kindness to those who suffer. Compassion essentially arises through empathy, and is often characterized through actions, wherein a person acting with compassion will seek to aid those they feel compassionate for. Compassionate acts are generally considered those which take into account the suffering of others and attempt to alleviate that suffering as if it were one's own. In this sense, the various forms of the Golden Rule are clearly based on the concept of compassion.

Why develop compassion in your life? Well, there are scientific studies that suggest there are physical benefits to practicing compassion — people who practice it produce 100 percent more DHEA, which is a hormone that counteracts the aging process, and 23 percent less cortisol — the "stress hormone." But there are other benefits as well, and these are emotional and spiritual. The main benefit is that it helps you to be more happy, and brings others around you to be more happy. If we agree that it is a common aim of each of us to strive to be happy, then compassion is one of the main tools for achieving that happiness

If it is of importance to you to cultivate compassion and practice compassion in your life these energy systems will help you do just that!

### **Empath Protection, Activation & Clearing**

This activation and clearing is given to us from Spirit so that empaths can move forward with peace, tranquility, awareness of their body, and remain grounded. It will shield and protect

from taking on the negative energy of others so that one's own energy can be managed, controlled, turned off when needed and create light energy using the power of the Mind.

The Empath Protection and Activation Clearing will enable one to not only manage the empath nature but adapt to it and control it and modify the intensity of the experience. This system is guided by simple intention.

Anyone can use this system so that one is no longer unconsciously influenced by the thoughts, emotions and moods of others. It will clear any negative behaviours that have been adopted as a result of negative emotions and sensitivity to others such as addictions to alcohol, drugs, sex, etc.

This system will allow one to close oneself so that one is not constantly available to process other people's negative feelings and energy. It will bring in the energy of self-love so that one can put oneself first and others second so that one is a strong, powerful, clear, clean and healthy empath.

The energy of this system will elevate one's mental outlook. The activation will provide protection and defence against the negative emotions and energy of others so that one is no longer plagued by overwhelming floods of other people's energy.

### **Higher Intuition & Enorasis Empowerment**

'Enorasis' means 'Clairvoyance'. This Sacred Empowerment of Divine Light and Divine Love will boost your psychic and spiritual power, your inner channelling wisdom, your highest healing wisdom and the inner ancient ~ primordial wisdom. It will open, clear & balance the third eye, the divine eye of spirit elevating awareness and consciousness to new levels.

This will bring clarity and simplicity in communicating with the Angels / Archangels / Higher Self / the Spirit / the Mahatma / the Ascended Masters & All Beings of Light Many advantages, abilities, benefits and gifts of all kinds follow!

## **Higher Self Activation Journey Program**

The Higher Self Journey Activation Program has seven activations to aid you in communicating with your Higher Self. The seven activations are the Divine Protection Activation, Clearing Activation, Grounding Activation, Third Eye Activation, Energy Bodies Clearing, Meditation Activation, Spirit Guides and Higher Beings Activation and Dream Activation.

Below you will find a detailed description of each of the activations. The Course includes topics such as Who or What is the Higher Self, Why it is important to connect to the Higher Self, What the benefits of doing so are, the purpose, role, and or function of the Higher Self, recognizing the voice of the Higher Self, Methods for connecting with the Higher Self and more.

<u>Divine Protection Activation - This activation creates an etheric shield of Divine and Holy protection which acts as an energy that envelopes you and blocks out intrusive vibrations or malicious, negative, lower vibrations from other sources.</u>

This Divine protection activation will shield you from any unwanted interference or distraction of any lower nature during your connection to your Higher Self.

<u>Clearing Activation</u> – The purpose of this activation is to clear any blockages or barriers that keep you from communicating with your Higher Self and accessing its wisdom.

This could be negative energies, doubts, sceptical dispositions, lack of understanding, inability to accept higher possibilities, distractions, emotions, thoughts, feelings, false beliefs, etc. The activation will restore balance to all areas of the physical, emotional, spiritual, etheric and mental bodies.

As a result of the clearing you will find it more natural to recognize, accept and acknowledge your Higher Self. It will bring a greater scope of understanding and help you to leave the lower mind. Within our etheric body there is etheric energy that can be toxic to us on a physical level.

This could affect our physical body in a negative way so it is very important to release the negative energies from the etheric body. The clearing activation will help us to do just that.

<u>Grounding Activation</u> – This activation will keep you in your body, conscious of your surroundings, present, available for whatever happens. It will create an energetic connection as spirit from your body into physical reality and serve to keep the body and energy system safe during meditation and conscious contact with the Higher Self.

It will empower your process of Higher Self communication by aligning you as spirit with your physical body so that you are present and can attend to what needs to be done.

Additionally, the activation will release any unwanted, excess energy, help you direct your energy, enhance meditations, assist you to be more aware of your path, and enable you to have a greater capacity for experiencing the wonders of the Higher Self.

<u>Meditation Activation</u> – The purpose of this activation is to help you to receive guidance from the Higher Self in meditation. It will enable you to develop a routine of connecting with the Higher Self as well as help to discipline you to consistently seek communication and wisdom from your Higher Self.

<u>Higher Guidance Activation</u> – The purpose of the Higher Guidance activation is to help you hear the still small voice of the Higher Self within you.

It will free you from all thoughts and or energies that keep you from hearing the Higher Self or the inner voice. As well, it will help you to establish a deeper connection to the Ascended Masters who will help you in your connection to your Higher Self should you choose to call on them for assistance.

<u>Communication Activation</u> - This Activation will enable you to communicate with the Higher Self through any means that you find beneficial to you whether it be through your dream state, automatic writing, meditation, channeling, etc.

It will empower you in this area and help you to gain needed insights and information through whatever means of Higher Self communication you choose.

<u>Heart Activation</u> – The heart activation will enable you to release less than loving thoughts about self and others, negative self-images, self-criticism, or any thoughts that you are a failure. It will remove any lack of belief in self and or your ability to establish a connection to your Higher Self.

It will open the heart to the unconditional love of the Higher Self so that you can see the truth of which you are, beyond what you see, hear, believe, so that you can have a personal experience with your true nature. It will enable you to incorporate higher perceptions and beliefs about your true Divine identity.

#### **Mental Aid Kit**

MENTAL AID KITMENTAL AID KIT is strong energetic tools to ground an individual emotionally, thus allowing for thought that is free of fear, troubled emotions, indecisiveness, and anxiety. Its strong energy presents the clarity of mind and self-confidence to energize, inspire, motivate and enhance one's ability to relate to others on an mental/ emotional level.

MENTAL AID KIT beneficial can be used when we are making critical decision, when we are in anxious or when we are feeling overwhelmed by life's problem. It amplifies our ability to focus and find creative solutions. Thus It is also suitable for leaders, protectors and counselors.

MENTAL AID KIT has physical healing function to heal afflictions of the heart and lungs and adrenal system. It also helpful in the treatment of fevers, inflammation, nervous system stress and migraines, eye ailments, blood pressure abnormalities, hypertension and urogenital disorders.

MENTAL AID KIT has tools to make it more effective and efficient, are:

- CRYSTAL AID KIT
- · GREEN AID KIT
- · BLUE-GREEN AID KIT
- BLUE AID KIT
- ORANGE AID KIT

## **Psychic Gifts Flush**

This healing modality will help to bring in, awaken, enhance, empower and activate your spiritual and psychic gifts and abilities that are aligned with the divine blueprint made with Spirit prior to you entering into this incarnation. Through using the Psychic Gifts Flush you will flush out anything that has kept you from developing energetic boundaries so that you have more choice over what enters your field of energy. This will enable you to open your field of energy to your Higher Self as well as your Spirit Guides and other Higher Beings of Light such as the Angels, Archangels, Ascended Masters, etc.

The energy will gently flush blocks that affect you at your chakras and clear any blocks to your intuition. The empowerment will activate and develop your strongest psychic gifts. As the blocks are flushed from all of your fields of energy and your energetic bodies the energy will actually integrate your psychic abilities into your life successfully as well as into your human side and mind so that you do not get stuck by any scepticism the finite mind has come to adopt in form of false and limiting beliefs about your abilities.

#### Benefits:

- Adopt positive attitudes and core beliefs
- Confidence in Psychic Abilities
- Enhanced Intuitive Skills
- Opening to Higher Purposes
- Financial Abundance

- Spiritual Fulfilment
- Alignment with Higher Good and Divine Life Purpose
- Commitment to Life Path
- Worthiness of Gifts
- Manifesting Energy
- · Removal of Scepticism in Gifts
- Energetic Boundaries
- Enhanced communication with Higher Beings of Light
- Empower and Open Spiritual Gifts

## **Quantum Energy Shield**

Quantum Energy Shield absorbs beneficial earth, cosmic, subtle and Tachyon energy and imparts these energies to the practitioner, thus enhancing the Biofield. The Quantum Energy Shield also provides you with a 750 ft bubble of protection from the other less beneficial or harmful energy fields including vortex spin energy and electromagnetic radiation emitted by all electrical appliances, power lines, cell phones, and anything with electricity flowing through it.

Benefits: Protects the Biofield from potentially harmful energies including: EMF's and Vortex Spin Energy. Enhances your bodies Biofield & Electromagnetic Field. Effectively diffuses all energy that passes through your body's Electromagnetic Field. Balances energy flow through the meridians of the body. Cancels out the negative energy from the people around you.

### **Spell Clearing Empowerment**

The Spell Clearing Empowerment is an extremely powerful energy that works to rid you once and for all from the effects of unwanted spells, hexes and curses. No angels or other ascended masters are needed. The energy was received directly from Spirit and is activated by your higher self. It clears out and nullifies any spells that have been cast on you or for you on your behalf. It will also clear out spells that may be affecting you that have been cast on others.

# **Spiritual Awakening Shield**

We can shield and protect ourselves energetically from the negative physical, emotional, and spiritual clearing effects and symptoms of the Spiritual Awakening and Ascension process. The energy of this form will serve to smooth the way during the process. It can be used as a tool to diminish and or remove the negative effects of the process. Anyone can use this system. The Spiritual Awakening-Ascension Shield Activation is easy to use as it is activated purely by intention. It can be used as often as needed until desired results are achieved. It will help manage and or eliminate the negative side effects of the Spiritual awakening and ascension process so that it becomes much more tolerable for us All.

### **Spiritual Purification and Transmutation**

The Spiritual Transmutation and Purification Activation is designed to help us keep the energy robbers away from us, to shield and protect, to cut, severe, and seal the cords attaching us to them and the spiritual transmutation and purification needed to restore overall health and wellbeing.

Please note: The energy changes resulting will only be ones that are aligned with our highest and best good.

The energy of this form will release the negative energy and fears we are holding within our four bodies. By removing fears and negative thinking, we will receive the needed boost to self-confidence and courage so that we are no longer vulnerable to these attacks. The energy will protect us from future attacks by enveloping us in the Divine Love and Light which will stream down from the Heavens. As the energy of this form works on us it will release all negative emotions and transmute them into light. As a result, internal peace is restored.

The Spiritual Transmutation and Purification Activation energy works to transmute negative energy by turning it into light which causes us to vibrate to a higher energy pattern, releasing more spiritual energy into our bodies. It has the ability to transform fear into courage, anxiety into peace and hatred into love. It re-establishes harmony and balance. It will resolve and heal the underlying reasons we were susceptible to cording in the first place.

The energy in action, transmutes denser feelings, actions, deeds, and thoughts. As well this form will help prepare us for our Ascension, which means becoming a Divine Human, also known as a Christed Being - This level of Consciousness obtainable by any person who strives to embody their spiritual self fully within their physical self. Our consciousness will be cleansed, cleared and purified and realigned with Divine Consciousness relieving any mental confusion or feelings of separateness.

This modality works with all four bodies to realign our energies with that of our Divine Self, and in remembering who and what we are, we can live a fully-empowered and joy-filled life!

#### **Telepathy Gene**

Telepathic communication is most referred to as thought to thought communication between sentient beings. Telepathy is full thought communication. All the components of the thought are completely present.

The Telepathy Gene Awakening™ shall awaken any genes in your body that are responsible for giving your brain the ability to interpret and consciously send telepathic thoughts. This is an awakening energy to use often.

The Telepathy Gene Awakening™ increases your ability to control what telepathy transmissions you receive and turn their volume up or down.

The Telepathy Gene Awakening™ vastly increases your ability to use gifts that your spirit and soul are already accustomed to using for communication.

### Third Eye Psychic

Third Eye Psychic Empowerment connects you to Spirit and opens your Third Eye so that you can receive psychic messages clearly. This attunement enhances your intuition and heightens your instincts. You may find that you not only receive visions (Clairvoyance), but also hear (Clairaudience), or/and know psychic messages without knowing how you know (Clairsentience).

Third Eye Psychic Empowerment clears any negativity in your energy field that might interfere with your receiving divine messages. This helps your psychic abilities to grow, your aura to shine brighter and reach farther out while doing psychic work. This is a wonderful system to boost your psychic abilities and helps open your energies to receiving messages from Spirit, guides, and angels.