



INFORMATION FOR PROSPECTIVE STUDENTS 2016

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This institution is accredited by the International Metaphysical Practitioners Association (IMPA) and adheres to the high standards of the IMPA Code of Ethics for the good of all concerned and in the spirit of "Do no harm." Comments, testimonials, or complaints may be submitted on its website at www.MetaphysicalAssociation.org.

About Us



There comes a point of development in everybody's lives when there is no turning back. To turn back or not go any further would make life meaningless, unfulfilling and simply mundane. Once you reach this point, you will know what I'm talking about. It's the point of higher consciousness, of being more aware of everything (inside and out), and of being your authentic self. It is my personal mission to assist others in reaching this point of no return, which is truly the point of personal freedom - freedom from self-limiting perceptions, freedom from feeling the need to live up to other's expectations, a sense of self-achievement and empowerment, and feeling confident enough in yourself to turn your dreams into goals and then into reality. It is my mission to touch everybody's lives that I come into contact with in a positive way, however small it may seem at the time, in the hope and knowledge that it will create a ripple effect, which, once it has gained enough momentum, will engulf mankind like a tidal wave, and uplift our collective consciousness for the greater good of all.

Sunshine Academy of Metaphysics & Natural Therapies was born out of the need for affordable and comprehensive metaphysical home study education. We are constantly updating and also adding to our collection of courses. We recognise each student as an individual and, as such, tailor payment options to suit your budget. We are dedicated to raising humanity's consciousness through spiritual education. Toward that goal, we have aimed to create the highest quality courses possible whilst keeping our tuition affordable.

Our curriculum serves both the beginner and the advanced student. For advanced students who have been practicing metaphysics for many years, the curriculum will fill in the gaps and expand their knowledge. As a beginner, the student will find the core metaphysical concepts in a comprehensive, yet easy to learn format. There is also no need to go out and buy expensive books to compensate the course material – all material is supplied in the course content, including free e-books and meditations and, in some instances, videos, all in downloadable format.

Our mission: To raise humanity's awareness and consciousness, and to train many more healers and teachers, to pass on the light.

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Our Online Campus

Sunshine has adopted an online approach to studying, as it reaches more people. People tend to lead hectic lives in this day and age, leaving little or no time for travelling to and attending classes. With our home study courses, you may now study in the comfort of your own home, at your own pace, with no pressure or deadlines. You are, however, required to complete your studies within a three year period. Should you not have submitted any assignments within one year of enrolment, you will be deemed to be no longer interested and will be unenrolled. In order to re-enrol, you only need to contact us. Unlimited e-mail and WhatsApp support is provided for your studies, at no extra cost.



How Home Study Courses Work

Courses are self-paced, which means you can begin at any time. Some segments of the Diploma and Certificate courses may take longer than others, for example, the first part, being Introduction to Metaphysics or Meditation & Visualisation, may only take you one week to complete, whereas the Reiki Level 1 to Advanced may take you three months or longer. Please note that we work on a trust basis, which means that should you complete one of the segments before the end of the month and wish to move onto the next one, we will send it to you, fully trusting that you will continue to make the monthly payments and thus covering the cost of the segments you have been sent.

Although the courses are self-paced, you may not complete more than three segments per month (three full segments – segments with (a) and (b) [sub-segments], for example, are only classified as one segment, due to their brevity). This is to ensure that you are actually absorbing the course material and not merely racing through it all in order to get a qualification or to meet personal time-setting goals. Please ensure that you fully understand a segment before moving onto the next. Assignments and, in some instances, case studies, will be given for each segment. These are to be completed and returned to us for grading (unless otherwise stated). You will only be sent the next segment once your assignment/s and case studies have been handed in for the previous segment. Assignments are graded on the accuracy of your answers based on the course material. Papers will be graded within 48 hours of submission (usually faster). You do not receive certificates for each segment, but only for the practitioner modules successfully completed.



Diploma Program Overview

The first part of the course kicks off with looking inside yourself and learning how to change attitudes and beliefs that no longer serve you; and how to release memories and mind-sets that are holding you back and keeping you from realising your full potential. It is important to undergo self-healing in order to begin your path on a clean slate. This will make you feel more motivated, stable, empowered and in control of your life. To kick-start this process, we offer the Etheric Clearing Empowerments, as well as the various “flush” systems.

We will then assist you to establish what you want from life, discover your life’s purpose and how to create your reality, based on these answers. Your foundation will now be solid and you will be ready to move on to learn how to heal others.

We go on to awaken the healer in you and give you practical skills and knowledge to build your healing business. Your healing skills are then honed and you go on to learn more advanced methods of healing. By the end of your Diploma course, you will be feeling confident in your abilities and ready to start consulting with clients. Your extensive and comprehensive knowledge will also give you a competitive edge.

This course balances the masculine energies of knowledge with the feminine energies of intuition and subtle energies - often people try to advance spiritually by using their only mind, by gaining knowledge (masculine energies). To use intuition and also to change things on an energetic level, however, requires feminine energies, hence the various attunements being included.

The Standard Diploma option comprises 18 subjects, 9 of which are compulsory and 9 of your choice. The Higher Diploma option comprises 23 subjects, 9 of which are compulsory and 14 of your choice. Subject categories are covered later in this Info Guide. The Master Diploma consists of 31 subjects, 9 of which are compulsory and 22 of your choice. We have recently added the new Basic Diploma of 1 pink, 1 green, and 1 purple subject, in addition to the 9 compulsory subjects.



Tuition and Enrolment

Enrolment is open to anyone who is at least 16 years old, regardless of their country of residence. There are no prerequisites with regards to prior education, however, students must have a good command of the English language, as courses are currently only presented in English.



How to Enrol

- Fill out the application form completely and accurately (at the end of this Info Guide) and e-mail it to us. If you would prefer a Word version of the enrolment form, please e-mail us.
- Choose a payment option and make payment of the initial deposit. Please note that we accept EFT payments, cash deposits and credit card payments. This means that you are able to make full payment if you wish and put it through the budget section of your credit card. For foreign students, we accept payment via PayPal only, which gives you up to 6 months to pay, and you can also use your credit card through PayPal.
- No applications will be processed without having received the initial deposit. Please allow up to 24 hours for your application to be processed (usually much faster). Once your application has been processed, we will Dropbox you the contents of the first part of the course. Once you have completed these segments, you will be sent further links to the next segment/s, including audio meditations and assignments.



Cancellations and Refunds

The course fee is non-refundable. The Academy expends considerable time and effort in organizing your coursework, not to mention the time and personal attention of your course mentor. As such, there are no tuition refunds for payments that have been made to the Academy. The one exception is for Diplomas that have been paid for in full, in which case the Academy would pro-rate any refunds as outlined below. Any refunds will include a deduction of a US\$300 Administrative Fee to cover associated costs.

Withdrawal within 3 days of enrolment: full amount, less \$300 Administrative Fee.

Withdrawal within two weeks of enrolment: 50%, less \$300 Administrative Fee.

Withdrawal within one month of enrolment: 25%, less \$300 Administrative Fee.

Withdrawal after 1 month: No Refunds

In addition, course materials and monies already paid are non-transferable to other incoming students.



Tuition Options

The tuition for each payment plan is all-inclusive; there are no additional fees (like admin fees, certificate fees, etc.). Tuition rates are locked in once a student enrolls and makes the initial deposit. This rate will not be increased (or decreased) on your student account, so long as you remain an active student. Should you miss more than three consecutive payments, you will be unenrolled and, should you wish to continue with your course, you will need to contact us. To avoid missing any monthly payments, it is encouraged that you place either a monthly stop order on your account that makes an automatic monthly payment to us, or if you have access to internet banking, you can choose to pay a recurring monthly payment for "x" amount of months. Please feel free to communicate with us should you suddenly find yourself in an undesirable financial situation, as we fully understand that money does not grow on trees. Having said that, please also remember that, besides this being a commitment, this is also an *investment in yourself*, which means that it should be a priority for you.

All tuition plans include:

- Application and admin fee, and marking of assignments
- All home study material in PDF, MP3, MP4 and Word format (no additional books needed) – a link will be emailed to you for you to download these materials. **NOTE:** no physical / hard copies are sent.
- Instructor access and support (via e-mail and Whatsapp)
- Case study reviews and grading
- All attunements and rites that are part of the course
- Certificates (PDF) e-mailed to you
- Metaphysics Association of South Africa Student Membership for South African members

PLEASE NOTE: Regardless of what date you enrol on, **monthly instalments are due by the 1st of each month.** Please ensure that you set up a recurring EFT, monthly stop order, or subscription plan if paying your tuition in instalments.

NOTE: You have a choice of wording on your final certificate between: **Metaphysics Diploma** or **International Diploma in Advanced Energy Healing & Natural Therapies**



Our prices are not increasing for 2016 ☺

Option 1 - Full Pay Plan - For a full list of courses, workshops, and prices please see www.sunshineuni.com or www.sunshineuni-uk.com

Basic Diploma --: \$350 / £269 / R3 500

Diploma - Standard: \$750 / £575 / R7 500 (save ± R4 000 if each course was taken separately)

Higher Diploma: \$1,050 / £800 / R10 500 (save ± R6 500 if each course was taken separately)

Master Diploma: \$1,550 / £1 190 / R15 500 (save ± R8 000)

Full Access: \$2,400 / £1 899 / R24 000 (save thousands)

Option 2 - Pay as You Go Plan - 10 consecutive instalments

Basic Diploma: \$36 / £27 / R360 x 10 months

Standard Diploma: \$76 / £57 / R760 x 10 months

Higher Diploma: \$106 / £80 / R1 060 x 10 months

Master Diploma: \$156 / £120 / R1 560 x 10 months

Full Access: \$250 / £190 / R2 500 x 10 months

Option 3 - Four Equal Monthly Payments of:

Standard Diploma - \$190 / £145 / R1 900 each

Higher Diploma - \$265 / £204 / R2 650 each

Master Diploma - \$390 / £300 / R3 900 each

Full Access - \$610 / £480 / R6 300 each

The first payment is due on enrolment, then one payment each month for 3 consecutive months.



Accreditation

Sunshine Academy is internationally accredited with the International Metaphysical Practitioner's Association, the World Metaphysics Association, the American Council of Holistic Healers, and the Metaphysics Association of South Africa.

No government accreditation is currently available in any country, that we are aware of. Therefore, metaphysics-related schools must use third-party accrediting agencies for accreditation. These accreditations are obtained to verify the validity and high standards of the course work that we offer and not meant to mislead anyone. In other words, the courses are accredited as being of international standard, and are recognised in the international metaphysical community as quality.

INTERNATIONAL METAPHYSICAL PRACTITIONERS ASSOCIATION

IMPA provides accrediting for metaphysical schools as well as for practitioners who teach metaphysics-related courses, workshops, and/or seminars. In the United States, accreditation is a voluntary, non-governmental process of review. In other parts of the world, the accreditation process is often performed by governmental agencies and is mandated by law.

Accreditation is simply a third-party verification of an organization's educational standards. It adds another layer of credibility and provides prospective students with a basis for confidence in the quality of an organization's curriculum, instructional approach, and recording-keeping policies. Metaphysical organizations are encouraged to add accreditation to enhance their reputation for excellence in educational standards.

WORLD METAPHYSICS ASSOCIATION

"The WMA offers metaphysical schools, workshop facilitators, and those in the industry who write or teach, the opportunity to apply for our accreditation seal of approval. Please note that our accreditation seal of approval is a separate and more complex process than membership, which is open to anyone at any phase of their metaphysical experience.

We perform a verification process to help weed out the scam artists from those who believe in metaphysics as a religion, legitimate practice, or way of life. We issue our seal of approval only to those who demonstrate a high level of awareness, educational aptitude, and ethical business practices.

Applicants will be asked to pass our standards of high character, as well as experience. This is a lifetime approval..."

What are the Benefits of WMA Accreditation?

It sets a higher standard for performance, education, and personal improvement for the entire industry.



Why Choose Sunshine?

Choosing the right school is an important decision for prospective students, and sometimes the choice may be difficult. Sunshine offers a wide variety of courses as stand-alone courses, or within the Diploma program. There are many practitioner and self-help modules available within the diploma, all of which will leave you well-versed in many metaphysical concepts, as well as giving you the skills to run your own small business.

Sunshine Academy offers excellent value at competitive tuition rates that will fit almost any budget. If you would like to customise your payment options, please contact us.

The truly important things to look for when deciding on a course and learning facility is the curriculum, commitment to quality education, student support, and also what you want to get out of it. Are you just looking for information for self-development or are you looking for practitioner courses, to empower you to open a healing center, or perhaps offer distance healing, readings, and even conduct rites and ceremonies. Sunshine Academy offers you a useful curriculum, with a comprehensive range of subject choices. Another bonus is that you receive your practitioner certificates as soon as you have completed a practitioner course, so you can start seeing clients, if you so choose, and thereby helping you pay off your course quicker.



Why do you want to study?

Whether your objective is to open a healing practice or merely for personal and spiritual growth, the knowledge and skills you will acquire will give you a solid foundation upon which to build your career and raise your consciousness.



International Diploma in Advanced Energy Healing & Natural Therapies - Subject Choices

(All of these courses listed below are available as stand-alone courses too)

Compulsory subjects for all options are:

Segment C1 – Introduction to Metaphysics

Segment C2 - Meditation & Visualisation

Segment C3 - Angels & Spirit Guides

Segment C4 – Subtle Energies

Segment C5 – Journey Within

Segment C6 – Creating your Reality

Segment C7 – Basic Anatomy & Physiology (including from a metaphysical perspective)

Free Bonuses (no assignments and not compulsory):

Segment F1 – Business Skills Resources

Segment F2 – Sacred Flames Healing System

PLUS: Psychic Protection Flame

Elective Subjects (your choice):

BASIC DIPLOMA: 1 pink subject, 1 green subject, 1 purple subject

STD DIPLOMA: 1 pink subject, 3 green subjects, 2 blue and 3 purple subjects

HIGHER DIPLOMA: 1 pink subject, 6 green subjects, 3 blue subjects, 4 purple subjects and 1 orange subject

MASTER DIPLOMA: 2 pink subjects, 8 green subjects, 4 blue subjects, 6 purple subjects and 2 orange subjects

You are able to swop 1 blue subject for 2 green subjects or vice versa, however, you are required to take at least 1 blue subject. You can also swop 1 green subject for 2 purple subjects. The orange, blue and pink options are interchangeable.

The list of subjects follows in grouped colour order. You may take the subjects in any order you choose.

*Note: Reiki Levels 1 – 3a is classified as 1 segment

Segment C1: Introduction to Metaphysics

This course defines metaphysics and explores different metaphysical approaches and theories, as well as helping you define your beliefs.

Course Contents: What is Metaphysics, History of Metaphysics, Quantum Physics, Self-assessment

Extra bonuses: Video: Spirit Science – Dimensions, Spirit Science – Evolution, The Human History Movie, Consciousness Drives the Universe, Dr Quantum’s Double Split Experiment, Cosmic Laws E-Book

Segment C2: Meditation & Visualisation

This segment takes you through various types of meditation and teaches you to meditate and visualise.

Course Contents: Introduction to Meditation, Types of Meditation, Mantras and Mudras, Creative Visualisation, Transmutation Breathing, Exercises, Decision Making with Meditation

Extra bonuses: Video: Spirit Science – Meditation **Audio:** Quiet the Mind Meditation, Meditation on the Breath, Connecting with your Higher Self, Meditation on the Breath, **E-books:** Mantras for Beginners, 10 Healing Mudras, Designing a Meditation Room **Attunements:** Magical Healing Breath

Segment C3: Spirit Guides and Angels

Everybody has at least one spirit guide and a guardian angel. Learn to tune in to yours and make your life easier.

Course Content: Meet your Guides, Animal Guides and Angels, About Angels, Guardian Angels & Archangels, Meditations to meet your spirit guides and angels, and learn how to work with them.

Extra bonuses: Audio: Meet your Guide, Meet your Guardian Angel, Meet your Totem Animal, Meet your Animal Spirit Guide **E-book:** Angel Energy Meditations **Attunements:** Activating the Angels of the Heart, Spirit Guide Journey, Angel Journey Activation

Segment C4: Subtle Energies and Healing Tools

This segment is one of the most important as it lays a solid foundation for energy healing.

Course Content: Energy Perception, exercises to feel yours and others energy, the auric layers, How to see, feel and read the aura, including exercises, aura colours and what they mean, how to scan, balance, sweep, cleanse, and mend the aura, Chakras, their location and correspondences, How to scan and balance the chakras using various methods, including exercises, Hara dimension and re-aligning the hara line, Nadis (meridians), energy healing tools, healing techniques.

Extra bonuses: Audio:, Violet Flame, 12 Chakra Activation, Chakra and Auric Layers **E-books:** Our Chakra System, Chakra Assessment, Healing through Colour **Video:** Spirit Science – Chakras, Spirit Science – Male and Female Energy, Spirit Science – The Four Elements **Attunements:** Aura Repair Empowerment, Musical Notes of the Chakras, White Energy Protection Bubble

Segment C5: Journey Within

This segment is aimed at self-healing and discovering your life purpose.

Course Content: Discover your Life Purpose, Ego Transcendence, Inner Child Work, Identifying thought patterns, Exploring your Higher Self and Becoming More Aware, Self Esteem issues, Redesigning your life

Extra bonuses: Audio: Align with your Life Purpose, Inner Child Meditation, Forgiveness Meditation, Cutting Ties And Letting Go Meditation, Healing Meditation **E-books:** Self-Esteem, Human Becoming, 7 Steps to Soul, Creating a life with Passion, Core Values and Workbook, Belief and Values plus Workbook **Video:** Spirit Science – Power of the Heart, Spirit Science – DNA Activation, Validation **Attunements:** Ego Flush, Healing the Inner Child Reiki

Segment C6: Creating your Reality

If you could re-create your life, who would you be? In this segment we cover letting go of things that are holding you back, as well as reinventing yourself to be who you really want to be.

Course Content: What is Reality, Soul evolution and your soul's journey, Forgiveness, releasing the past and cutting ties, Reality Shifting, Self-responsibility and respect for free will, Defining your boundaries, Creating positive vibes, Affirmations and Reprogramming – in 2 manuals.

Extra bonuses: Audio:, Shifting Energies Meditation, Essential Daily Practices Meditation **E-books:** Change your Mind, Change your Life; Positive Attitude, Ethos Primer, Limit Erasing Technique **Video:** Spirit Science – Meaning, Spirit Science – Thoughts **Attunement:** Shift your Energies



Segment C7: Basic Anatomy & Physiology

This segment covers the body systems (physical), pathology and disorders of each system, and is necessary in order to give you an overall view of the entire life system.

Course Content: Body systems, Spiritual causes of illness, karmic causes of illness

Extra Bonuses: E-book: Nutrition and Living Well, Acupressure Chart, Slide Show (PDF), First Aid Chart **Audio:** Balance meditation, Body Scan Meditation



Segment F1: Business Skills - a FREE mini-segment with a few basics, free e-books and links to internet resources

Course Content: Developing your Practice, Ethics, Internet marketing, Spiritual marketing tools, write your vision and mission statements, problem solving, time management, money management, paying it forward, Active Listening.

Segment G1: Etheric Clearing Empowerments

This energy stream works by giving you the spiritual tools that you can use to easily and effortlessly raise your personal vibrational frequencies as well as assisting everyone who wishes to work on themselves, their clients or loved ones, easily and effortlessly and by doing so, they are also assisting humanity and the planet as a whole. The Etheric Clearing Attunement Sequences is very powerful in the way it works for any individual who is a sensitive or hyper sensitive but wish to remain clear and peaceful when it comes to unconsciously taking on other people's stuff. It also helps to release hundreds of self-build programs such as fear, blame, anger etc.

Level 1 - Etheric Clearing Attunement

You can clear/purge things like:

- * Anger, Rage, Resentment, Anxiety and Fear.
- * Home, Car, Real-Estate, Property and Healing/world service spaces and Places.
- * Crystals and all personal belongings.
- * Chakra and Aura Clearing.
- * Less-Than-Love Cords, Hooks Beings and influences.
- * Clearing your pets.
- * Programs and beliefs around unworthiness and hundreds of other negative and disempowering beliefs.

Level 2 - Entity Removal Attunement

Your level 2 attunement is designed for the removal of all negative entities which are around you or have been sent to you by another person. The removal of intrusive spirits or intrusive energy which have invaded the soul of someone and has integrated within can cause many emotional and physical pain and illness. Possible signs:

- * Feeling lost, stuck, or unable to move on.
- * Unable to let go of the past hurts.
- * Unable to control own emotions or thought.
- * Feeling betrayed, abandoned and left out.
- * Feeling not whole without someone else and needy of someone else.
- * Feeling depressed, overly stressed and anxious
- * Feeling empty, devastated, self-hating
- * Feeling emotionally numb, crippled and torn apart
- * Feeling without power to change own life



The Entity Removal Attunements can help to clear and release these entities from within and around you plus it will also help you to help remove these astral entities from others.

Level 3 - Implant Removal Attunement

This attunement can help with the following :

- * Defusing the implants.
- * Clearing the implants.
- * Clears imprints and cellular memory of the implants once defused and removed.
- * Releasing and clearing cords and hooks connected to the implants.
- * Repairs holes and closes portals.
- * Clears the genetic lines connected to the implants that were removed.

Level 4 - Master Space Clearing

The Master Space Clearing is an attunement system of cleansing and consecrating spaces. It is a profound and highly effective technique that you can use for clearing and revitalizing the energy within your home, office, schools, and hospitals or anywhere you are going to be. Just as you clear your home to keep the physical space looking and feeling positive you must also clear your environment of any stale or negative energies. Master Space Clearing is also highly effective for clearing your energy body emotional body and personal relationships.

Once you have received the attunements you are able to pass them on to others.

Segment G2: Reiki Levels 1 to Advanced

Reiki 1

Empower yourself and evolve further by nurturing and healing yourself. Learn to integrate Reiki energy into your everyday life. You will receive your first and second attunements and learn the history of Reiki, basic anatomy and physiology, hand positions for self-healing and healing others, group Reiki, manifesting your goals and how the Antahkarana can increase your Reiki energy. You will also experience guided visualisations and meditations to deepen your intuition, peace and power.

Course Content: Reiki Usui lineage, definition of Reiki, how Reiki works, the levels of Reiki, Reiki principles, symptoms as signals, self-healing and hand positions, the Antahkarana, the Reiki treatment, healing others and hand positions, group healing, treatment guide for specific disorders

Extra Bonuses: 17 audio lessons, 17 videos, 2 audio meditations, 2 Reiki music audios, extensive PowerPoint slides and notes

Reiki 2

This level enables you to perform Reiki on others. You will receive your third attunement and three symbols to enable you to focus Reiki more powerfully. This level is said to be 4 times more powerful than Level 1. You will learn how to perform a full Reiki healing on another person, how to maintain your energy balance, scanning and beaming, distant Reiki healing and Reiki ethics.

Course Content: The three symbols, distant healing, beaming and scanning, the Reiki treatment, maintaining your own energy and balance, Reiki ethics

Extra Bonuses: 18 audio lessons, 18 videos, extensive PowerPoint slides and notes, blank treatment form

Reiki Advanced

This level strengthens your healing powers and accelerates your spiritual growth. You will receive your fourth attunement and learn the Usui Master symbol. You will learn how to perform psychic surgery, how to harmonise the chakras for yourself and others, and crystal gridding.

Course Content: The Master symbol, psychic surgery, chakra balancing, Reiki crystal grids, manifesting goals, emotional sources of disease.

Extra Bonuses: Audio: Healing Meditation, Serenity Meditation, Gassho Meditation

Segment G3: Crystal Healing

Crystals can be used to augment energy healing. Each crystal or stone has specialized gifts for us, drawing in and radiating a healing energy specific to each stone or amplifying spiritual energies. Crystals have been used for many years to heal and bring balance. They work through resonance and vibration. Some crystals contain minerals that are known for their therapeutic properties, e.g. the copper in Malachite reduces swelling and inflammation. Crystal healing works on the physical, emotional, mental and spiritual levels of being. Crystals re-align subtle energies and dissolve dis-ease.

Course Content: how crystals are formed, selecting, cleansing, charging and programming your crystals, crystal meditations, chakras and chakra balancing, auras and aura balancing, crystal healing techniques, crystal gridding, working with pendulums, crystal directory, crystal shapes and forms, specific ailments and which crystals to use, gem essences, animal healing with crystals, including chakras of various animals, Merkaba activation meditation and explanation, how to perform a full crystal healing session

Extra bonuses: Video: Crystal Healing movie, Chakras, The Aura, 4 Crystal Healing Lessons **Audio:** Crystal Meditation with Rose Quartz **E-books:** Crystals for Spirit Release, Crystals in Changing Times, Crystal Grids, Earth Healing **Attunements:** Ethereal Crystals 1 - 9

Segment G4: Psychic Development

Everyone has the potential for psychic ability, and this course explores and discusses the nature of many types of psychic phenomena including telepathy, empathic ability, mediumship, all the "clairs" (clairvoyance, clairaudience, etc.), ethics, and more. Common spirit communication modalities related to psychic phenomena will also be discussed such as channelling, as well as how to do a psychic reading. You will use meditation and visualization exercises to develop or enhance your own intuitive and psychic abilities with meditation audios. Once completed, you will have an excellent understanding of intuition and psychic phenomena as well as the tools you need to continue developing your own psychic abilities and how to channel messages from your guides and angels.

Course Content: Intuition and learning to trust yourself, Higher Self, the clair senses and how to develop them, Empathy, Telepathy, Channelling and mediumship, the Akashic Records and how to access them, ESP cards

Extra bonuses: Audio: Meet your Guide, Chakra Balance, Auric Healing Meditations **Video:** Video lessons, Spirit Science – Channelling, Chakras and the Aura **Attunement:** Psychic Gifts Flush Empowerment, Akashic Records Flush, Psychic Protection Flame

Bonus: The **Ascended Master Attunements** are a set of 13 attunements brought to the earth plane by Ole Gabrielsen. Everyone can call upon the Ascended Masters. But by having these Ascended Masters attunements, it will bring the energies of the Master much closer to you. Allowing them to better work in your etheric background. **The Ascended Masters you will be attuned to are:** *Master Kuthumi* Who helps with, centring, devotion, focus and relaxation. *Master Moses* Who helps with, living in the now, clear communication, trustfulness and leadership qualities *Master Buddha* Helps with, peace, joy, spiritual growth and understanding *Master Sanat Kumara* Helps with, protection, clearing from low energies, healing work, ascension *Master Jesus* Helps with, divine guidance and instruction, forgiveness, healing, manifestation *Goddess Abundantia* Helps with

abundance in all areas *Master Maitreya* Helps with joy, peace and compassion *Mother Mary* Helps with parenting, children, caringness and nurturing *Goddess Quan Yin* Helps with compassion, kindness and mercy *Master Merlin* Helps with alchemy, crystals, psychic abilities, healing and wisdom *Master Saint Germain* Helps with protection, clearing, healing, inspiration and braveness *Master Padre Pio* Helps with healing, forgiveness, spiritual growth and clairvoyance *Master Seraphis Bey* Helps with personal and global peace, ascension, overcoming issues and artistic and creative projects

Segment G5: 7 Archangels & Rays Attunements (4 manuals)

The **Colours of Angels** and **Sapphires of Angels** attunements will connect you with 7 of the Archangels (2 manuals). The Colours of Angels and Sapphires of Angels distant Reiki attunements will bring you guidance, protection, and light on your life's journey. There are seven "rays" associated with the seven Archangels. The Colours and Sapphires of Angels distant Reiki attunement is given in one distant attunement in seven layers, they are delivered one right after the other. This is a list of the 7 rays and their Archangels (taken from the manual):

Archangel Michael Who serves in the first ray which is the Blue Ray and the Ray of Protection and Power

Archangel Jophiel which serves on the Second or Yellow Ray which is the Ray of Illumination and Wisdom

Archangel Chamuel who serves on the Third or Pink Ray which is the Ray of Love

Archangel Gabriel who serves on the Fourth or White Ray which is the Ray of Harmony and Purity

Archangel Raphael who serves on the Fifth or Green Ray which is the Ray of Healing and Truth

Archangel Uriel who serves on the Sixth or Gold Ray which is the Ray of Peace

Archangel Zadkiel who serves on the Seventh or Violet Ray which is the Way of Freedom

Once you have received the attunements you are able to pass them on to others.

The **Angelic Empowerments** are designed to assist you to connect more strongly with the energies of the Angelic Realm and to prepare your physical body and energy system for deeply connected individual work with the angels.

The following connections are included in the empowerments :

~ Connection with your Guardian Angel including meditation

~First Triad of the Celestial Hierarchy

~Seraphim

~ Cherubim

~ Thrones

~ Second Triad of the Celestial Hierarchy

~ Dominions

~ Virtues

~ Powers

~ Third Triad of the Celestial Hierarchy

~ Principalities

~ Archangels – including Michael, Gabriel, Raphael, Auriel, Raguel, Sariel, Remial, Jeremiel, Chamuel, Metratron, Zadkiel, Raziël, Jophiel, Azrael, Sandalphon, Haniel, Ariel and much more.

Universal Rays

The universal rays are a series of seven attunements that correspond to the chakra system. Each ray is brought forth by an ascended master who serves as a guardian of the higher lesson of that realm.

These rays are not a system of religion, nor are they a healing system like Reiki. While we utilize the chakras and aura, it is not chakra or aura therapy. Instead the rays serve as a self-transformational series which when completed will propel the client further along his or her spiritual path. There are no pre-requisites to receiving the rays.

Once you have received the attunements you are able to pass them on to others.

Segment G6: Spiritual Aromatherapy

Apart from just smelling heavenly, Aromatherapy is hugely beneficial in treating both physical and emotional conditions. Aromatherapy is defined as the therapeutic use of essential oils made from various parts of plants, being roots, bark, stems, leaves, flowers, seeds, and fruit. Essential oils can enter the system either by inhalation or absorption through the skin, using various methods for both. This comprehensive course covers the following:

- Introduction to Aromatherapy
- History
- Methods of Extraction
- Properties of Essential Oils
- Chemistry
- Carrier Oils
- Blending
- Index of 46 commonly-used Essential Oils
- Safety / Oils to be used with Caution
- Methods of Use
- Contraindications
- Conditions and Treatments
- Professionalism and Ethics
- Case History Form (example)
- Glossary
- Aromatherapy and the Chakras
- Five Elements
- Spiritual Uses of Aromatherapy
- Energy Work Blends
- Essential Oils for Meditation
- Practical Applications and Recipes
- Basic Anatomy & Physiology
- What you Ailment Means
- The Chakras and Aura
- Active Listening
- Business Plan Template
- How to Create a Marketing Plan
- Practical Uses and Recipes

This course contains 21 video lessons, 21 PDF lesson modules, **bonus e-books:** Active Listening, Business Plan Template, How to Write a Successful Marketing Plan, Ethereal Flowers 1 & 2 **Attunements** (PDF and MP3), Full Breath Breathing **Meditation**, Exercise on energizing and activating your chakras through your endocrine glands MP3, Full Body Relaxation Meditation.

Segment G7: Rites & Ceremonies

Course Content: Learn how to perform rites and ceremonies: Divorce Ceremony, Rites of passage for boys and girls aged 16, Rites of passage for motherhood & fatherhood, Blessing & Protection Ceremony for newborn/young baby/ young child.

Extra bonuses: Videos: Quincenera, Ceremony with the Q'ero Indians, Mayan Ceremony, Girl's Rite of Passage, Native American wedding ceremony **E-Book:** Book of Ceremonies

Optional: Become an Ordained Metaphysical Minister (with short course and exam) through the Church of Universal Awakening, Inc.

Segment G8a: Feng Shui & Space Clearing

Course Content: For your healing practice and home, Feng Shui principles and applications, Space clearing with smudge sticks, using symbols and breathwork

Extra bonuses: Audio: Introduction to Feng Shui **E-Books:** Angelic Feng Shui, Feng Shui Essentials, Smudging

Segment G8b: Earth's Energy Systems

Course Content: Sacred Geometry, Ley lines, Matrix, Energy vortices, etc., Mother earth – Pachamama Gaia – meditations and healing for the life system that supports us unconditionally

Extra bonuses: Video: Spirit Science – Math of God, Flower of Life, Universal Geometry **E-Books:** Sacred Geometry **Audio:** Raise your Frequency to Higher Consciousness and Heal through Sacred Geometry Meditation

Segment G9: Past Life Regression Practitioner

Course Content: Introduction – What is Past Life Regression, Benefits of Past Life Regression, When to undergo a PLR, Levels of Consciousness, How the mind works, Stages of Consciousness, What is reality?, Reincarnation, Karma, Soul Classifications, Time theories, Pre-talk, induction, deepening, scripts, endings, Open ended and closed questions, Auditory, Visual & Kinesthetic, PLR script, Walkthrough for trance process, Walkthrough for long process, Regression techniques and samples, Scripts for inductions, deepeners and scripts, What the experts say, Xenoglossy, Exercises and meditations, Case Studies, Life Between Lives and Future Life Regression, Practicalities and Ethics, Building your business, meditations for past life regression, and learn how to conduct a past life regression. How to release past life issues, to not affect your current life.

Extra bonuses: Past Life Regression meditations **Video:** Spirit Science – the Keys of our Past

Segment G10: Native American Studies

Course Content:, Native American studies, Overview of some of the tribes and their cultures; How to make your own spirit wheel, Medicine wheels, essential history.

Extra bonuses: Videos: Bury My Heart at Wounded Knee, how to make a dreamcatcher **Audio:** The Lakota Way x7 **Music:** Dances, chants and songs **E-Books:** 6 E-Books **Attunement:** Activation of the Medicine Wheel

Segment G11: Dolphins of Atlantis Healing System AND Angel Essences

The Dolphins of Atlantis have finally come to share this wonderful energy healing system with us. It will add a new untouched dimension to your healing work, and facilitate personal spiritual growth. It also brings an almost identical therapeutic and healing experience to that the Atlantean Dolphins gave to the Atlanteans. This system is best shared with advanced energy healers.

The Dolphins of Atlantis Energy Healing Systems brings you many new healing skills. These include:

- Atlantean Dolphin Auric Hands-on and Distance Healing.
- Atlantean Dolphin Crystal Healing Grids.
- Dolphin Healing with Light.
- Atlantean Dolphin Healing Bath.
- Atlantean Dolphin Wisdom and Love Meditations.
- Earth Healing with the Atlantean Dolphins.
- Creating Etheric Larimar (for use in Healing).
- The Larimar Healing Energy Ball.
- Atlantean Dolphin Healing Breath.
- Atlantean Dolphin Guided Meditations.

20 Angel Essences Attunement creates a bridge between your life and that of the Angelic Realms, linking you into their web of light and higher consciousness. The Angels will work with you through their essence to help you bring the positive qualities that they embody deeper into your awareness, bringing transformation and higher awareness. Call on them for inspiration, illumination and guidance as you take these beautiful essences. Consists of:

- | | |
|--------------------------------------|---------------------------------------|
| 1. Angel of Abundance Attunement | 11. Angel of Love Attunement |
| 2. Angel of Beauty Attunement | 12. Angel of Mercy Attunement |
| 3. Angel of Compassion Attunement | 13. Angel of Patience Attunement |
| 4. Angel of Determination Attunement | 14. Angel of Peace Attunement |
| 5. Angel of Forgiveness Attunement | 15. Angel of Purification Attunement |
| 6. Angel of Glory Attunement | 16. Angel of Strength Attunement |
| 7. Angel of Grace Attunement | 17. Angel of Tranquillity Attunement |
| 8. Angel of Harmony Attunement | 18. Angel of Transmutation Attunement |
| 9. Angel of Hope Attunement | 19. Angel of Truth Attunement |
| 10. Angel of Joy Attunement | 20. Angel of Wisdom Attunement |

Once you have received the attunements you are able to pass them on to others.

Segment G12: Ama Deus Sacred Shamanic Healing System AND Sacred Breath

Ama Deus is a very Sacred and powerful Energy system that originates from the central rainforest of Brazil.

Ama Deus includes a special Lineage Mantra that is activated to open a portal for the Lineage Masters to bestow their Loving Light and Inspiration!

Ama Deus then becomes likened to the beauty of the sacred Irapuru bird. A beauty that is Divine! The Holiness of Ama Deus is sanctified in the lineage Initiation. This Initiation comes with a special visualization and technique. The Initiation is the KEY that unlocks the Comradeship and Power of the Ama Deus lineage.

Over 26 symbols, which Include:

Depossession symbol, Birthday symbol, All-purpose energy, Heart attunements, Healing Moon symbol, Long distance symbol, Purification symbol, Friend symbol, Emergency symbol, and World leader symbol.

Once you have received the attunements you are able to pass them on to others.

Sacred Breath is a Journey of remembering. A beautiful healing system that combines many different therapies. The manual is 76 pages long. As you can see, the Sacred Breath manual contains lots of information and the attunement is a very gentle one, suitable for anyone.

- | | |
|---|--------------------------------|
| • Introduction & History The Breath | • Healing with Sound |
| • Breath of the East Wind and the Elemental | • Hand Positions |
| | • Additional Information/Aides |

- Breath of Air Breath of the West and the Elemental
- Breath of Water Breath of the South and the Elemental
- Breath of Fire
- Breath of the North and the Elemental
- Breath of Earth
- Breath of the Rainbow Breathing in the Moon
- Breathing in the Sun
- Crystal Clearing Breath
- Dolphin Breath/Meditation
- Bach Flower Remedies
- Healing with Essential Oils/Herbs
- Gifts of the Stone Lodge People
- Chakras
- Ethereal Crystals/Stones
- Animal Medicine/Totems
- Working with Colors
- Feather Healing/ The Winged Ones
- Cardinal Directions
- Smudging Ceremony
- Attunement Process

Segment G13: Sacred Earth Energy System AND Nature Medicine Mandala

Sacred Earth is a series of symbols used initially to enable a pure connection to our Sacred Earth and from there we can go forward on our journey with the tools and knowledge to light up our path. It is to assist us in raising our vibration to mirror that of our surroundings and aid us in all we do. It is to enable us to attune and sensitize ourselves to others. It is left to choice how you use this gift of love and light.

It can aid us in connecting to our angels, guides, messengers. It can help us still our minds and find freedom and enlightenment within ourselves. We can connect to the Sacred Earth and let it heal us, mentally emotionally and physically, it truly is magical.

It is in our quest for our conscious to know no limitations of the physical. Our minds are strong, our beliefs and faith are strong yet we allow our ego and self-doubt prohibit us from progression on our journey.

The subconscious mind works in symbols therefore the Sacred Earth symbols help you focus your consciousness without your ego (or little voice in your head) questioning your actions and beliefs, therefore losing your concentration and energy.

Once you have received the attunements you are able to pass them on to others.

The Nature Medicine Mandala was created to help:

- * Connect fully to the Earth Mother
- * Connect the Faeries & Nature Spirits
- * Feel grounded and more secure
- * Connect to the Trees, Oceans, Rivers, all of Nature
- * Connect with the Ancestors
- * Connect to the energy of the Sacred Feminine
- * Establish a deeper connection to your Animal Guides
- * Joy in everyday Spiritual Rituals & Sacred Rites
- * Honor oneness with Mineral, Plant & Animal Kingdoms
- * Work with Crystal Healing & Energies

Segment G14: Tibetan Soul Star Reiki

Tibetan "Soul Star" Reiki is a modality that came into being with symbols that were channelled by Master Joni Brestler via her ascended Tibetan spirit guides. Joni was instructed to purify her third eye for 21 days by allowing a white light to flow through this area for 20 minutes daily. After that time she received the *first symbol/which-connected* her to the energies of the Higher Self and represented the energies of that chakra, also known as the "soul star" chakra. These 3 chakras are: the Higher Self or Soul Star chakra, the Universal chakra for "becoming One" and the Cosmic chakra which means attaining "Oneness" in body, mind and spirit. The *second symbol* means "mind and soul coming together" and "Becoming One". One year later, after receiving the second symbol, Joni channelled the *third symbol during* meditation. This symbol indicates "Cosmic Oneness", this energy represented the cosmic chakra. The symbols are very beautiful and powerful. Soon after the last major symbol, she was taught 2 minor symbols. The next minor symbol is for purifying kundalini, which is a necessary part of spiritual development. Her guides then presented the Hindu "Om" symbol which is well-known. Further meditation showed Joni the symbols meaning and usage.

There are a total of 3 symbols in all, the first symbol represents the Higher Self chakra (Soul Star chakra) and once activated will help align oneself continually to the Higher Self and assist in merging with one's multi-dimensional selves and transcending the Lower Self.

It is good practice to use the Higher Self symbol with every healing session on a daily basis to bring those energies to those who see you for healing. They are powerful when connecting to spirit and assisting the process of becoming conscious aware beings.

G15 – Kundalini Reiki 1 to Masters

Kundalini is the coiled base energy at the root of the spine. When this energy is tapped, specific healing channels and chakras are being opened, and you gain access to the unlimited healing energy from within yourself and the environment. The root chakra is the energy centre located near the coccyx and serves as portal for the Kundalini energy. The stimulated energy shoots all the way up through the body, through the main microcosmic spinal channel, and out of the Crown chakra. An open Kundalini system ultimately cleanses the chakras, the body parts and the energy channels.

Kundalini Reiki 1 - The first attunement clears healing pathways to allow the unobstructed flow of energy. Simultaneously, you are prepared for the Kundalini stimulation in Kundalini Reiki 2. This step further stimulates the Crown, Third eye, Throat and hand chakras. You are taught to perform a complete healing treatment and to heal remotely from a distance.

Kundalini Reiki 2 - Microcosmic channels are enhanced. Gradual kundalini awakening occurs with the front and rear meridians coaxing the Kundalini "fire." Kundalini flow reaches the Hara, the Solar plexus chakra. It paves the way for the final Kundalini reiki 3.

Kundalini Reiki 3 (Kundalini Reiki Master) - The previous channels are widened one last time. Energy conduits to Sex and Base chakras are blasted open. The Kundalini "fire" is strengthened and trickles up and beyond Crown chakra. Your aura is reinforced against stressors, psychic attack and physical ills. It is with Kundalini Level III that you can finally attune other people to the same level (or lower) than yourself.

Please be aware, Kundalini Reiki Level III by no means causes a full Kundalini Rising. Kundalini rising takes a year or so of meditation on each chakra. Reiki Kundalini is one such method that can cut down this lengthy training time.

Kundalini Reiki Booster 1-2-3 (Kundalini Reiki 4-5-6)

These attunements fortify the previously received attunements, Kundalini Reiki 1-2-3. After each booster, the chakras, the main energy channel and the meridians to the hands are widened and strengthened. After Kundalini Booster 3, your resonance to summon Reiki will have been increased approx. 100 percent! You will also be able to pass on the Kundalini Reiki Booster 1-2-3 Attunements.

Kundalini Reiki Booster 4-5-6 (Kundalini Reiki 7-8-9)

These attunements strengthen the previous attunements of Kundalini Reiki levels 1-6. At each additional booster, the chakras and the channels to the hands are magnified and empowered. Kundalini Reiki Booster 6, empowers you to channel Reiki by approx. 300 percent more than those who reached level 3. You will also be able to pass on the Kundalini Reiki Booster 4-5-6 Attunements.

Energy healing (aura and chakra healing) is one of the most profound and fundamental alternative therapies in the field of alternative medicine and holistic health. Energy healing employs spiritual healing methods which expand the awareness of the energy healer and uses energy, color and light healing techniques to catalyze healing in the patient's energy field (aura and chakra system)—helping the patient break free from afflictions and limitations of body, mind and spirit. It may provide enhanced quality of life for the patient and facilitate spiritual growth. Energy healing is often a powerful spiritual path for the practitioner as well.

Segment G16: Mahatma Ascension Reiki

In the manual, as well as the Mahatma Ascension Reiki information at the beginning, there is a combination of many forms of energy healing systems, ascension meditations, symbols and connections to spirit brought together as ONE by Geom. There are many attunements and self attunements, empowerments and initiations which you can receive by intention when you read the manual, as they are encoded within it. There are over 100 symbols included which can be used in the same way that you use Reiki symbols. You can apply them to heal yourself on all levels, support others and expand peace and love around the earth. Use them to cleanse your past, your present and your future, as well as to help yourself reach enlightenment and cosmic happiness.

This course will help you connect with the Ascended Masters, Angels and other beings of light, as well as the many healing systems and symbols.

Once you have been attuned to this system, you will be able to use these energies for yourself and others. You will also be able to pass this attunement on to others.

You will receive: 1 PDF manual, 1 distance attunement, and PDF certificate.

Segment B1: Crystal Reflexology

Crystal Reflexology is not magical, but it is powerful, and takes its foundation from Reflexology and Crystal Healing combined. It is therefore based on the ideas that the body and the workings of the body, emotions and spirit are reflected in the feet; and that all of the body, emotions and spirit vibrate and that the natural vibrations of crystals can resonate within the body to aid healing. There are many ways of using Crystals combined with Reflexology.

Course Content: 160 page PDF manual, 31 video lessons, including the chakras and aura, and basic anatomy & physiology, Balance meditation, chakra healing meditation, Crystal Reflexology Health Record to use with clients, Ethereal Crystals 1 – 9 (in two manuals) and 9 attunement MP3s.

Segment B2: Animal Communication & Healing

Learn how to communicate with and heal the animals in your life as well as wild animals, in person or by distance. Once you have completed this course, you will be able to practice as a professional animal communicator and offer healing sessions in person or by distance.

Telepathy with animals is a learned skill, reconnecting us with the ability we were all born with: to engage instinctively with animals and the natural world around us. Too often we lose touch with that sensitivity as we grow up. With this course, you will rediscover that amazing connection. Comprises:

- 250-page comprehensive manual
- Spiritual Animal Healer Attunement Program and 6 attunements (usually sold separately for \$50)
- Bonus E-books
- 11 Audio Meditations
- 15 Video Lessons
- Case study and intake form outline
- Exercises

Segment B3: Shamanism & Shamanic Empowerments

The Shamanic Empowerment course content gives an introduction to shamanic practice and covers the following sections:

The shamans view of reality, Multi-dimensional awareness, The different levels of reality, The multi-dimensional self, The dynamic interplay of opposites, The four elements and the science of the directions, The spirit world (power animals, teachers and helpers), The luminous body, Universal energy, Living the shamanic way, The shamanic state of consciousness, Beginning the day – attuning to nature, Building energy, Shamanic rituals, The shamanic journey, Outer journeys, and Healing the luminous body.

Becoming a shamanic practitioner can take many years of practice. This introductory course will show and teach you the basics and attune you to specific energies that can help you along your shamanic journey.

The Shamanic Empowerment attunements:

The purpose of the attunements in this course is to connect you more strongly to the natural energies utilized by shamans and to prepare your physical body and energy system for shamanic work.

1. Shamanic Template -A template is an energetic construct or space within which a connection exists with various levels of intelligence. The shamanic template consists of the Overlighting Deva of Shamanism, the Overlighting Deva of Shamanic Healing, your Solar Angel, Your Higher Self, Luminous Healers from the White Brotherhood working with shamanism, and the members of the Nature Kingdom.

2. Lightbody - The lightbody or luminous body is our energy body that interpenetrates the physical, but is not limited to the physical body. This attunement strengthens the lightbody, empowers and harmonizes the aura and specifically facilitates the awakening of the 7 chakras, the Soul Star and Earth Star Chakras, the awakening of the unified chakra field, the alignment and awakening of the three tan tiens (in the lower abdomen, the chest and the third eye), the awakening of the microcosmic orbit and the awakening of the Ao centres, or cross of fire. It also includes a kundalini preparation function for facilitating a safe awakening of the kundalini energy.

3. Spiritual connection Shakti - Shamanic work includes the ability to function effortlessly in different dimensions of reality. It also entails connecting with sources of guidance from non-physical dimensions. This attunement, or shakti, expands the practitioner's ability to connect to sources of spiritual guidance. Specifically, it allows for connection to the Higher Self, spiritual guides and angels.

4. Space clearing Shakti - This shakti is used to clear a space for spiritual work and is activated through intent.

5. Mind expansion Shakti - In order to operate in different dimensions of reality, the shaman needs to be able to expand his or her mind. This attunement facilitates this process.

6. Three worlds - This attunement expands the connection to the world tree, which represents the lower, middle and upper world. It also enhances journeying ability.

7. Universal Shaman - This attunement provides a connection to ancient shamanic wisdom, through re-activating our dormant genetic memories of our shamanic past. Since we are all one, this attunement also allows us to access the shamanic wisdom and practices of present day shamanic cultures.

8. Directions attunement - This attunement provides a connection to the energies of the directions, East, South, West, North, Centre, Above and Below.

9. Elemental powers - This attunement connects us specifically to the elemental powers of Fire, Water, Earth, Air and Spirit.

10. Mother Earth / Father Sky - This attunement connects us to the powerful, nurturing energies of Mother Earth and Father Sky, the great masculine and feminine energies of the universe.

11. Sun / Moon attunement - This attunement creates a resonance in our energy body with the frequencies of solar and lunar light, energies that can be used for healing or ritual work.

12. Shamanic Light - This attunement connects the practitioner to the primary healing energy for this course. Shamanic Light is a powerful healing frequency that is a balanced blend of elemental energies. Apart from the energy qualities of Shamanic Light, the attunement also brings a connection to shamanic healers in non-physical dimensions who will assist you in your healing work.

13. Source Light – the Light of Great Spirit -This attunement provides access to the infinite and eternal Light of Great Spirit, the original Light that sprang forth from the primal darkness of the void. This energy has an all-purpose healing function and is also important for spiritual growth.

14. Joyful living attunement - This attunement is mainly directed at the heart chakra and increases the heart centre's ability to function in unconditional love, joy and courage.

15. Power animal attunement - This attunement enhances your ability to connect with power animals. During this attunement, you may also recover your primary power animal and become aware of its presence in your life.

16. Energy utility functions attunement - This attunement allows for greater control of energy through intent. The functions of this attunement will work with most other forms of energy work too. The functions are activated through keywords and intent. Specifically:

Distance: Sending the energy at a distance

Group: Sending energy to a whole group

Blanket: Filling an entire space with energy

Direct: This function allows you to direct energy through intent for specific purposes, such as pain relief, relaxation, etc.

Amplify: This function allows you to amplify the power of the energy you are sending.

Once you have received the attunements (as a 16-in-1 attunement) you are able to pass them on to others.

Extra bonuses: Manuals: Shamanic Energy Healing, Sacred Breath, Earth Healing plus **6 E-Books**

Segment B4: Ma'heo'o Reiki

Ma'heo'o Reiki is a broad term that includes healing beliefs and practices of hundreds of indigenous tribes of North America as well as tribal cultures from around the world. It combines spirituality, herbal medicine, and rituals that are used to treat people with medical and emotional conditions. From the Native American perspective, medicine is more about healing the person than curing a disease. Traditional healers aim to "make whole" by restoring well-being and harmonious relationships with the community and the Spirit of Nature, which is sometimes called Mother Earth and also with the Creator of all life which is also known as God, Great Spirit or the Great Mystery. Native American healing is based on the belief that everyone and everything on earth is interconnected, and every person, animal, and plant has a spirit or essence. Even an object, such as a river or rock, and even the earth itself, is considered to have this kind of spirit.

Ma'heo'o translated means Great Spirit, Great One or God. The word Ma'heo'o is Cheyenne, Native American language. This system of energy works will combine the elements of Earth, Air, Water and Fire with the Great Spirit to effectively promote and activate healing in the human condition. This system is simple yet powerful and can be used by anyone.

Ma'heo'o Reiki was created by Rev. Sheryl Rain Carter and employs symbols derived from the Native American Peoples and Mother Earth. The Reiki energy harmonizes with the frequency of Mother Earth so as to work in accordance with Native American Tradition. This unique style of Reiki beautifully combines the healing energy of Reiki with the ancient wisdom of the Native American peoples and can be used for both healing purposes and connection with the elements. It contains a variety of new techniques based on Native American Spirituality which offer the ability to bring you into alignment with the frequencies of the elements, center and calm the 5 elements within our bodies, bring about recognition of our sacred name and totem animals, teachings of connecting the sacred circuit.

There are seven symbols and 3 attunements that are incorporated into this Healing system. The first 4 represent the elements and enables us to connect with and channel Mother Earth's energy; Combined with and activated by Great Spirit this becomes a very powerful system; promoting great energy channeling ability, use of healing light and color, higher intellect, grounded-ness, promotes calming, peace and relaxation. This system combines the gentleness of Reiki with the raw power of the Earth elements. It can bring you into contact with your spirit totems, give you your sacred name and balance your body with the 5 elements.

The Ma'heo'o Reiki course will guide you through the various frequencies of the energy symbols and techniques that you can use to improve and enrich your life. Native American Tradition is covered and incorporated into the treatments and the completing of the Sacred Circuit techniques. Prerequisites: None.

Segment B5: Hawaiian Goddess Trilogy, Hawaiian Trinity Reiki & Ho'omana

HAWAIIAN GODDESS TRILOGY * HI'IAKA, HAUMEA & PELE

Haumea: Haumea is the Earth Mother Goddess. In preparation for the beginning of Civilization She gave Form to all Star Children who first walked on the Holy Land of Mu as Goddesses and Gods. This land was known as Lemuria and many believe that Hawaii is a remnant of that land. It is said she lived as a mortal Woman and was known by the name... La'ila'i. She is regarded as the creatrix of the Hawaiian People. She is the Cosmic Mother ULI In Her Earth body Form The most famous of Her many, many children Are Goddess Pele and Goddess Hi'iaka. Her skill at Childbirth is recounted in many Stories. Children sprang from different parts of Her Body Validating Her Power of Fertility. Haumea acts as Divine Midwife to many human Mothers Her human form is said to live on O'ahu On the Northern side of Kalihi Valley She is known to frequently travel back and Forth From here to the home of her Cosmic family in Nu'umealani Haumea is referred to as a mysterious Akua and still resides over childbirth in Hawaii

Hi'iaka: Represents Wind Presence or Purpose. Hi'iaka's psychic Visions allows her to be an Adept In all forms of Magic Born as a Cosmic Egg She was carried between Pele's Breasts until she became a young Beauty She is an expert Hula dancer Healer and Guardian Seen in the Sky as Hi'iaka-i-ka-maka-o-ka'opua And in Fresh water as Hi'iakaikawaiola She warns fisherman of dangerous storms at Sea appearing in the form of a small Rainbow

Earth Goddess Pele: The continuing ritual recognition of Pele proves that the Divine Feminine has not yet become totally Extinct. We summon Her to clear and purify all that is not needed. She challenges and assists us into bringing forth that which lies dormant in the very core of our Being. This awakens us to use our Gifts creatively and fully for all to Experience. The skin of any person She possesses will redden. A Passionate Goddess...Pele guides Her devotees to Greater Wisdom. She is the Keeper of Emotions and is always willing to share Her "knowing" and lessons of Transmutation.

Pele is a shape shifter who can assume any form. She holds the power to create and destroy. Described as "She-Who-Shapes-The-Sacred-Land" in ancient Hawaiian chants, the volcano goddess, Pele, was passionate, volatile, and capricious. In modern times, Pele has become the most visible of all the old gods and goddesses. Dwelling in the craters of the Big Island's Kilauea Volcano, she has been sending ribbons of fiery lava down the mountainside and adding new land around the south-eastern shore almost continuously since 1983.

To this day, tales of Pele's power and peculiarities continue. Whispered encounters with Pele include those of drivers who pick up an old woman dressed all in white accompanied by a little dog on roads in Kilauea

National Park, only to look in the mirror to find the back seat empty. Pele's face has mysteriously appeared in photographs of fiery eruptions, and most people who live in the islands-whether Christian, Buddhist, Shinto, or other-speak respectfully of the ancient goddess. After all, she has destroyed more than 100 structures on the Big Island since 1983, and perhaps even more awesome than that, she has added more than 70 acres of land to the island's south-eastern coastline.

Hawaiian Trinity Reiki

This system has been revised and updated by Stephanie Brail and has a beautiful energy and feel to it. Originally taught as three separate systems, Hawaiian Trinity Reiki brings together KaHuna Reiki (aka Huna Reiki), Aloha Reiki, and Uhane Nui Reiki.

The ancient Hawaiians believed we had three selves. Way before psychotherapy came along, the Hawaiians identified the three selves as Amakua (Higher Self/Superconscious) Uhane (Soul/Conscious Self/Ego) Unihipili (Inner Child/Subconscious Self, Id).

In Hawaiian Trinity Reiki, each of these three aspects corresponds to one of the trinity as follows: Amakua-Kahuna Reiki

Uhani- Uhani Nui Reiki

Unihipili- Aloha Reiki

In this updated and revised system, the three Hawaiian Reiki systems work not only as standalone energies, but also work together as an entire system. The course materials are well written, the energies are lovely, it is easy to use and teach, and I'm enjoying many of the techniques.

HO'OMANA

Huna, also known in ancient times as Ho'omana, is an ancient Hawaiian spiritual tradition, which was almost lost when Hawaii was 'invaded' by outside influences. Modern research has theories that it is incredibly old. How old is still a question for debate. Legend traces Ho'omana or as it is known today as Huna back to Lemuria. Mu, as it is known in legends, was a continent that stretched across the Pacific Ocean. All that remains of that mythical place are its largest mountain peaks, known today as Tahiti , Polynesia , New Zealand , Hawaii , and the other Pacific islands. It is said that the peoples of the South Pacific descended from Mu and that Huna was their religious philosophy. Huna is 'religious' only in the sense that it guides us to attain spiritual perfection. It is not, however, a religion. It is possible to maintain your religious affiliation and practices, and to be a practitioner of Huna, which is a very broad and inclusive.

Universal Way

Huna is scientific as well since it deals directly with the physical world, in the here and now, and the processes and techniques produce predictable, repeatable and transferable results with people and the environment. These results have been, at times, labelled as magic or occult and yet the unseen forces that produce these effects are very real.

Huna is also a way of life, a philosophy, a way of the heart, with a strong and yet simple code of ethics. It encourages the balance between the physical, mental, emotional and spiritual aspects of 'being'. Huna is all embracing and sees no conflict with other traditions. There is no one 'right' Huna, and the customs and details of Huna vary from practitioner to practitioner, from Island to Island.

Huna places equal emphasis on connecting with your spirituality and connecting with the earth, your body, and your emotions. Rather than teaching transcendence of the physical plane, Huna teaches us to celebrate life, to merge matter and spirit. Huna believes that there are the three key qualities of the heart: The ability of your heart to give and receive love, courage and openness to life.

The Philosophy

The teachings offer wisdom that the key to living a fulfilled life lies in the awakening and integration of your subconscious self (Ku), conscious self (Lono) and higher self (Kane). It offers us a profoundly

beautiful philosophy of life centered in love and the vision of humankind, nature, and the divine as harmonious parts of a cosmic community. But this is not just a philosophy; more than anything else it is something you do. It gives us a set of practices that are simple yet, when used regularly, profoundly transformational.

Segment B6: Healer's Package

Includes the following manuals and attunements:

- Ascended Masters – 13 Attunements
- Blue Star 1 and Master
- Buddha's Healing Hands
- DNA Healing
- Eternal Cosmic Christ
- Buddha's Perfect Blue Light
- Golden Hands Reiki
- Healing Flush
- Hands of Jesus
- Higher Self
- Higher Universal Healing
- Great Spirit Star Mother
- Mastering Destiny Empowerment
- All is Well
- Cultivating Compassion Empowerment
- Empath Clearing & Protection
- Energetic Medicine Treatment
- Eye Care Master
- Quantum Purification
- Stop Smoking Flush

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of manual for any minimum requirements, e.g. Reiki 2 or Masters). One or more of these manuals are free (no charge).

Segment B7: Animal Healing Package

Includes the following manuals and attunements:

- Angels of the Earth Animal Healing
- Animal Reiki
- DNA Healing
- Animal Protection Reiki
- Higher Self-Attunement
- Power Animal Empowerment
- Intuition Empowerment
- Psychic Gifts Flush Empowerment
- Totem Reiki
- Spiritual Healing Attunement
- Spirit Guide Journey
- Energetic Alignments 1 – 7
- Trauma Care
- Angel Lightworker Program
- Healing Elements Lightwork
- Energetic Alignment Activations
- Animal Light Communication

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of each manual

for any minimum requirements, e.g. Reiki 2 or Masters). One or more of these manuals are free (no charge) self-attunements.

Segment B8: Ascension Consciousness Package

Includes the following manuals and attunements:

Akashic Record Flush	Ascension Vibration
Ascension & Manifestation Lightwork Program	Ascendency Energy 999
Auric Blockages Sweeper	Ascension Activation with the Mighty Archangels
Awakening the Light Codes of Atlantis	Ascension Reiki – Book of Remembrance
Cognitive Upgrade	Ascension Symptom Flush
Consecrating the Healing Light	Ascension Vibration
Divine Lights Downloads	Ascension Flame of Purification
Energetic Systems Repair	Shamballa Ascension Accelerator
Indigo Light Empowerment	Lemurian Crystal Bands of Light
Lord Maitreya Love Initiations	Multidimensional Awareness Activation
Soul Care 1 - 5	

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of manual for any minimum requirements, e.g. Reiki 2 or Masters).

B9 – Egyptian Cartouche

Egyptian Cartouche Mastery Attunement Package - 4 Ancient Egyptian Courses - Yod, Egyptian Cartouche Mastery, Egyptian Pyramid, Cartouche the Oracle

Egyptian Cartouche Attunement Series

The Portal to Mastering the Ancient Egyptian System! About this series:

The initiation into Egyptian symbology is very powerful and brings heightened awareness and clarity. Vivid dreams after this initiation is one of the experiences some people have had. The power of Egypt and its symbols of ancient times hold old energies and power. **There are 25 initiations into the ancient universal symbols from Egypt and Atlantis.** Once initiated, you will be awakened and re-connected to the "rainbow bridge" which will open other doors, your healing powers will increase, and your psychic powers increase enabling them to divine more accurately. This initiation at present is only given distantly. The energy and ceremony involved is exhausting and one needs complete silence. 25 different energies will be initiated into your energy system. There are 25 Egyptian cartouche cards which can be used for meditations, divining, healing, metaphysical uses and talismans. These can assist you with insights and answers to any of life's problems or matters. When being attuned to this vibration you should ensure that you have at least one hour for this distance initiation and it is advisable to have complete rest after.

Cartouche encapsulates those archetypal energies which were known and understood by the ancient Egyptians and embodies them in identities easily recognizable in today's world. Cartouche acts as a bridge between day-to-day things and the transpersonal or Higher Self, which makes it very much a part of the Aquarian Age - the age of individual responsibility. Cartouche is based on ancient Egyptian (or older) knowledge and should not be confused with tarot cards. It consists of 25 cards: Cards 1 to 9 (Osiris, Isis, Horus, Bast, Thoth, Hathor, Nephthys, Ptah and Anubis) represent the major archetypes; cards 11, 12, 13 and 14 the Elements of Fire, Air, Water and Earth; and cards 15 to 25 (Sirius, Lotus, Crook & Flail, Uraeus, Winged Disc, The Twins, Sphinx, Scarab, Pyramid, Ankh and Buckle of Isis) relate to more general or mundane energies. Card No 10 is Set, representing all forms of opposition, delays, hindrances and unforeseen problems. Set can indicate one's personal opposition to an idea, to change or to a proposed project.

The ancient Egyptian symbols depicted on the cards capture the essence of the forces or energies that govern the universe. Many believe the Egyptians gained their knowledge of these forces from an even earlier advanced race who, in turn, were instructed by extra-terrestrials from the Sirius star system. The symbols, colors and meanings of the cards accord both with the designs found on Egyptian temples, pyramids, tombs and old papyri, and with a secret arcane tradition that has been handed down from century to century. The Initiations into Egyptian symbols brings about a state of heightened awareness and clarity. There are 25 Initiations into the ancient archetypal universal symbols from Egypt and Atlantis which can enhance healing powers and psychic development. Cartouche is the oval in which the hieroglyphs are drawn. These Initiations are linked to the healing element of fire and so can only be safely passed onto students.

1) EGYPTIAN YOD INITIATION

A personal initiation to awaken the qualities inherent in the human soul. The Yod is the first initiation into the Egyptian Cartouche. The initiation helps to reconnect the rainbow bridge; to re-establish the connection between the heart, third eye, and soul star and soul.

This initiation connects the student to higher thought patterns and will bring greater accuracy for those who do readings of any sort. It also serves to further open the heart to love and compassion. With an open, loving heart, prosperity has to follow.

This manual has a meditation to use before the initiation and then the actual initiation itself with the three symbols. This is the first part of a 4 part series of Egyptian Energies.

2) CARTOUCHE THE ORACLE

Cartouche is based on ancient Egyptian (or older) knowledge. It consists of 25 cards: Cards 1 to 9 (Osiris, Isis, Horus, Bast, Thoth, Hathor, Nephthys, Ptah and Anubis) represent the major archetypes; cards 11, 12, 13 and 14 the Elements of Fire, Air, Water and Earth; and cards 15 to 25 (Sirius, Lotus, Crook & Flail, Uraeus, Winged Disc, The Twins, Sphinx, Scarab, Pyramid, Ankh and Buckle of Isis) relate to more general energies.

The ancient Egyptian symbols depicted on the cards capture the essence of the forces or energies that govern the universe. Many believe the Egyptians gained their knowledge of these forces from an even earlier advanced race who, in turn, were instructed by extraterrestrials from the Sirius star system. The symbols, colors and meanings of the cards accord both with the designs found on Egyptian temples, pyramids, tombs and old papyri, and with a secret arcane tradition that has been handed down from century to century. Each card can be used for meditation, divination, healing or magical or talismanic purposes and, when arrayed in the various layouts, can provide insight and answers to dreams, family or emotional problems, financial or business matters, healing and health, crafts and skills, protection, spiritual seeking, or any of life's many questions.

This includes a one page overall description and then 25 small cards copied on paper of the different symbols, numbers, and their meanings and descriptions, and then additional sheets of 6 cards per page that can be cut out, laminated and used.

You will be attuned to each of the cards and sent the file over email.

This is the 2nd part of 4 in a series of Egyptian Energies.

The word Cartouche is of French origin and represents an oval figure, relating to Egyptian monuments, containing the name of a sovereign or person of rank.

Cartouche enables individuals to be initiated into 25 symbols, each containing powerful energies that were used and understood by Ancient Egyptians. Each have specific meanings and can be integrated into daily life, thereby enhancing self-awareness and personal development both physically and spiritually. This also leads to an increase in natural healing ability whether you are already a healer or not. The attunements involve the Egyptian symbols being 'implanted' into the aura. The symbols are as follows:

1. **Yod** - The Solar Disc in the boat of Ra.

2. **Pyramid** - Symbol of the evolution of the soul through time.
3. **Osiris** - God-King and Lord of Light.
4. **Isis** - Wife of Osiris, mother of Horus & Bast , patroness of magic.
5. **Horus** - Son of Isis/Osiris, the redeemer, patron of homes & families.
6. **Bast** - Twin sister of Horus, goddess of joy, patroness of cats.
7. **Thoth** - Lord of Time, keeper of Akashic records, patron of healers.
8. **Nephthys** - The Revealer, sister of Isis, wife of Set, mother of Anubis.
9. **Ptah** - Architect of the Universe, patron of men.
10. **Hathor** - Goddess of beauty, love & strength, patroness of women.
11. **Anubis** - Protector & Guardian, the Divine Jester, Opener of Ways.
12. **Fire** - Duamutef, one of the four sons of Horus.
13. **Air** - Qebhsnuf, one of the four sons of Horus.
14. **Water** - Imsety, one of the four sons of Horus.
15. **Earth** - Hapi, one of the four sons of Horus.
16. **Sirius** - Sacred Star of the Ancients.
17. **Lotus** -Home of the four sons of Horus.
18. **Crook & Flail** - Emblem of the Pharaoh's Authority.
19. **Ureus** - The Insignia of priestly wisdom.
20. **Winged Disc** - Emblem of the flight of the spirit to higher realms.
21. **The Twins** - Shu & Tefnut, the Twin Lion Gods.
22. **Sphinx** - Hamarkhis, personification of the Rising Sun.
23. **Scarab** - Khepera, god of resurrection & immortality.
24. **Ankh** - The power of the Gods to unlock the door to immortality.
25. **Buckle of Isis** - A carved stone, said by some to

3) EMPOWERMENT IN THE EGYPTIAN PYRAMID

This is a beautiful manual that is detailed and with great pictures, taking you through the inside of an Egyptian Pyramid and what it was like. If you have a fascination with Egypt or think you may have had a past life there, or are just interested in it, this is a great manual for you! You will love the detail and pictures and feel like you are there. This is the 3rd part in a 4 part series on Egyptian Energies.

4) EGYPTIAN CARTOUCHE MASTERY ATTUNEMENT

The manual that starts out with the initiation procedures, kidney breathing, 6 symbols, and then goes on to 23 different symbols and descriptions. These follow the card descriptions but have additional information on the card meanings and also easier symbol drawings. The drawings on the cartouche cards (above) are ornate and detailed and in color.

Segment B10: Hawaiian Huna Reiki AND Huna Empowerments

Huna Reiki

This system has a beautiful energy and feel to it. Originally taught as three separate systems, Hawaiian Trinity Reiki brings together KaHuna Reiki (aka Huna Reiki), Aloha Reiki, and Uhane Nui Reiki.

The ancient Hawaiians believed we had three selves. Way before psychotherapy came along, the Hawaiians identified the three selves as Amakua (Higher Self/Superconscious) Uhane (Soul/Conscious Self/Ego) Unihipili (Inner Child/Subconscious Self, Id).

In Hawaiian Trinity Reiki, each of these three aspects corresponds to one of the trinity as follows: Amakua-Kahuna Reiki

Uhani- Uhani Nui Reiki

Unihipili- Aloha Reiki

In this updated and revised system, the three Hawaiian Reiki systems work not only as standalone energies, but also work together as an entire system. The course materials are well written, the energies are lovely, it is easy to use and teach, and I'm enjoying many of the techniques.

Prerequisite: Usui Reiki Master

HUNA EMPOWERMENTS

The Huna Empowerments system is a set of energy work practices and energies given by attunement. The functions given in these attunements and the information and practices are drawn from the teachings and practices now called Huna.

This manual cannot encompass more than a few of the concepts and principles of these ancient practices. This workshop is primarily an energy work system utilizing energies and information from Hawaiian Kahuna teachings. The teachings of Huna are universal. This workshop draws upon these universal teachings as preserved in the Hawaiian Islands but is not presented in a traditional form.

The Earth Blessings Attunement increases the awareness of being close to and connected with the Earth and of awareness and appreciation of being nurtured by the earth. Some of the other empowerments include an attunement which works to clear negative thought forms from the energy body, a shakti which works to dissolve emotional conflicts, shakti for all purpose healing, instruction in a powerful Huna healing practice. Some other functions in the workshop are activatable attunements which help increase your courage, enthusiasm and ability to give and receive love. A shakti which promotes physical detoxification. The Harmonizing the three-selves attunement and procedure, which is one of the most useful practices anywhere for inner healing and spiritual connection, and many other shakti and procedures. This workshop has tools for your own healing, meditation and spiritual development and for working with and for others as well as Earth and environmental and situational healing and harmony.

B11 – Egyptian Energies Package

Choose 20 of the following manuals and attunements:

- | | |
|-----------------------------------|----------------------------|
| 1. 4 th Eye Activation | 29. Geb |
| 2. 4 th Eye Flush | 30. Giza Empowerments |
| 3. Adad Lightning Fork Essence | 31. Golden Ankh Initiation |
| 4. Amon | 32. Hathor |
| 5. Ahara Reiki | 33. Horus (LW) |
| 6. Amon Ra | 34. Isis (LW) |
| 7. Amulets of Kemet | 35. Maat (LW) |
| 8. Ancient Egyptian Mantra | 36. Osiris |
| 9. Anubis | 37. Ptah |
| 10. Bast | 38. Ra (LW) |
| 11. Cippus of Horus | 39. Sekhmet (LW) |
| 12. Colossos of Memnon | 40. Sobek |
| 13. Egyptian Ancient Modalities | 41. Thebes Triad |
| 14. Egyptian Pyramid | 42. Thoth |
| 15. Gates of Ra | 43. Maat |
| 16. Goddess Nephthys | 44. Nectar of the Sphinx |

- | | |
|--|------------------------------|
| 17. Goddess Ostara | 45. Power of Hatshepsut |
| 18. Hathor | 46. Ra |
| 19. Isis Blue Moon | 47. Ra Sheeba |
| 20. Isis | 48. Selmet |
| 21. Karnak Temple Empowerment | 49. Sekmet (Elizabeth Hibel) |
| 22. Kothirats Goddesses of Marriage,
Childbirth & Auspicious Beginnings | 50. Shai |
| 23. Lama Fera Healing | 51. Yod Initiation |
| 24. Lama Fera Master | 52. Nephthys |
| 25. Abdu Netjeru Initiations | 53. Nut |
| 26. Anubis | 54. Wisdom of Thoth |
| 27. Elephantine Triad Initiations | |
| 28. Eye of Horus Activation | |

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of each manual for any minimum requirements, e.g. Reiki 2 or Masters).

B12 – Crystal Attunements Package

Choose 20 of the following manuals and attunements:

- | | |
|-------------------------------------|---|
| 1. Crystal Deva Empowerments | 27. Elixirs 2 |
| 2. Harmony Stone | 28. Epona’s Crystal and Nature Healing
Empowerment |
| 3. Lemurian Seed Crystals | 29. Ethereal Cedar Core |
| 4. Amber Essence | 30. Ethereal Crystals 1 – 9 |
| 5. Amethyst Fairy Orb | 31. Ethereal Crystals 10 – 12 |
| 6. Angelic Amethyst Essence | 32. Ethereal Herbs |
| 7. Angelic Aqua Aura Essence | 33. Ethereal Flowers 1 |
| 8. Angelic Moonstone Essence | 34. Ethereal Flowers 2 |
| 9. Angelic Turquoise Essence | 35. Etheric Herbal Remedy |
| 10. Apophyllite Essence | 36. Everlasting Beauty Rose Essence |
| 11. Burdock and Charoite | 37. Flower Attunement Manual |
| 12. Chakra Elixirs | 38. Herkimer Diamond Ray |
| 13. Charoite Essence | 39. Lavandula |
| 14. Cicada Empowerment | 40. Lavender Flame Lotus Jewels |
| 15. Crystal Cave | 41. Lemurian Crystal Band of Light |
| 16. Crystal Skull Activation | 42. Lemurian Energy 21 Concepts |
| 17. Crystal Children’s Light | 43. Majestic Conch Shell Empowerment |
| 18. Crystal Wind | 44. Meditation for Crystal Cave |
| 19. Crystal Being Therapy | 45. New Lemurian Energy |
| 20. Crystal Dragons | 46. Opal Wood |
| 21. Crystal Heart Spirit Clearings | 47. Prehnite Crystal Empowerment x 2 |
| 22. Crystalline Living Water Matrix | 48. Stone Reiki |
| 23. Crystal Reiki | 49. Sunstone Lightbody Attunement |
| 24. Diamond Dolphin | 50. The Crystal Rose |
| 25. Double Crystal Triangle | |
| 26. Elixirs 1 | |

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of each manual for any minimum requirements, e.g. Reiki 2 or Masters).

Segment P1: Angels Package

Includes the following manuals and attunements:

- Activating the Angels of the Heart
- Angel Journey Activations
- Angel Lightworker Program
- Angel Energy Meditations
- Angel Wings
- Inviting Angels into your Life
- Angel of Space Clearing Empowerment
- Angel Reiki
- Angel Heart Empowerment
- Angels of Healing
- Angel Contact
- Angels of Awareness, Happiness, Loving Consciousness, Prosperity, Release and Self-Healing
- Angelic Cellular Healing
- Angelic Empowerments
- Angels of the Earth Animal Healing
- Light of Prosperity
- Inner Angel Awakening
- Venus Angel
- Key of Archangel Raziel

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of each manual for any minimum requirements, e.g. Reiki 2 or Masters). One or more of these manuals are free (no charge) self-attunements.

Segment P2: Archangels and Ascended Masters Package

Includes the following manuals and attunements:

- Ascension Vibration
- Metatron Initiations
- Ascension Activation with the Mighty Archangels
- Archangel Chamuel's Unconditional Love
- Archangel Gabriel's Gift of Joy
- Archangel Jophiel's Soul Awakening
- Archangel Michael's Cutting Cords
- Archangel Michael's Emotional Purification
- Archangel Raphael's Healing
- Archangel Uriel's Peace and Tranquility
- Archangel Zadkiel's Forgiveness
- 4 Holy Archangelic Attunements
- Angel Journey Activations
- Stargate 12:12 and 13:13 Initiation
- Celestial Starseed Activation
- Universes Within 106
- Ascended Masters – 13 Attunements
- Ascended Master Connections

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of each manual for any minimum requirements, e.g. Reiki 2 or Masters). One or more of these manuals are free (no charge) self-attunements.

Segment P3 a, b & c: Dragon Spirit Package (3 separate choices)

Includes the following manuals and attunements:

Part A

1. Amara Omni
2. Angel Lightworker Program
3. Chi Lin Dragon Horse
4. Cosmic Dragon
5. Crystal Dragons
6. Djinn's Reiki
7. Dragon Dance Core Energy
8. Dragon Egg
9. Dragon Force
10. Dragon Heart Flame
11. Dragon Ki Reiki
12. Dragon Light Spectrum
13. Dragon Lightworker Trilogy
14. Dragon Of Kuan Yin
15. Dragon Pearl Reiki

Part B

16. Dragon Phoenix Energy Empowerment
17. Dragon Transformational
18. Dragon Warrior
19. Dragon White Wing
20. Dragonheart Essential
21. Dragons Blood Energy
22. Dragonwinds Reiki

23. Earth Dragon Egg Elixir
24. Eternal Healing Light
25. Etheric Dragon
26. Fire Dragon Portal
27. Golden Arowana Empowerment
28. Golden Dragon Pearl
29. 12 Dragons

Part C

30. Gomran The Dragon
31. Jade Dragon
32. Koi Medicine
33. Light Dragon
34. Magickal Lightworker Program
35. Men Shen Reiki
36. Midori
37. Nogo Kencono Empowerment
38. Power Of The Dragon
39. Raku Kei Master
40. Red Dragon
41. Snap Of The Dragon
42. Trauma Healing Energy
43. Vajrasatva Bronze Dragon
44. White Dragon
45. Yellow Dragon Elixir

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of manual for any minimum requirements, e.g. Reiki 2 or Masters). One or more of these manuals are free (no charge).

Segment P4: Dolphins and Whales Package

Includes the following manuals and attunements:

- Dolphin Trilogy Healing
- Walking the Rainbow
- Whale Song Empowerment
- Golden Dolphin Merkaba of Love for World Peace
- Dolphin White Wave
- Dolphin Ring of Protection
- Diamond Dolphin
- Dolphin Reiki
- Dolphin Whale Empowerment
- Rainbow Dolphins
- Dolphin Clear Waters Activation
- Dolphins of Atlantis
- Dolphin Prism Empowerments
- Sea Salt Energy
- Blue Ray Lemurian Healing
- Blue Star Lemurian Healing

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of each manual

for any minimum requirements, e.g. Reiki 2 or Masters). One or more of these manuals are free (no charge) self-attunements.

Segment P5: Subtle Energies Package

Includes the following manuals and attunements:

- 24 Strand DNA Activation
- Aura Flush
- Chakra Flush
- Energetic Systems Repair
- Energetic Alignment
- Energetic Medicine Treatment
- Etheric Cord Flush
- Good Sleep Empowerment
- Healing Flushes 1 – 6
- Higher Self Journey Activation Program
- Intelligence Awakening
- Meridian Flush 1 – 10
- My Relaxation Chamber
- Responsive Nadi Renewal

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of each manual for any minimum requirements, e.g. Reiki 2 or Masters). One or more of these manuals are free (no charge) self-attunements.

Segment P6: Mystery Mastery Healing System Levels 1 to 3

This is a Oneness-based advanced energy healing and awakening. It teaches you how to work from an embodiment of your Infinite nature, utilize that which is unknown and unknowable, and go into states of consciousness that transcend limitations, opening your healing channel to easier and deeper results and more possibilities.

Level 1 of the Mystery Mastery Healing Session reframes healing in the larger context of infinity. You will learn powerful states of being to let go of limiting identifications, and open yourself (and your clients) to deeper healing than you imagined possible. These are the states of being from which “miracles” happen. Level 1 also helps you identify limiting thinking, common blind spots that hinder healing. Once you recognize these in yourself, you free your mind and your healing will follow.

Mastery of the skills in level 1 will open the doors to all kinds of delightful possibilities for in person and distance healing in level 2, which you will then take “quantum” in level 3 as you learn to work in infinite depth and breadth. Level 3 will also teach you how to teach and attune others to the Mystery Mastery Healing System. After completion of level 3, you will be able to continue your development via ongoing attunements and new tips and techniques.

The Mystery Mastery Healing System is infinite. It includes all energies and all possibilities. There is a lot to explore; its uses are only limited by your thinking, and as you evolve you will still find new uses for it.

To use the Mystery Mastery Healing System, you will need a basic understanding of energy healing and experience offering sessions and instruction. Since Reiki already teaches that very well, Usui Reiki Mastership is a prerequisite for the Mystery Mastery Healing System.

Once you have completed Level 3 you will be able to attune others to Levels 1 - 3.

Segment P7: Mystery Mastery Healing System Levels 4 to 6

For Graduates of the Mystery Mastery Levels 1-3, Levels 4-6 take you deeper into your everyday mastery and abilities as a healer and awakening facilitator.

Level 4

Builds on the non-resistance technique. You will learn new ways to use it to become more aware of how the body and especially the mind releases its grip and opens to infinity, and the reverse process of falling into limiting perceiving, thinking and body tension. With this awareness you can recognize when you move into limitation and more easily shift back to living in infinite empowerment.

This new use of non-resistance will also enable you to find and use the right level of physical and/or mental non-resistance for whatever task is at hand Your needs when writing a paper are different from your needs while going for a run, opening to intuition or falling asleep.

In level 4, you'll be introduced to a technique for pain release which is great for headache relief, grounding, relieving "restless legs," helping with kundalini blockages, and bringing in new energies. You will also learn a technique for renewing and regenerating body/mind/spirit, and every cell in your body. It can quicken spiritual awakening too.

Level 4 teaches how to embed energy in text and objects. Not just Reiki, or simple energies like joy or relaxation but also complex experiences like how it feels to be outside after it has rained, or entire healing sessions consisting of multiple templates.

The course materials for levels 4-6 have embedded energy/experiences in them to support you in your learning and embodiment. You will be able to read the materials with the embedded energy all on, partially on, or completely off, depending on how deeply you wish to experience the teachings.

Level 5

This level is all about erotic energy work. The importance of pleasure and eroticism for healing and awakening are discussed, along with everything you need to know to offer an erotic energy healing session to yourself and others. Level 5 will also challenge and assist you in resolving any barriers to comfort and empowerment with erotic energy and pleasure.

Level 6

Level 6 is about living in Mastery. It's about living in the day to day state of mind, heart and body of a Master of the Mysteries.

Deepak Chopra said "Instead of thinking outside the box, get rid of the box." We keep ourselves trapped in the box by an overdependence on the mind, holding on to memories and ways of relating based on the past, and in other ways as well. As healers this keeps our healing in a box, limiting the depth and breadth to which we can help others.

The key to getting rid of the box is akin to learning the secret to a magic trick. Once you learn how the illusion is perpetuated you no longer see the illusion. You only see the perpetuation. Once you see how you perpetuate the box, both the box and the perpetuation fade and you are truly free.

The goal of level 6 is to assist you in seeing how you have created and maintained the box, while also offering assistance in getting rid of it. This is not about positive thinking, or about changing limiting beliefs, but rather about observing and evolving your process of perceiving.

Once you have received Level 6 you are able to attune others to Levels 1 – 6.

Segment P8 a, b & c: Atlantis & Lemuria Package (3 separate choices)

Includes the following manuals and attunements:

Part A

- | | |
|--|------------------------------|
| 1. Access to the Well of Knowledge of Atlantis | 22. Lemurian Seed Crystals 4 |
| 2. Amara Omni Reiki | 23. Light of Lemuria |
| 3. Atlantean Peace Reiki | 24. Lord Ramatis |
| | 25. New Lemurian Energies |

4. Atlantean Crystal Angels
5. Atlantic Temple Light
6. Atlantis Healing System
7. Awakening the Light Codes of Atlantis
8. Blue Ray Lemurian Healing Reiki
9. Blue Star Lemurian Healing Reiki
10. Celestial Abundance
11. Dolphin Stones of Mu
12. Dolphins of Atlantis
13. Ho'omana

Part B

14. Inga Reiki
15. Lemurian Angels
16. Lemurian Crystal Band of Light
17. Lemurian Facilitator
18. Lemurian Indigo Connections
19. Lemurian Seed Crystals 1
20. Lemurian Seed Crystals 2
21. Lemurian Seed Crystals 3

26. Pleiadian DNA Clearing

Part C

27. Pleidian White Light Connections
28. Ray Reading - 18 Rays
29. Seven Pearls of Reiki
30. Shamballa MD - 9 attunements
31. Shamballa MD 12 D -12 attunements
32. Spirit of Atlantis
33. Sword of Power and Justice
34. Telos Healing System
35. Turquoise Flame Reiki
36. The Atlantean And Gaia Trilogy - which includes three courses: Crystal Skull Activation,
37. Atlantean Crystal Activation, and
38. Elemental Earth Star Empowerment
39. Children of the Law of One and Lost Teachings of Atlantis (no attunement)

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of manual for any minimum requirements, e.g. Reiki 2 or Masters).

Segment P9: Shaman Package

Includes the following manuals and attunements:

- One Spirit 1 & 2
- Goddess Freya's Warrior Heart Empowerment
- Power of Ixchel
- Pachamama – Aura
- Shaman Power Symbols and Attunement
- Spirit Wolf Empowerment
- Shaman Care
- Shamanic Soul Retrieval Reiki
- Activation of the Shaman
- Activation of the Medicine Wheel
- Spell Clearing Empowerment
- Magickal Shaman

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of manual for any minimum requirements, e.g. Reiki 2 or Masters). One or more of these manuals are free (no charge).

Segment P10: Mystery Mastery Healing System Levels 7 to 8

For graduates of Mystery Mastery 1-6, levels 7 and 8 expand upon the teachings and techniques of the previous levels, while also offering new techniques, insights and energies for infinite living and greater healing mastery. Instead of the one attunement per level for levels 1-6, level 7 has three attunements, and level 8 has three attunements. Here is a partial description of contents for Levels 7 and 8:

Level 7

Level 7 begins with a detailed but easy and fast technique for accomplishing most any healing task, including things that would otherwise be complex or require training or information you do not have. Whatever the task, no matter how complex it may seem, you do not have to be familiar with it or even know how to create it. That is figuring it out with the mind. As an infinite being, you have another option. Level 7 teaches that option.

Level 7 also teaches a way to use subtle energy to massage and stretch the body. Would you like to know how a 50 year old woman with a lifetime of repetitive strain injuries from Tourette Syndrome manages to avoid serious pain and dysfunction, despite constant re-injury of muscles? This is it. It is also very useful for back pain. And, it can be offered via distance! It combines well with hands on healing, massage and yoga.

With level 7 you can learn how to choose infinity boxes to create a relaxation zone, offer conditions that aid mental clarity, help wounds heal quicker, quiet an active mind, help energy flow easier, re-create the healing room energy of your favourite healer and use it for yourself or your clients, and many other things as well.

Diving deeper into the systemic nature of your body as a whole, each of its parts, and even your emotional body and mental body, level 7 offers a simple way to work with the operating system of a system to bring it back into balance and then balance it with all the other systems it affects and is effected by. It is simple and can be done in less than a minute. You can also use it to change your way of being around money, relationships or most anyone or anything else. And that is just the beginning of ways to use the systemic nature of healing as an infinite being! Level 7 offers other ideas too.

Level 8

Level 8 goes into more detail on how to self-attune to anything. From descriptions of crystal grids, to pictures of crop circles, even to any of the layered healing sessions, or types of healing offered on my website (or any other website). You will learn how to not be locked out of any healing or attunement, despite any ways healers set up attunements with expiration dates or for paying clients only.

What if your energy work could be met by your client with enhanced receptivity and allowance of healing? What if their tension could instead be ease and flow? What if your energy could be met by their body with joy and expansiveness? All this, and much more is possible. It can even be offered via distance, and combined with other Mystery Mastery techniques.

Level 8 will also teach you how to “transfer” any intuitive knowing or any other energy from you to your client. If you get an intuitive insight of a great potential future for your client and would like to help make that outcome more likely and easy, you can use this technique to support your client. It has many other uses too.

In level 8, you can learn how to connect with Morphic fields at will to raise your vibration, develop intuitive skills, be more positive, deepen your awakening, gain inspiration/insight to solve problems, lucid dream and have greater ease in learning new things. You will even learn how to use it to attract new clients, meet new friends or work with the energy of a group to increase the results of any healing you receive for yourself, or offer to others.

P11 – Abundance and Manifestation Attunements Package

Includes the following manuals and attunements:

1. Abundance Prosperity Reiki
2. Gold Reiki
3. Abundance Prosperity Manifestation
4. Abundance and Success Empowerment Reiki
5. Abundant Dreams
6. Abundantia Abundance Ray Empowerment
7. Abundantia's Abundance
8. All is Well Empowerment
9. Ascension & Manifestation Lightwork Program
10. Financial Influx Service
11. Fortuna Luck Ray
12. Full Abundance
13. Golden Hands Reiki
14. Good Fortune Prosperity

15. Lighten the Load
16. Light of Prosperity
17. Manifestation Empowerment
18. Miracle Manifesting Empowerment System
19. Money Freedom Empowerment
20. St Germain & Raphael Prosperity Empowerment
21. Money Angel Reiki
22. The Diamond of Prosperity
23. The Violet Flame for Financial Prosperity
24. Scarcity Release Empowerment

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of manual for any minimum requirements, e.g. Reiki 2 or Masters).

P12 –Animal Medicine Empowerments Package

Choose 25 of the following:

- Albatross
- Animal Empowerment 1 & 2
- Animal Path Reiki
- Animal Protection of Goddess Artemis
- Animal Protection Reiki
- Animal Reiki
- Aquamarine Dolphin Healing Ray
- Bat Empowerment
- Bear Reiki
- Buffalo
- Butterfly
- Butterfly Reiki
- Carrowkeel
- Carrowmore
- Cat
- Chameleon
- LW Chameleon
- Cougar
- Coyote
- Deer
- Dog
- Dolphin
- Dolphin Essence
- Domestic Cat
- Dove
- Dove (N Lanning)
- Dragon (B Hanlon)
- Dragon Empowerment
- Dragonfly
- Eagle of Samothrace
- Elephantine Triad
- Elephant Medicine
- Eloa
- Essential Unicorn
- Fox
- Giraffe
- Great Blue Heron
- Hawk
- Horse
- Horse (N Lanning)
- Hummingbird
- Invoking Animal Medicine Powers
- Koi Medicine
- Owl
- Power of Dragon
- Praying Mantis
- Raccoon
- Red Winged Blackbird
- Snake
- Spider Woman
- Spirit of Spider Medicine
- Spirit Steed
- Spirit Wolf
- Squirrel
- Swan
- Tiger Reiki
- Totem Reiki
- Trimurti
- Turkey
- Turtle
- Turtles Wave Protection
- White Buffalo
- White Buffalo Calf Woman
- White Buffalo Calf Woman Speaks
- Wolf Empowerment

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of manual for any minimum requirements, e.g. Reiki 2 or Masters).

Segment H1: Munay Ki Shamanic Rites - International Teacher's Training

The Munay-Ki are the 9 great rites of initiation of the medicine way. The Munay-Ki are the Rites of the Shaman's Path of the Q'ero nation, the descendants of the Incans, the indigenous people of the holy mountains of the Andes in Peru. Traditionally, one must spend many years in sacred study before and between receiving these Initiatory Rites. The Elders believe that we are at a critical juncture in human history and that these Rites need to be transmitted to as many people as possible. The 9 Munay Ki rites are:

- ∞ Healer's Rite
- ∞ Bands of Power Rite
- ∞ Day Keeper's Rite
- ∞ Harmony Rite
- ∞ Seer Rite
- ∞ Wisdom Keeper Rite
- ∞ Earth Keeper Rite
- ∞ Star Keeper Rite
- ∞ Creator Rite (aka Spirit Keeper Rite)

For more information, see www.munay-ki.co.za

Course Content: About the 9 Rites and how to give them. See Munay Ki ad at the end of this info guide.

Extra bonuses: Pi Stone, various native American music, videos, Munay – the organising principle

Segment H2: Reiki Master Level

The Reiki Master level amplifies your Reiki energy and enables you to teach Reiki. You will become proficient at giving Reiki attunements and guidelines will be provided for group training and developing your practice. You will be given three further symbols and learn further meditation techniques. At the conclusion of this course you will have evolved mentally and spiritually into a highly competent, compassionate and confident master healer and teacher. Once you have received the Master Level attunement you are able to attune others to Reiki.

Course Content: spiritual laws of success, developing your intuition, sacred symbols, Merkabah activation meditation, the attunement process, healing and distant attunements, how to develop your Reiki practice, guidelines for teaching

Extra bonuses: Audio: Meet your Reiki Master Guide Meditation, 13 audio lessons **Other:** 13 videos, extensive PowerPoint presentations and notes, 4 MP3s, Reiki Business Builder (includes 3 non-branded manuals in MS Word and blank certificates)

Segment H3: Karuna Reiki Levels 1 to Masters

Karuna Ki is an advanced healing energy system that takes the Usui system to another level. Karuna Ki includes 3 levels of instruction: First Degree, Second Degree and Third Mastery Degree. It is available only to those who have attained Usui Reiki Master level.

Karuna Ki is wonderful at strengthening your ability to heal on all levels, physical, emotional and spiritual. Karuna is a Sanskrit word that means "compassion in action".

The word Karuna is used in Hinduism and Buddhism. Karuna is the motivating quality of all enlightened beings who are working to end suffering on Earth. It is understood that Karuna is not only extended to others out of love, but also because it is an entirely logical thing to do. In the same way that you would want to heal your own wounds, you would also want the wounds of others to heal. It is stated in Buddhist literature that Karuna must be accompanied by wisdom to have the right effect.

The three levels of Karuna Ki are outlined below:

Karuna Ki I - In this level you will receive and learn how to use the first 4 symbols of Karuna Reiki and be attuned to their energy. You will then practice using these symbols and treatments. Working with chanting, toning and healing our shadow self.

Karuna Ki II - In this level you will receive and learn how to use the second 4 symbols of Karuna Reiki and be attuned to their energy. You will then practice using these symbols and learn how to infuse these with your regular Reiki symbols and treatments.

Karuna Ki III - Master Teacher - In this level you will learn how to teach the symbols of Karuna Reiki and be attuned to Master Energy. You will then practice using these symbols and learn how to attune others to Karuna Reiki. Once you have received the Master attunement you are able to attune others to Karuna Ki.

Segment H4: Order of the Golden Dragon Levels 1 to 3

This ancient energy source has been used and suppressed many times having being rediscovered again in 2000 by a group of experienced mediums in Ireland after being lost for 1,800 years after it died out in France. The Golden Dragon comes from the same spectrum of energy as Reiki and Seichim and actually expands on this, by tapping into and accessing the energy of crystals, minerals and also that of higher dimensional energies.

Golden Dragon level 1 makes a strong connection to the Earth allowing you to pull up the energy of crystals, minerals and metals. These energies can be used for healing purposes (channelled through your grounding cord and lower main chakras). You will also be able to channel higher vibrational energies, which can be used mainly for emotional healing and balancing your energy bodies, through your higher main chakras. Level 1 includes information about this energy system, its first sacred symbol and how to perform healings for you, others, plants and animals. The Healing Order of the Golden Dragon attunements will substantially increase your grounding as well as open your lower chakras to the energies of the Earth and that of crystals and gemstones. Attunement should be followed by daily self-treatments for approximately 21 days. **Prerequisite:** Reiki Level 1.

Golden Dragon level 2 teaches you about what it means to be an official Golden Dragon teacher. This level also includes information about the second symbol and how to perform the attunements to levels 1&2. Golden Dragon level 2 provides a significantly stronger attunement than level 1 which is very grounding and further develops your healing and psychic abilities.

Golden Dragon level 3 should only be considered if you have done a lot of healing work on yourself and reached a high level in your energetic and spiritual development. The attunement to Golden Dragon level 3 will directly connect you to both higher and lower dimensions, which will further activate your multi-dimensional DNA strands and stimulate further changes in your chakra system.

This attunement actually creates a bridge between pure being-ness, or spiritual bliss, and the way you relate to it. You no longer need to do connect through and via other means, you are now the bridge and capable of connecting yourself. The connection to higher dimensions is open-ended which means that it will grow as you develop. There is no need for further attunement.

Prerequisite: Reiki Master

Segment H5: Celestial Activations

The Celestial Light Body Activation

Quote from the Founder, Jay Burrell : A Personal Development System for your Spiritual Growth

The energies of the Celestial Light Body are of an extremely high vibrational frequency but are at the same time very simple and easy to use. Some more advanced spiritual teachers might find the information within the manual very simple and easy to understand and this is great because you will already have an added benefit in progressing this knowledge to another level.

The main focus of this system is not about what the manual says or what I teach, it is about your willingness to re connect with your light body so you can expand your mind beyond the human ego and from what you already believe that you know and feel into a place of pure spiritual peace and enlightenment.

During the many months of channelling this energy it has cleared away a lot of the old negative energies, self-programming and energetic attachments that have been with me since childhood. These clearings have not been easy but through the guidance and protection from my star guide Rakesh and the daily activation of the Celestial Light I have been blessed with a new understanding about the meaning of energy healing and personal spiritual ascension. The added benefit of the clearings and changes that will occur you will find your psychic abilities and spiritual awareness of your surroundings will dramatically increase too.

Your light body is a body of pure energy that exists at a higher vibrational level which is closer to your inner consciousness or soul, than your chakras. As you re awaken your light body vibrations you will start to learn how to channel a much higher vibrational energy during your healing work as well as teaching you how to change all less harmonious energies which are within your auric field or around you into positive vibrations. This attunement will also help you to experience a much higher and stronger sense of personal power which will be felt during your attunement and subsequent healing sessions. The Celestial Light Body Activation will also help you to stay centered, release old blockages and to help release any stuck emotional energies to be replaced with love and serenity. Activating and awakening your light body will create a flow of energy that will open many doorways to the higher realms of spirit.

Through awakening your light body you will also gain a better understanding of accepting more light energy into your everyday thoughts and action which results in an opening of your healing channel in an upwards direction so that you are more strongly connected to the universal mind and your higher heart consciousness. As the process of continued awakening occurs you will learn how to place yourself into altered states of awareness which are attained through using crystals, guided meditations, self-healing and personal intentions.

Using all of the methods described within the manual will help you to choose the right actions that reflect the light of your soul and higher self rather than that of the human ego mind. You can experience many altered states of awareness through these meditative journeys and they will be deeply insightful, knowledgeable and blissful. They will take you beyond thought and into the direct experiences of oneness with who you are at this moment in time as well as a oneness with everything around you.

It is within these states of awareness that you can truly see, sense and feel the expansive energies of the higher dimensions and make them a part of your daily life.

Celestial Chakra Activation 1 & 2

Prerequisite: Either Usui Reiki, Seichim, Karuna Master or Lightarian Reiki 6

From the Founder Jay Burrell: This is a brand new attunement that I started to channel in September 2011 but it has taken quite some time to create. This is due to the much higher vibrational frequencies that this system contains but this is also due to the fact that I wanted to make sure I understood what the energies of this system can do and how they will help those who choose to work with them.

The Celestial Chakra Activation is a system that has been given to us by spirit and my star guide Rakesh to help those who have reached a point on their spiritual path where you feel able to work on the development of your higher chakras, you will have reached an understanding of how to tap into energies of varying frequencies, not only to help your own spiritual progression but also to help heal mother earth. Now, the time has come for others to become aware of this system and to reap the rewards of its use in their daily and spiritual lives. The present understanding of the chakra system gives you seven plus one (foot to crown) chakras. The foot or sole chakra is also known as chakra zero or the earth grounding chakra which is located between the balls of your

feet. Now we also have chakras that rise up above the crown. For some of you these higher chakras are already opening but for others this will be the first time that they have come across the idea that there are chakras which extend above the crown.

The purpose of these new chakras is to give you the ability to tap into your own inner god-self, the divine will and if you are lucky, the galactic community which surrounds and supports the earth and all humankind on their spiritual evolution. By the time you reach the stage on your spiritual and life's path in wanting to develop and expand your Celestial Chakras, you will have already gained a very good understanding of energy healing, ascension, psychic development and the chakra system.

The Celestial Chakra Activation is also a system that will be unique for each person who chooses to work with the energies. This is why you will not find the colours of these chakras within the information that I have given. My own higher chakras are all white but they also have a rainbow shimmer to them. This is personal for me and is a sign from the Rainbow guides that I have worked with for many years. Your higher chakras will be visible in a colour that is best suited for you.

The Celestial Starseed Activation

From the Founder, Jay Burrell: Many will have heard the term of Starseed but not many will know what this title means. The term Starseed literally means that an individual/soul born on earth is a creation who has had many lifetimes on planets within other star systems, galaxies and even other dimensions and universes. Starseeds are also individuals who will quite often get excited about the thought of originating from another world or within another universe. They will also have a strong sense of longing for their home and images of space, other planets and galaxies will often bring these feelings to the surface. Another simple yet highly effective sign that any starseed will have is a sense of aloneness, separateness or even being a foreigner on this planet or in your country of origin. Although the sense of not being settled within the country of your birth usually indicates a previous lifetime in another country it can also indicate that there is a possibility that you have lived on earth but this earth was in another Universe. This is what I call a Multiverse Universe. Through the channeling work that I have had over the years with my star guide Rakesh, I now strongly believe that our universe is just one of many universes and our earth is just one of many Earth's. The system has been channelled to help all those who feel that they are Starseeds to cope with the changes that are occurring on planet earth as well as helping you to deal with the much denser energetic vibrations of the planet. The Starseed Activation will also help you to create a protective shield around you which will help to prevent all external energies which are not part of your highest good and life's purpose from being present in your life.

Through this attunement you will also discover that your inner abilities will start to manifest themselves. These can range from achieving your first astral travel to learning to work with psychic gifts. You will also learn many new and exciting meditations and spiritual techniques that you can apply to your life in order to regain your starseed connections as well as your ability to communicate with the Masters, Angels and Guides.

Galactic-Self Activation

Your Galactic-Self is the monadic aspect of your eternal existence and it is through this new method of awakening and spiritual expansion that you will begin to experience states of pure oneness where time and space no longer exist in a way that you believe them to be. You will also become more sensitive to the divine presence that resides within you. As human beings we are now entering a stage of galactic awareness where the creation of subtle yet highly evolved shifts in energy are occurring within both the physical and spiritual body. This energy shift is also occurring for our blessed mother earth as she embarks on her own journey towards Ascension. Through the Galactic-Self Activation you will begin a process of expanding your personal awareness through the opening of your energy channels to the purest vibrational energies of your Galactic Self and the Godhead Energies. As this process unfolds you will begin to alter the less wholesome earthly experiences such as feelings of Ego, Vanity, Fatigue, Uninspired Awareness, Loneliness, Self-Absorption, Egotistical Thinking into that of Love, Light, Generosity, Gratitude and the desire to help others.

As the expansion of your awareness begins to unfold and you allow the energies of your galactic-self to be assimilated into your waking consciousness you will be propelled forward into creating a truly heavenly experience, right here, right now, within your present lifetime. Rakesh - 2nd July 2013

During your attunement to the Galactic Self Activation you will receive a very special spiritual blessing that will encode Etheric Crystalline Structures into your energy field which when activated will flood your physical and spiritual body with their vibrational frequencies and etheric attributes. This form of Crystalline Structure Encoding comes to you directly from the Godhead and is being given to help you to gain not only instant access to the crystals energies but also to their attributes and blessings which in turn will greatly aid you with your connections to the Galactic-Self. You will also gain insight into your galactic origins which might also include the awakening to where your true galactic self-originated from.

Segment H6: Psychic Protection & Development Package

Includes the following manuals and attunements:

- Channelling Flush Empowerment
- Cultivating Compassion
- Empath Protection, Activation & Clearing
- Higher Intuition & Enorasis Empowerment
- Higher Self Activation Journey Program
- Mental Aid Kit
- Psychic Gifts Flush
- Quantum Energy Shield
- Spell Clearing Empowerment
- Spiritual Awakening Shield
- Spiritual Purification and Transmutation
- Telepathy Gene
- Third Eye Psychic

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of manual for any minimum requirements, e.g. Reiki 2 or Masters).

Segment H7: New Earth Teacher 1 - 9

New Earth Teacher (NET) training and the accompanying Initiations are the most profound series of teachings and Knowledge available to anyone on Earth at this time, and anyone who is feeling in their heart that big and major changes are happening and want to know what's going on - well, you need not look any further than this incredible information. We all want to be ready and prepared for living on the New Earth and in the not so distant future at that. This material and the Initiations included, will explain much about what is going on. I gratefully and lovingly invite anyone who feels a stirring in their hearts and souls at reading about the New Earth to begin with me, or any other NET facilitator for your highest and greatest, always in all ways.

The New Earth Teachers is a fantastic way to help Mother Earth make the shift to the New Earth that is currently waiting for its future residents. In order for the old Earth to move onto a higher dimension with us, she needs help. Angels, Light Beings and loving extra-terrestrials help in this process, but they can't nor are they allowed to do too much because this is not their planet and world. Therefore they have contacted some people on Earth and given them the NET course material. The plan has been to make this material affordable and easy to spread too many people quickly in order to help make the transformational process easier for Mother Earth and the entire solar system. The knowledge received in the NET classes is intended to be spread around the planet. Once you take a class, you may also teach it by holding classes or by sending it out via the internet. Anyone can

take or teach the NET classes, regardless of background or beliefs. By providing this material to others, you can earn back the cost of these courses very quickly.

The classes are intended to help people all over the world to have a deeper understanding of Mother Earth and the changes that will come with the New Earth. They contain information about the course of events that are unfolding with the Universal transformation that is currently under way.

The NET classes are meant to strengthen, help and inform people, but most of all to help Mother Earth make her transformation.

The details for each level are as follows:

New Earth Teachers Level 1

- * How to Open Small Portals
- * How to Make Small Portals on Oceans, Lakes, on Water
- * How to Connect with Mother Earth's Soul and Spirit
- * Two Levels of Meditations about The New Earth
- * How to Take the First Step in Cleaning and Fixing Present Earth
- * How to Build a Crystalline Device for Cleaning Water
- * How to Help Karma and Release Karma from the Earth
- * Understanding The New Chakras
- * How to Use Life Elixirs
- * How to do The Golden Movement Part One
- * Receiving an Initiation to Become a NET Teacher
- * How to Initiate Others so that They also will Become NET Teachers

New Earth Teachers Level 2

- ~ How to make Star points and build Star point systems
- * How to prepare others for the enormous changes coming
- * Exercise to reach deeper within and find Self
- * Exercise for those eager to help
- * How to build a Chakra Ladder
- * Stones to balance the new chakras
- * How to help our fellow beings
- * Using thought power to work with ribbons/bonds to Mother Earth
- * Meditation for the New Sun
- * Another Journey to the New Earth meditation
- * Golden Movement for the NEW EARTH
- * Initiation for Further Openings

New Earth Teachers Level 3

- * How to open small portals at a distance
- * How to temporarily change the frequency in big and small objects.
- * Changing frequency at a distance
- * How to undo the frequency
- * Meditations in power places on the New Earth

- * Healing with Symbols
- * About changing the appearance
- * To raise your own frequency
- * To prepare for contact
- * Initiation for Further Openings

New Earth Teachers Level 4

- * About Time- what time really is and how it can be used.
- * The process of the two planets meeting.
- * Spiritual development
- * Interdimensional Ascendance
- * How to make stronger portals
- * The New Energies of New Earth
- * About clouds
- * A symbol that helps to change the vibration in food and drinks
- * Symbols for personal development towards universal insight
- * Life on old Earth
- * How to raise the frequency of objects at a distance.
- * Life and death on New Earth
- * The last battle in the Universe - good and evil

New Earth Teachers Level 5

- * Soul Changes
- * Animal's Response
- * Meditations to the New Earth
- * The Total of the Death Kingdom's New Halls
- * When the Old and the New Earth Meet
- * The New Light
- * The New Chakras
- * To open your friends & animals a little more
- * Pockets of Time
- * The enlightenment stones of the Soul & the Spirit
- * Words to intone, tone, chant
- * White Time Healing

New Earth Teachers Level 6

- * About Catastrophes
- * The Ocean
- * Symbol for cleansing liquid
- * The Human Group Consciousness
- * The Death Kingdom-working with its outer layer
- * Three meditations

* Personal development and Spiritual evolution & the New Earth

* The Enlightened Masters

* The Third Drop

* Protection Symbol

* New ways for your meditations on the New Earth

* An initiation

* The sun & all the stars have a great meaning

New Earth Teachers Level 7

* Suggestion for pre-help

* Bigger brain capacity

* The patterns to open the flow in the brain

* Pure thoughts can create

* To meditate with Stones

* Deeper meditations on the New Earth

* To understand yourself

* To integrate more new chakras in the body

* This is how you learn to pre-create with the pure thought

* Six-point systems

* Big initiation

New Earth Teachers Level 8

* The Dimension Light

* Greater brain capacity with the protection of the New Inner Light

* Brain capacity patterns 1-5

* Symbols to open to open you up

* The New Light's symbol part 1-4

* Light meditations from Beyond

* The symbol for the Alliance of the New Inner Light

* The Initiation

* Extra symbol for yourself

* Initiation meditation on the New Earth

* Words of Force & movement of energy

* About the New Earth meditations

* Active energy, in your New Earth meditations

* Energy procedure for active energy in meditations

New Earth Teachers Level 9

* Map of the New Earth

* That which has happened and is happening

* How do we actually feel

* To give and receive cosmic forgiveness

- * New Earth meditations
- * The six weeks before, the pockets are emptied
- * What kind of body does one choose
- * The 3 days of ascension & the 6 weeks after
- * The conflicts between good and evil
- * The Third Drop
- * The Drop Meditation
- * So what was the war really about
- * A maybe is the answer
- * The changes of the chakras
- * The completion of the chakras
- * The chakra cord's inner and outer
- * Meditations on the New energies in the Chakras for cord's wholeness
- * The chakra cord's meditation
- * What is happening to the soul and spirit right now
- * The aura's final stage & completion
- * The chakra's completion
- * About the stones of the new chakras and their layout
- * Thought patterns for the chakra cord's Inner Light
- * The Truth is in the Beyond
- * The Presence in the heart
- * The awareness of our solar system

Course includes: 9 distant attunements, extensive course manuals 273 pages in total, certificate

H8 – Celestial Encodings

During this set of 9 powerful attunements, encoded Ethereal Crystals are imprinted in the energy field at the 7 main Chakras, Soul Star and Earth Star Chakras. Each encoded crystal can be activated and deactivated as required afterwards and each has a specific frequency and application.

The Celestial Encodings form a simple but powerful 'spiritual tool kit'. Though this encoding is transmitted in the same way as an energy attunement, there is a slight difference in the procedure.

During each Encoding a powerful encoded Ethereal Crystal is imprinted in your energy field, which, when activated, can facilitate a change in the vibration of the energy on all levels thereby effecting changes by tuning the vibration of the aura to the frequencies that will assist you in manifesting different aspects of your being.

These encodings may be used in combination with other vibrational healing modalities. And may also be used on a regular basis to help you in bringing about specific and willed changes on other levels of your consciousness: physical, mental, emotional and spiritual.

Each Encoding Ethereal Crystal has been programmed with a specific energy 'message' that comes to us through Celestial Light Beings. The particular 'tribe' through which this wonderful energy frequency was received are the Pleiadians. These highly evolved spiritual beings work with us on our ascension journey; they provide support and furnish us with tools to assist and accelerate our spiritual evolution.

The individual encodings are as follows:

- Celestial Abundance Encoding
- Celestial Creativity Encoding
- Celestial Divinity Encoding
- Celestial Healing Encoding
- Celestial Love Encoding
- Celestial Peace Encoding
- Celestial Protection Encoding
- Celestial Psychic Encoding
- Celestial Serenity Encoding

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of manual for any minimum requirements, e.g. Reiki 2 or Masters).

H9 – Cosmic Consciousness Package

Choose 20 of the following attunements:

- | | |
|--------------------------------|--|
| 1. Ascension Reiki | 33. Goddess Cosmic Energy |
| 2. Inner Sun | 34. Gold Star Activations |
| 3. Lunar Light | 35. Great Spirit Star Mother |
| 4. Orgone | 36. Great Central Sun |
| 5. Planetary Empowerments: | 37. Help for Gaia |
| 6. Chiron | 38. Light of the Star |
| 7. Earth | 39. Milky Way Home Galaxy |
| 8. Moon | 40. Octagon Star Tetra Energy |
| 9. Jupiter | 41. Pachamama Aura |
| 10. Mercury | 42. Photon Belt |
| 11. Pluto | 43. Pleiadian Soulheal Meditations |
| 12. Uranus | 44. Personal Cosmology |
| 13. Venus | 45. Pleiadian DNA Clearing & Activation |
| 14. Mars | 46. Planetary Intelligences |
| 15. Neptune | 47. Ray Reading Manual |
| 16. Saturn | 48. Sky Blue Higher Force |
| 17. Sun | 49. Solar Return |
| 18. Celestial Joy Energy | 50. Solar Goddess |
| 19. Celestial Rose Essence | 51. Starlight Reiki |
| 20. Celestial Reiki | 52. Starlight Star Code Activation |
| 21. Cosmic Alignments | 53. Starside |
| 22. Cosmic Namaste Reiki | 54. Stellar Atom Crystal Empowerment |
| 23. Cosmic Kundalini Reiki | 55. Sun Energy Shower |
| 24. Cosmic Matrix Connection | 56. Starseed Transmission |
| 25. Divine Protection | 57. Stargate Initiation 12.12. |
| 26. Divine Light | 58. Stargate Initiation 13.13 |
| 27. Divine Clearing Ray | 59. The Cosmic and Planetary Heirarchy Protection Meditation |
| 28. Dubhe Star Essence | 60. The Divinity Initiations |
| 29. Earth Light | 61. 22 Lightbodies Activation Meditation 1 & 2 |
| 30. Earth Star | 62. Twinkle Star Energetic |
| 31. Earth Blessing | 63. The Eye of the Universe |
| 32. Eclipse Energy Empowerment | 64. Universes Within 106 |

Once you have received the attunements you are able to pass them on to others, provided you meet the minimum requirements which may be recommended in some of the systems (see back page of manual for any minimum requirements, e.g. Reiki 2 or Masters).

H10 – Ashati Levels 1 to 3

Ashati Psychic & Spiritual Development - Awaken & Expand all Psychic Abilities. Each Ashati initiation will activate a 21 day cleansing and integration cycle. It is important for initiates to take care of themselves during this time and to perform regular self-healing and meditations (ideally every day). There will also be a required 30 day break between each attunement. This is asked so the fullness of the Ashati energies can be assimilated into your consciousness. The Ashati path is one of personal healing, awakening, transformation and ascension.

This course and the energies it gives to the initiate are very different from those within the Reiki or the Seichim systems and of a much higher vibrational frequency. The Ashati energies are completely new to Earth and are directly linked to mental healing (both lower and higher minds) and spiritual ascension. As the emotional body and the physical body are very much linked to and controlled by the lower mental energies (thoughts, patterns, beliefs etc.), the Ashati energies also facilitate a lot of deep emotional and physical healing/clearing.

As the psychic senses, the spiritual bodies and our manifestation abilities are very much linked and controlled by the higher mental energies, the Ashati energies also create a lot of healing and transformation on the highest levels within our being and within our lives (this includes past life healing). Each of these attunements is a strong spiritual experience. The process is guided by a higher consciousness and the Higher Self of the recipient and is therefore completely safe. The attunement can also increase psychic sensitivity and a greater ability to manifest. You may notice an instant change or a more gradual shift over days or weeks after an initiation. Once you have received an attunement, you will have the ability to channel that specific energy for the remainder of your life.

Ashati Level 1

The Ashati 1 training is the foundation course for the development of your healing and psychic abilities. It is a course that is designed to give you the required information, energies and skills to facilitate a spectacular metamorphosis of your entire being (mind, body and spirit).

The energy healing within this level will teach you about the Ashati energy, the first Ashati symbol and how these energies and symbol can have transforming effects on the lower mind. As the mental energies manifest within our lives most will stem from our emotions and will have a much greater impact on the physical well-being of an individual. The Ashati energies will facilitate this healing through the awakening and changes on all levels. This course will equip you with many different techniques that you can use to treat yourself as well as others and also the development of your psychic and spiritual gifts.

Ashati Level 2

This training is centred on healing, connecting with and developing your higher mind. A new symbol is introduced for this purpose.

The attunement is very different from the Ashati 1, Reiki and most other energy initiations. Indeed, in addition to giving you access to much higher energies, it will permanently clear, increase and strengthen the connection between your lower and your higher minds. On the energy level, this is represented as a stronger link between your brow (and third eye) and solar plexus chakras. The higher energies that this attunement gives you access to will facilitate deep healing and transformation within your higher mind but also within your lower mind, your thought patterns, beliefs, manifestation power and psychic abilities. This connection between your lower and higher minds will also help you develop higher mental abilities and become more aware of your subconscious and unconscious knowledge, thoughts and beliefs. The level 2 energies and techniques are to be used in complement to the Ashati 1 energies and methods of healing which are centred on the lower mind.

Ashati Level 3

The third level trains and equips initiates with the tools to become manifestation and spiritual guidance masters.

The initiation will give you access to higher energies as well as permanently clear, increase and strengthen the connection between your Higher Mind and The Divine Mind. On the energy level, this is represented as a

stronger link between your third eye, your Higher Self and a much higher dimension where individuality does not exist and where thoughts are expressed in their simplest form as pure thoughts and intentions. This connection will create a deeper relaxation in your being and in your mind, as well as a different brain pattern (more theta brainwave activity). From this altered state of consciousness and from this higher dimension, you will be able to perform readings, clearings and manifest healing on ALL levels for yourself, others, animals. The level 3 energies and techniques which are completely different are to be used in addition to the Ashati 1 and Ashati 2 energies and methods of healing and development. This level and its initiation will trigger major changes within your energy field and will help you to develop your mind and all psychic abilities to a new level.

Please note: Ashati Teacher Level is now separate, and no longer included in Ashati 3.

H11 – Chios Energy Field Healing

Chios Energy Healing is a relatively new yet very comprehensive energy healing system which employs powerful and effective aura and chakra healing techniques, nearly all of which are unique to Chios. Also included are an integral meditation method and personal growth exercises especially designed for the energy healer, as are new treatment procedures for complementary care of serious illnesses. Chios is a complete, integrated system employing standardized instructional materials available to all, everywhere in the world. Attunements are available in every country of the world, in-person or as distance attunements. Now you can learn and practice Chios—the higher-dimensional energy healing art of the 21st century—for your benefit and for those you seek to heal.

Testimonials for Chios Energy Healing

“I have been an energy healer most of my life, but when I became a Chios Master Teacher three years ago, it completely changed my life...Chios is not only an energy healing technique; it is a life changing spiritual journey.” –E.M., Chios Master Teacher

“There is no other healing technique like this. Simple to understand and apply. I have been teaching Chios for the past 3 years and have been amazed how the students react to the results. If you are searching to learn how to heal with energy--THIS IS THE METHOD!!” –D.K., Chios Master Teacher

“If you have studied Reiki, Pranic Healing or any other system of energy, Chios Energy Healing will deepen your understanding of healing, broaden your intuitive ability and increase your light quotient; both in the amount you carry and the amount you are able to channel.” –S.C., Chios Master Teacher

What Is Chios®?

Chios® Energy Healing is perhaps the most innovative, comprehensive and powerful aura and chakra-based energy healing art in the world today. The breakthrough techniques of Chios®:

- Unblocking Chakras
- Aura Clearing (removing dark, negative energies)
- Sealing Leaks and Tears in the Aura Layers
- Chakra Charging (using color)
- Chakra System Rebalancing (using color)
- Radiatory Healing of Chakras
- Seventh Layer (of Aura) Focal Healing
- Frisson Healing of Chakras and the Seventh Layer, and
- Distance Healing (using color and light)

Chios uses energy, color and light channeling methods to provide powerful and effective aura and chakra healing. These techniques are unique to Chios® and not available in any other spiritual or energy healing system.

Healing the body, mind and spirit at this true, root level of energetic healing in the aura and chakras may provide enhanced quality of life for your client and facilitate spiritual growth. Chios® also offers new energy healing treatment procedures for complementary care of over 100 common serious illnesses and afflictions*, including:

- Heart Disease (all types)
- Cancer (all forms)

- Diseases of the Lungs (e.g. COPD, Pneumonia, etc.)
- Diseases of Kidney, Liver & Internal Organs (e.g. Diabetes, Kidney Failure, Hepatitis, etc.)
- Diseases of the Brain & Nervous System (Alzheimer's, Epilepsy, Seizures, etc.)
- HIV/AIDS
- Arthritis
- Recovery from Surgery
- Psychological Disorders (e.g. Depression and other Mood Disorders, Anxiety Disorders, etc.)
- And many others

Attunements are provided as part of student instruction, to assist you in opening your energy, color and light channeling ability. Chios® also offers an integral meditation method and personal growth exercises especially designed for you the energy healer. Most students find Chios® instruction to be exciting, self-empowering and fun! You may not only quickly become a highly competent and professional energy healer, but learning energy healing is frequently a powerful spiritual path for you the healer, as well.

Discover and bring out your own inner knowledge and healing power with Chios®, and step into the future of energy healing.

Purple Segment: Miscellaneous Empowerments, Flushes & Attunements

Once you have received these empowerments, flushes or attunements, you are able to pass them on to others, along with the brief PDF instruction manual. If you would like to receive more of these attunements, as a diploma student **you only pay R150** per extra choice listed below with however many attunements go with it. Note: I have chosen to ignore the minimum price stipulation on many of these attunements as they are in dollars, which would make them largely inaccessible to most. For example, the Energy Builder Attunements 1 – 7 have a minimum price set of \$80 – that's pretty much R800. I do not believe that by decreasing the monetary value that I have devalued the energies and still hold them sacred 😊. In contrast, I feel that by keeping them exclusive (i.e. expensive), it diminishes the integrity of the system. **Please email us for a list describing each empowerment.**

PP1 – Etheric Cord Flush

PP2 – Energy Builder Attunements 1 - 7

PP3 – Meridian Flush 1 - 10

PP4 – Aura Flush

PP5 – Allowing Abundance AND Money Freedom Empowerments

PP6 – 12 Strand DNA Activation

PP7 – Chakra Flush

PP8 – Earth Energy Boost

PP9 – Silver Violet Flame Attunement

PP10 – You are Love Activation

PP11 – Healing Attunements 1 - 7

PP12 - Golden Triangle Healing

PP13 – Chakra Healing Attunements

PP14 – Independence Empowerment and Sadness Release

PP15 – Abundance Flush 1 - 6

PP16 – DNA Shakti

PP 17 – Akashic Records

PP18 – Happiness Flush
PP19 – Mental Flush
PP20 – Resentment Flush
PP21 – Stop Smoking Flush
PP22 – Bereavement Flush
PP23 – Serenity Flush
PP24 – Good Sleep Empowerment
PP25 – Spell, Curse & Hex Clearing Empowerment
PP26 – Weight Loss Reiki
PP27 – Cosmic Soulmate Love Connection
PP28 – Cosmic Siblings (find your soul family)
PP29 – 13 Crystal Skulls
PP30 – Business Metaphysics Protection
PP31 – Astral Body Protection

For a complete list of all stand-alone courses and packages, please see www.sunshineuni.com or www.sunshineuni-uk.com



MEET YOUR INSTRUCTORS



Dr Gaynor du Perez, PhD is the founder of the Sunshine Academy of Metaphysics and the Center of Universal Awakening. She has been in studying since 1995 and holds a doctorate in Metaphysical Science. She is also qualified in Herbalism, Aromatherapy, Reflexology and Meridian Therapy, Swedish Massage, Usui Tibetan Reiki (Master Level), Crystal Healing, Karuna Reiki (Master Level), Kundalini Reiki (Master Level), Animal Healing & Communication, Past Life Regression, Munay Ki Teacher (including the Rite of the Womb), Nusta Karpay Teacher, Lightarian and various other attunements Facilitator, Shamanic Journeying Facilitator, Business Coaching, NLP, Life Coaching, Hypnotherapy, Parapsychology, Ufology, and is an ordained Metaphysical Minister. Registered with the Reiki Masters Association, International Metaphysical Practitioner's Association, Metaphysics Association of South Africa, the South African Modern Hypnotherapy Foundation and the Guided Meditation Therapy Institute of the UK. SAMHF Practice No. 0120069.

Dr Emma Bisschoff is the Vice Principal of Sunshine Academy and the Center of Universal Awakening and is an Ordained Metaphysical Minister, Ashati Teacher, Business Success Coach and Trainer, Celestial Light Body Teacher, Eriksonian Hypnosis Trainer, Flushes Attunements and Empowerments Facilitator, Happiness and Abundance Coach and Trainer, Law of Attraction Coach and Trainer, Life Optimization Coach and Trainer, Multiple Reiki Master, NLP, Self-Esteem Elevation Coach for Children and Adults, Munay Ki Teacher (including Rite of the Womb) and Nusta Karpay Teacher. Registered with the American Union of NLP Practitioners, World Metaphysics Association, Global Sciences Foundation and the ALCI.



METAPHYSICS DIPLOMA COURSE ENROLMENT FORM

Option Chosen (please tick one):

Date: _____

- Basic Diploma
 Standard Diploma
 Higher Diploma
 Master Diploma

See subject choice list on pages below

Name and Surname: _____

Postal Address: _____

Tel: _____ Cell: _____

E-mail: _____

Occupation: _____ Birthday: _____

Do you want to be part of a mailing list with updates, etc? YES / NO

Where did you hear about the course? _____

What do you hope to achieve by doing this course? _____

What other courses have you done (relating to healing, metaphysics or self-improvement)? _____

Your name, as you would like it to appear on your certificates: _____

Method of payment:

- | | |
|--------------------------|--|
| <input type="checkbox"/> | Full payment – _____ |
| <input type="checkbox"/> | Monthly – please stipulate amount _____* |
| <input type="checkbox"/> | Other monthly instalments are due by the 1st of each month |

* If you choose the monthly payment option, please set up a stop order with your bank or a recurring EFT and forward us confirmation of the monthly stop order. This is to ensure that fees are paid timeously every month.

Payment Details: PayPal: sunshinemetaphysics@gmail.com; (EFT - South African Students): G du Preez, First National Bank, Account No. 62426153988, Branch Code 250655, Current Account, Ref: "Your initial and surname"



Subject choices



Elective Subjects (your choice): (+ 7 compulsory subjects)

It is not necessary to choose all your subjects at once - you can choose your subjects as you go along. It is your choice entirely.

BASIC DIPLOMA: 1 pink subject, 1 green subjects, 1 purple

STD DIPLOMA: 1 pink subject, 3 green subjects, 2 blue and 3 purple subjects

HIGHER DIPLOMA: 1 pink subject, 6 green subjects, 3 blue subjects, 4 purple subjects and 1 orange subject

MASTER DIPLOMA: 2 pink subjects, 8 green subjects, 4 blue subjects, 6 purple subjects and 2 orange subjects

You are able to swop 1 blue subject for 2 green subjects or vice versa, however, are required to take at least 1 blue subject. You can also swop 1 green subject for 2 purple subjects. The orange, pink and blue subjects are interchangeable.

MARK CHOICES WITH AN X	ORANGE OPTIONS - HIGHER & MASTER DIPLOMA ONLY	
	H1	Munay Ki Etheric Rites
	H2	Reiki Master Level
	H3	Karuna Reiki 1 to Masters
	H4	Order of the Golden Dragon Levels 1 - 3
	H5	Celestial Series
	H6	Psychic Protection & Development Package
	H7	New Earth Teacher 1 - 9
	H8	Celestial Encodings
	H9	Cosmic Consciousness Package
	H10	Ashati Levels 1 - 3
	H11	Chios Energy Field Healing
GREEN OPTIONS		
	G1	Etheric Clearing Empowerments
	G2	Reiki Level 1 - Advanced
	G3	Crystal Healing
	G4	Awakening your Intuition & Channelling

	G5	7 Archangels & Rays Attunements (Colours of Angels, Sapphires of Angels, Angelic Empowerments & Universal Rays)
	G6	Introduction to Aromatherapy
	G7	Rites & Ceremonies
	G8	Feng Shui, Space Clearing & Earth's Energy Systems
	G9	Past Life Regression
	G10	Native American Studies
	G11	Dolphins of Atlantis Healing System AND 20 Angel Essences
	G12	Ama Deus Shamanic Healing System AND Sacred Breath
	G13	Sacred Earth Energy System AND Nature Medicine Mandala Empowerment
	G14	Tibetan Soul Star Reiki
	G15	Kundalini Reiki 1 to Masters
	G16	Mahatma Ascension Reiki
PINK OPTIONS		
	P1	Angel Package
	P2	Archangel Package
	P3 a	Dragon Spirit Package 1
	P3 b	Dragon Spirit Package 2
	P3 c	Dragon Spirit Package 3
	P4	Dolphins & Whales Package
	P5	Subtle Energies Package
	P6	Mystery Mastery Healing System 1 - 3
	P7	Mystery Mastery Healing System 4 - 6
	P8 a	Atlantis & Lemuria Package 1
	P8 b	Atlantis & Lemuria Package 2
	P8 c	Atlantis & Lemuria Package 3
	P9	Shaman Package
	P10	Mystery Mastery Healing System 7 - 8
	P11	Abundance and Manifestation Package
	P12	Animal Medicine Empowerment Package
BLUE OPTIONS		
	B1	Crystal Reflexology

	B2	Animal Communication & Healing
	B3	Shamanism & Shamanic Empowerments
	B4	Ma'heo'o Reiki
	B5	Hawaiian Goddess Initiations, Hawaiian Trinity Reiki & Ho'omana
	B6	Healer's Package
	B7	Animal Healing Package
	B8	Ascension Consciousness Package
	B9	Egyptian Cartouche
	B10	Hawaiian Huna Reiki, Huna Empowerments & Introduction to Huna
	B11	Egyptian Energies Package
	B12	Crystal & Herbs Energies Package
PURPLE OPTIONS		
	PP1	Etheric Cord Flush
	PP2	Energy Builder
	PP3	Meridian Flush 1 - 10
	PP4	Aura Flush
	PP5	Allowing Abundance and Money Empowerment
	PP6	12 Strand DNA Activation
	PP7	Chakra Flush
	PP8	Earth Energy Boost
	PP9	Silver Violet Flame
	PP10	You are Love Activation
	PP11	Healing Attunements
	PP12	Golden Triangle Healing
	PP13	Chakra Healing Attunements
	PP14	Independence Empowerment & Sadness Release
	PP15	Abundance Flush
	PP16	DNA Shakti
	PP17	Akashic Records
	PP18	Happiness Flush
	PP19	Mental Flush
	PP20	Resentment Flush
	PP21	Stop Smoking Flush
	PP22	Bereavement Flush

	PP23	Serenity Flush
	PP24	Good Sleep Empowerment
	PP25	Spell, Curse & Hex Removal Flush
	PP26	Weight Loss Reiki
	PP27	Cosmic Soulmate Love Connection
	PP28	Cosmic Siblings (find your soul family)
	PP29	13 Crystal Skulls
	PP30	Business Metaphysics Protection
	PP31	Astral Body Protection

We accept PayPal, credit cards, EFT and cash deposits.



Now is the time to spread your wings and fly free!